



WE ARE ONE

Informational
Resource Guide
for Students
and Families

Version 3.0 Fall 2026

lausd.org/weareone



ACKNOWLEDGMENTS

Special appreciation and gratitude is extended to the Los Angeles Unified Board of Education. This Resource Guide has been realized through the members' contributions and commitment to the students of this District.

Scott M. Schmerelson, President, Board District 3

Dr. Rocío Rivas, Vice-President, Board District 2

Sherlett Hendy Newbill, Board District 1

Nick Melvoin, Board District 4

Karla Griego, Board District 5

Kelly Gonez, Board District 6

Tanya Ortiz Franklin, Board District 7

Lesly Avila, Student Board Member

We are also grateful for the dedicated efforts and collaboration of so many students, teachers, administrators, support staff, parents, community, and labor partners.



MESSAGE FROM SUPERINTENDENT CHAIT



Dear Los Angeles Unified Families,

Every family should know where to turn for trusted information and support. That is why we created the We Are One Family Resource Guide, a resource designed to help students, families, and employees access important services and navigate challenges with confidence.

The guide brings together information on educational resources, health and wellness services, housing support, Know Your Rights information, immigration-related resources, and other programs available through Los Angeles Unified and our community partners. It also connects families with opportunities through our Family Academy, where workshops and events provide practical information and strengthen the partnership between home and school.

Los Angeles Unified serves one of the most diverse communities anywhere in the world. Every day, our schools welcome students from different backgrounds, cultures, languages, and lived experiences. That diversity makes our schools stronger and reinforces our responsibility to ensure every student has access to a safe, welcoming, and inclusive learning environment where they can thrive.

Supporting students means supporting families. When families have access to reliable information and the resources they need, students are better prepared to learn, grow, and succeed. We remain committed to working alongside our school communities and trusted partners to ensure every family feels connected, respected, and supported.

I encourage you to take a few moments to explore the We Are One Family Resource Guide and share it with others who may find it helpful. If you need additional assistance, please visit lausd.org/weareone or contact the Los Angeles Unified Family Hotline at (213) 443-1300.

Thank you for your continued partnership and for helping us ensure that every Los Angeles Unified school is a place where all students have the opportunity to succeed.

Sincerely,
Andrés E. Chait
Superintendent of Schools

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District personnel cannot give legal advice concerning specific matters. However, it is the District’s opinion that licensed attorneys are the most likely to provide reliable legal advice. Please note that the information provided does not necessarily reflect the opinions of the District and may only be used for informational purposes.

Los Angeles Unified compiled this comprehensive guide with the assistance of various nonprofit organizations with expertise in immigration and other related fields. This guide does not offer legal advice. It provides some guidance on how to be prepared and links to educational, health, and legal services. The information contained in this guide is subject to revisions and updates depending on any changes in policies, procedures, and law.

RESILIENT FAMILIES, RESILIENT COMMUNITIES

Major shifts, such as pending changes to immigration and other policies, can bring feelings of worry and fear, creating uncertainty that affects many aspects of our lives. One way to navigate this uncertainty is by focusing on building resilience skills. Resilience is the ability to adapt, recover, and grow when facing challenges. These skills not only help us address current challenges in our community but also prepare us to face future struggles with strength and adaptability.



Sense of Safety

A sense of safety is essential for resilience, enabling us to explore and learn. It involves creating a protective and supportive environment through consistent routines, open communication, and reassurance during changes. When children feel safe, they can better face challenges with confidence.



Ability to Calm

The ability to calm is a key resilience skill, enabling us to manage stress, anxiety, and emotions effectively. When we can self-soothe or seek support we can better face challenges and make thoughtful decisions. Using calming strategies help us regain control and emotional balance.



Self and Community Efficacy

Self-efficacy and community efficacy are interconnected resilience factors that help us face challenges confidently. Self-efficacy refers to the belief in our own abilities to manage tasks and emotions, while community efficacy is the shared belief in a group's collective support. When we feel our community is reliable and supportive, we become more resilient and engaged.



Hope and Growth Mindset

These mindsets empower us to face challenges with optimism and resilience, and view challenges as learning opportunities.



Connection

Connectedness is the sense of belonging and feeling supported by others. This means having strong, positive relationships with family, friends, teachers, and the broader community. Feeling connected provides trust, security, and confidence, helping us navigate life's challenges.

KNOW YOUR LEGAL RIGHTS

All people in the United States, regardless of immigration status, have certain rights and protections under the U.S. Constitution. Knowing and asserting rights can make a huge difference in many situations, such as when ICE agents go to a home. The information included in this resource guide provides students, families and school staff with critical information for working together to assert the rights of all within the Los Angeles Unified school community.

A Summary of Your Rights from the California Department of Justice's Office of the Attorney General

You have the right to apply for and secure housing without sharing your immigration status. California law prohibits housing providers from asking about your immigration status unless you are applying for affordable housing funded by the federal government. Additionally, housing providers cannot harass or intimidate you by threatening or sharing information about your immigration status to ICE, law enforcement, or other government agencies.

You have the right to access emergency medical care. Federal laws and regulations ensure the rights of all people, including undocumented immigrants, to access emergency medical care.

You have the right to a workplace free of harassment and discrimination. Under California law, you are protected from harassment and discrimination based on your national origin, ancestry, race, ethnicity, and other protected characteristics. Your employer cannot threaten to call immigration authorities as retaliation for reporting harassment or discrimination on the job. Your employer is also not allowed to ask about or look into your immigration status, unless they must do so to comply with federal immigration law and regulations, and you are not required to share this information.

You have the right to ask companies to stop selling your data or to delete your data. It is important to understand your data privacy rights, and it can be helpful to reduce the number of companies that are storing or selling data about you. For information on these rights and how to exercise them go to oag.ca.gov/privacy/ccpa.

You have the right to an attorney. If you are arrested by police, you have the right to a government-appointed lawyer. If you are detained by ICE, you have the right to consult with a lawyer, but the government is not required to provide one for you. You can ask for a list of free or low-cost alternatives. To find a legal aid organization near you, go to lawhelpca.org.

You have the right to access your police report. State and local law enforcement agencies cannot deny a victim of a crime access to their crime report because the victim cannot prove lawful presence in the country.

Your child has a right to a free public education regardless of immigration status. They also have a right to be in a public school learning environment free from discrimination, harassment, bullying, and intimidation. Schools must accept a variety of documents from the student's parent or guardian to demonstrate proof of age and residency.

Information about citizenship/immigration status is never needed for school enrollment. You do not have to share information regarding passports or visas, or regarding the immigration status of a child, parent, guardian or other family member. And you do not have to provide a social security number or other card for either enrollment or for free or reduced-price school breakfast and lunch.

State and local law enforcement cannot ask for your immigration status for immigration enforcement purposes.

California law expressly prohibits law enforcement from inquiring about a person's immigration status for immigration enforcement purposes.

State and local law enforcement cannot share your personal information for immigration enforcement purposes.

This includes your home or work address for immigration purposes, unless that information is available to the public or unless that information involves previous criminal arrest, convictions or similar criminal history.

State and local law enforcement cannot assist ICE with immigration enforcement, with very limited exceptions.

This means state and local law enforcement cannot investigate, cannot interrogate, cannot arrest, and cannot detain you unless they are part of a joint federal task force where the primary purpose of the task force is not immigration enforcement.

Immigration Help Resources

Law Help CA: lawhelpca.org

Immigration Law Help: immigrationlawhelp.org

Report a Complaint

If you believe your rights have been violated, report it to the California Department of Justice at oag.ca.gov/report.

If you believe you were subject to discrimination, harassment or retaliation, report it to the California Department of Civil Rights at civildrights.ca.gov/complaintprocess/.

EDUCATIONAL RIGHTS

Right to Enroll Your Child at any Public School

The 1982 Supreme Court Case *Plyler vs. Doe* held that all children have a Constitutional right to access a free public education regardless of their immigration status or that of their parents. All students, including those who are undocumented or come from immigrant families, have the right to attend public school, participate in school activities, and receive a quality education without discrimination. Every student, regardless of immigration status, will be immediately enrolled in school.

For additional support, contact the School Enrollment, Placement & Assessment Center Central Los Angeles location at (213) 482-3954 or San Fernando Valley location at (818) 909-4593.

Right to Confidentiality of Personal Information

Los Angeles Unified shall not allow school resources or data to be used to create a registry based on race, gender, sexual orientation, religion, ethnicity, or national origin.

The Family Education Rights and Privacy Act (FERPA) generally prohibits school districts from providing other entities, government or otherwise, with student education records. Schools are prohibited from requesting social security numbers or inquiring about the citizenship or immigration status of students or their parents or guardians, unless explicitly required by law or as required to administer a state or federally supported educational program.

Schools must protect the privacy of their students. Schools are prohibited from sharing personal information about students or their family members for immigration-enforcement purposes without a court order or judicial subpoena.

Right to Non-Discrimination

Los Angeles Unified shall treat all students equitably in the receipt of all school services, including, but, not limited to, the gathering of student and family information for the free and reduced lunch program, transportation, and educational instruction.

Complaint Rights

You have the right to file a complaint under the District's Uniform Complaints Procedures for noncompliance with state and federal laws and regulations, including but not limited to alleging discrimination, harassment, intimidation and/or bullying. Complainants are protected from retaliation. Complaints under various venues (e.g., UCPs, special education due process, Title IX) are afforded to all students regardless of immigration status. For more information regarding this, visit www.lausd.org/oscr.

Right to Request Special Education Services

You have the right to request additional services that will support learning and success by:

- Requesting an assessment of student's educational needs
- Receiving English language development support (if needed)
- Having an evaluation to determine if student has a disability
- Receiving special education services under the Individuals With Disabilities Education Act (IDEA) or Section 504 of the Rehabilitation Act of 1973
- For any questions related to special education contact the School and Family Support Services (SFSS) call center at (213) 241-6701 or Email: spedSFSS@lausd.net

Rights for LGBTQ+ Students & Families

Los Angeles Unified policies and California Education Code outline rights for LGBTQ+ students in the following documents:

- Recognizing students by their affirmed name and pronouns (Ed. Code § 66271.4, Los Angeles Unified BUL-5703.4 Name and/or Gender Marker Change; BUL-141509 Affirming Transgender, Nonbinary and Gender Diverse Employees)
- Participate in sex-segregated programs, facilities, and activities, including athletics, consistent with their gender identity (Ed. Code § 221.5, Los Angeles Unified BUL-6224.2 Gender Identity and Students – Ensuring Equity and Nondiscrimination)
- Learn LGBTQ+ inclusive curriculum (Ed. Codes §§ 51204.5, 60040)
- Be “out” - or not (confidentiality) (Ed. Codes § 200-220, § 234)
- Gender-neutral dress codes (Title IV, Title IX, Non-Discrimination, Los Angeles Unified BUL-6494.2 Student Dress Codes/Uniforms)
- Be treated with respect and in a nondiscriminatory manner



IMMIGRATION RIGHTS

The United States Constitution guarantees certain rights for every person living in the United States, whether immigrant or native-born citizen, documented or undocumented. It is important to know and assert your rights.

For helpful videos on your rights, in a variety of languages, visit: wehaverights.us.

When to Exercise Your Rights

- Immigration & Customs Enforcement (ICE) comes to your home looking for someone
- Police stops you for questioning
- ICE Raids – home, public or work sites

These rights can be summarized in a “Red Card” that will help you assert your rights if you encounter an immigration enforcement official. Hand the Red Card to the officer and remember that you do not have to answer any questions. You can request cards in a number of languages at ilrc.org/red-cards.

You have constitutional rights:

- **DO NOT OPEN THE DOOR** if an immigration agent is knocking on the door.
- **DO NOT ANSWER ANY QUESTIONS** from an immigration agent if they try to talk to you. You have the right to remain silent.
- **DO NOT SIGN ANYTHING** without first speaking to a lawyer. You have the right to speak with a lawyer.
- If you are outside of your home, ask the agent if you are free to leave and if they say yes, leave calmly.
- **GIVE THIS CARD TO THE AGENT.** If you are inside of your home, show the card through the window or slide it under the door.

Usted tiene derechos constitucionales:

- **NO ABRA LA PUERTA** si un agente de inmigración está tocando la puerta.
- **NO CONTESTE NINGUNA PREGUNTA** de un agente de inmigración si el trata de hablar con usted. Usted tiene el derecho de mantenerse callado.
- **NO FIRME NADA** sin antes hablar con un abogado. Usted tiene el derecho de hablar con un abogado.
- Si usted está afuera de su casa, pregunte al agente si es libre para irse y si dice que sí, váyase con tranquilidad.
- **ENTREGUE ESTA TARJETA AL AGENTE** si usted está dentro de su casa, muestre la tarjeta por la ventana o pásela debajo de la puerta.

Right to Remain Silent

Everyone has the right to remain silent. You can state or claim your 5th Amendment rights and choose not to speak. You don't have to answer any questions or disclose any information regarding where you were born or how you entered the United States. Anything you say to federal immigration enforcement officials can be used against you.

Right to Deny Entry to Your Home

You may talk with an ICE officer without having to open your door. You are encouraged to look through a window or peephole or ask them to identify themselves without opening the door. Be aware that, in some cases, ICE agents may identify themselves as police officers.

They are not allowed to enter your home unless you invite them in or if they have a warrant signed by a judge. You may ask them to hold the warrant up against a window or slide it under the door. To ensure the validity of the warrant, make sure that it includes your correct name and address.

Right to Speak to an Attorney

You may have a lawyer by your side if ICE or other law enforcement officers begin to question you. If you are detained or arrested by ICE or other law enforcement, you have the right to speak with an attorney and should ask for one immediately.

You also have a right to a court hearing and for a judge to review your case. While a judge reviews your case, you can remain in the United States until a final decision is made.

The language used on legal documents may be confusing or hard to understand—so do not sign anything if you are not certain about what it means. Always speak to an attorney before signing anything given to you by ICE.

If you are questioned by an immigration officer, simply ask that you wish to speak to a lawyer. If the questioning continues, repeat your request to speak with a lawyer.

Right to Hearing and Asylum Requests

Most non-citizens facing deportation have a right to a hearing in immigration court with an immigration judge.

Currently, everyone has a right to request asylum if they fear being harmed in their country of origin.

Additional Information to Support & Defend Your Legal Rights

- If possible, take pictures and record any encounters with federal immigration enforcement officials. Try to take note of all names, badge numbers, time, location, and exactly what happened. You can use this information in your defense.
- Make sure to have a trustworthy attorney on hand to help explore all your options when arguing your case. You may be eligible for bail or there may be forms of immigration relief that you are not aware of.
- Speak to your family, including your children, about critical information that every member of the family must know regarding legal guardianship, health records, important documents, and who to contact at the school site should a member or caretaker of the family be detained by ICE. Keep your documents updated and located in a safe and accessible area. More information on Emergency Preparedness Plans can be found by visiting www.ilrc.org/resources/step-step-family-preparedness-plan or by using this QR code.



Beware of Fraud! There are many “notary publics” who represent themselves as attorneys. File a complaint against a “Notario” or fraudulent provider call the Los Angeles County Department of Consumer and Business Affairs at (800) 593-8222 or visit www.dcba.lacounty.gov/portfolio/immigration-services-fraud to file online.

Ways to Change Your Immigration Status

- If any immediate relative is a lawful permanent resident or citizen
- If you are a youth that has experienced abuse, abandonment, or neglect
- If you have been a victim of a crime and reported the incident
- If you have been a victim of trafficking
- If you have been a victim of domestic violence

FAMILY PREPAREDNESS PLAN

Every family should have a Family Preparedness Plan that can assist in an emergency. This plan should include the following elements:

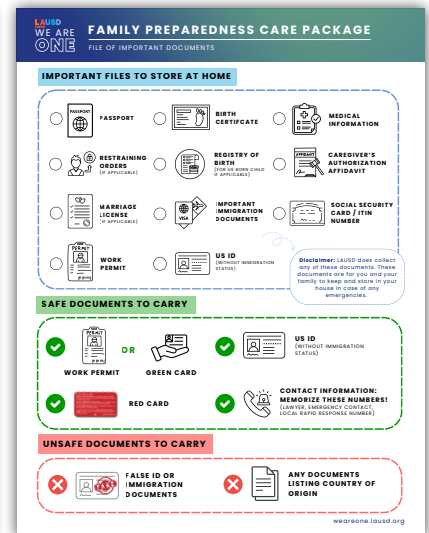
- Ensure your school, child, and designated caretaker/guardian have accurate information.
- In case of an emergency, consider having a Caregiver’s Authorization Affidavit. Link: bit.ly/CaregiversAuthorizationAffidavit
- Regularly update your child’s school emergency card.
- Designate a trusted adult that can care for your child if you cannot.
- Review with designated caregiver/guardian any financial assistance available for the care of your child.
- Make a list of emergency contact information that your child can use for assistance.
- Make arrangements for childcare, and school and aftercare pickups.

Secure Legal Resources

- Seek counsel from a legitimate legal organization for information on legal guardianship.
- Check on the state bar of California website www.calbar.ca.gov under Look Up a Lawyer to ensure that an attorney is licensed to practice law.
- Review your plans and documents with a designated trusted adult, including their specific roles and responsibilities.

Organize Documents

- Securely store all important vital documents in a location that the child and/or assigned caregiver has access to. For example, birth certificates, passports, social security cards, medical records, insurance card affidavits, and other identification cards.
- Write down any medical conditions and/or medications of your child.
- Make copies of vital documents.



PUBLIC CHARGE

What is Public Charge?

Some people avoid using public benefits because they think it will prevent them from getting a green card or becoming a citizen. The public charge “test” is used by immigration officials to determine whether a noncitizen will be primarily dependent on the government for support. Previously, under the *2022 Public Charge Rule*, the test for use of public benefits was limited to either use of long-term institutional care paid for by the government (e.g. nursing home) and/or public cash assistance for income maintenance. On July 20, 2026, this 2022 public charge rule was rescinded and effective September 18, 2026, immigration officials can consider a broad range of factors when deciding whether to grant lawful permanent residency.

What the Rescission of the 2022 Public Charge Test Means

The rescission of the 2022 Public Charge test expands the factors that immigration officials review in determining whether an individual is likely to become primarily dependent on government assistance. The factors immigration officials consider in determining whether an individual is likely to become a public charge include age, health, family status, assets, resources, financial status, education and skills. Immigration officials will also look at the receipt of any means-tested public benefits that are received on or after September 18, 2026, and any other relevant factors. These means-tested public benefits include Medi-Cal, Medicaid, CalFresh, SNAP (“Supplemental Nutrition Assistance Program”), federal public housing, Section 8 assistance, and in-home supportive services.

Does Public Charge Apply to Me? My Family?

The public charge test only applies to some programs and some immigrants. It never applies to U.S. citizens. It also doesn’t apply to most people with a green card, or asylees, refugees, people with U visas, T visas, Violence Against Women Act (“VAWA”), and many others.

For the latest information on Public Charge, visit www.ilrc.org/public-charge/latest.



JUDICIAL VS. ADMINISTRATIVE WARRANTS

Judicial vs. Administrative Warrants: What You Need to Know

Understanding the difference between judicial and administrative warrants is crucial for protecting your rights if immigration officers visit your home.

What is a Judicial Warrant?

A **judicial warrant** is a document issued by a court. If immigration officers or any law enforcement agents come to your property with a judicial warrant, you must comply, as this type of warrant grants them legal permission to enter and search your premises.

Here's how to identify a valid judicial warrant:

- **Issued by a court:** A judicial warrant must be signed by a state or federal judge or magistrate.
- **Specific address:** The warrant must clearly state the address of the property being searched. Make sure the address listed matches your property.
- **Time frame:** The warrant will specify a time period for when it can be executed. If the warrant is being executed after this time, it may not be valid.

What is an Administrative Warrant?

An **administrative warrant** is very different from a judicial warrant. This type of warrant is issued by the Department of Homeland Security (DHS) and is typically used by immigration officers for arrest or deportation purposes.

Here's how to identify an administrative warrant:

- **Issued by a DHS agency:** Look for a seal or label from the DHS. It will also have specific form numbers like DHS Form I-200 (Warrant for Arrest) or DHS Form I-205 (Warrant of Removal/Deportation).
- **Signed by an immigration officer or judge:** An administrative warrant will be signed by an immigration officer or an immigration judge.
- **Contains the word "Alien":** The title will include the term "Alien," indicating it is related to immigration enforcement.
- **No court involvement:** The warrant will state that the authority to issue the warrant comes from immigration law, not from a court.



JUDICIAL VS. ADMINISTRATIVE WARRANTS

Key Differences Between Judicial and Administrative Warrants

Feature	Judicial Warrant	Administrative Warrant
Issuing Authority	Issued by a state or federal court judge or magistrate	Issued by a Department of Homeland Security (DHS) agency, such as Immigration and Customs Enforcement (ICE), Customs and Border Patrol (CBP), or U.S. Citizenship and Immigration Services (USCIS)
Purpose	Authorizes searches, seizures, or arrests	Primarily authorizes civil immigration arrests
Distinguishing Features	Signed by a judge or magistrate Specifies an address and time period for execution	Signed by an immigration officer or judge Will mention the term "Alien" and be related to immigration law
Legal Force	Must be complied with	Does not require compliance
Scope of Authority	Authorizes entry to private areas if valid	Does not authorize entry to nonpublic areas

AO 93 (Rev. 11/13) Search and Seizure Warrant

UNITED STATES DISTRICT COURT
for the

In the Matter of the Search of)
(Briefly describe the property to be searched)
(or identify the person by name and address)) Case No. _____
Davis, California)

SEARCH AND SEIZURE WARRANT

To: Any authorized law enforcement officer

An application by a federal law enforcement officer or an attorney for the government requests the search of the following person or property located in the EASTERN District of CALIFORNIA
(Identify the person or describe the property to be searched and give its location):

Note: only the person, property, and areas specified may be searched.

I find that the affidavit(s), or any recorded testimony, establish probable cause to search and seize the person or property described above, and that such search will reveal (Identify the person or describe the property to be seized):

YOU ARE COMMANDED to execute this warrant on or before 5-9-2011 (not to exceed 14 days)
☐ in the daytime 6:00 a.m. to 10:00 p.m. ☐ at any time in the day or night because good cause has been established.

Unless delayed notice is authorized below, you must give a copy of the warrant and a receipt for the property taken to the person from whom, or from whose premises, the property was taken, or leave the copy and receipt at the place where the property was taken.

The officer executing this warrant, or an officer present during the execution of the warrant, must prepare an inventory as required by law and promptly return this warrant and inventory to _____
(United States Magistrate Judge)

☐ Pursuant to 18 U.S.C. § 3103a(b), I find that immediate notification may have an adverse result listed in 18 U.S.C. § 2705 (except for delay of trial), and authorize the officer executing this warrant to delay notice to the person who, or whose property, will be searched or seized (check the appropriate box)
☐ for _____ days (not to exceed 30) ☐ until, the facts justifying, the later specific date of _____

Date and time issued: _____
City and state: _____

Judge's signature _____
Printed name and title _____

Is it actually signed by a judge?

IF THE ANSWER TO ALL OF THESE IS YES, THEN IT IS LIKELY A VALID JUDICIAL WARRANT.

DEPARTMENT OF HOMELAND SECURITY
U.S. Immigration and Customs Enforcement
WARRANT OF REMOVAL/DEPORTATION

File No: _____
Date: _____

To any immigration officer of the United States Department of Homeland Security:

_____ (Full name of alien)
who entered the United States at _____ (Place of entry) on _____ (Date of entry)

is subject to removal/deportation from the United States based upon a final order by:

☐ an immigration judge in exclusion, deportation, or removal proceedings
☐ a designated official
☐ the Board of Immigration Appeals
☐ a United States District or Magistrate Court Judge

and pursuant to the following provisions of the Immigration and Nationality Act:

I, the undersigned officer of the United States, by virtue of the power and authority vested in the Secretary of Homeland Security under the laws of the United States and by his or her direction, command you to take into custody and remove from the United States the above-named alien pursuant to law, at the expense of:

(Signature of immigration officer)

(Title of immigration officer)

(Date and office location)

THESE ARE VISUAL CUES THAT THIS IS AN IMMIGRATION WARRANT.

For more information on warrants and subpoenas go to: bit.ly/NILC_warrants

LEGAL AID PROVIDERS AND CONTACT INFORMATION

The following is a list of reputable legal organizations serving the Los Angeles area. It is important that families seek legal advice from reputable organizations and lawyers who specialize in particular legal matters.

Beware of Fraud! For your protection, it is not recommended that you seek assistance from “notarios” who are not licensed to practice law. You can check on the State Bar of California website at www.calbar.ca.gov under *Look Up a Lawyer* to check whether a person is licensed to practice law.

Los Angeles Unified recognizes and appreciates the various organizations for providing support and lending their expertise in their respective legal fields to inform and educate our communities. Please check with the organizations on hours and clinic times as they may be subject to change.

Disclaimer: The legal aid providers listed in this resource guide offer various services, but their capacity for direct representation may vary. We strongly recommend contacting each provider directly to confirm availability and eligibility for assistance.

In addition to the vetted partners below, you can find additional resources and service providers by entering your zip code onto this website: www.immigrationadvocates.org/legaldirectory.

Asian Americans Advancing Justice-LA

1145 Wilshire Blvd. 2nd Floor
Los Angeles, CA 90017
Phone: (213) 977-7500
www.advancingjustice-la.org

Services provided in multiple languages:

Chinese - (800) 520-2356	Thai - (800) 914-9583
English - (888) 349-9695	Vietnamese - (714) 477-2958
Khmer - (800) 867-3126	Korean - (800) 867-3640
Tagalog - (855) 300-2552	

Provides low cost legal information, counseling and representation:

- Free citizenship application workshops
- Citizenship application, Deferred Action for Childhood Arrivals (DACA) or initial application and renewal, Family-based immigration, Adjustment of Status, Employment Authorization, Removal Hearing
- Employment/workers' rights, housing, health access, and family law

Bet Tzedek Legal Services

3250 Wilshire Blvd.
Los Angeles, CA 90010
Phone: (323) 939-0506
www.bettzedek.org

Provides free legal services for qualifying low-income individuals and families in Los Angeles County:

- Employment/workers' rights
- Tenants' Rights (rent increases, evictions, landlord harassment)
- Homeownership protection (fraud, foreclosure)
- Guardianship of grandchildren
- Special Immigrant Juvenile Status (SIJS)
- Elder/Dependent Adult Abuse, Holocaust Reparations
- Rights for Transgender Youth

Central American Resource Center of Los Angeles (CARECEN)

2845 W. 7th St.
Los Angeles, CA 90005
Phone: (213) 385-7800
www.carecen-la.org

San Fernando Valley
16501 Sherman Way, Suite 220
Van Nuys, CA 91406
Phone: (213) 385-7800 ext. 122

Day Labor Center
1675 Wilshire Blvd.
Los Angeles, CA 90017
Phone: (213) 483-0136

Provides low or no-cost comprehensive immigration legal services:

- Citizenship classes and naturalization application assistance
- Green card/permanent resident application assistance
- Legal representation for asylum applicants, unaccompanied minors and Violence Against Women Act (VAWA), U-Visas, or T-Visas applicants and their beneficiaries, family petitions, work permit renewals, and Deferred Action for Childhood Arrivals (DACA)
- Education, enrichment, and leadership development programs for children
- English courses as well as information about labor, health, and safety laws

Coalition for Humane Immigrant Rights of Los Angeles (CHIRLA)

2533 W 3rd St. Suite 101
Los Angeles, CA 90057
Phone: (213) 353-1333
www.chirla.org

Pacoima Branch
11243 Glenoaks Blvd. Suite 9
Pacoima, CA 91331
Phone: (818) 532-6901

Hours: Tuesdays and Thursdays from 9 am - 5 pm

Provides low-cost immigration services to the community:

- Family petitions, VAWA, U-Visa, T-Visa, deportation defense, DACA renewals, citizenship/naturalization

California Immigrant Policy Center (CIPC)

634 South Spring St. Suite 600 A
Los Angeles, CA 90014
Phone: (213) 250-0880
www.caimmigrant.org

- Identifies important immigrant-related policy issues
- Works alongside lawmakers, advocates, policy makers, and community members to support policies that benefit all Californians
- Issue areas include advocating against mass detention and deportation, immigrant integration, health and public benefits, and protecting workers' rights

Esperanza Immigrant Rights Project

1530 James M. Wood Blvd.
Los Angeles, CA 90015
Phone: (213) 251-3505
www.esperanza-la.org

- Identifies important immigrant-related policy issues
- Works alongside lawmakers, advocates, policy makers, and community members to support policies that benefit all Californians
- Issue areas include advocating against mass detention and deportation, immigrant integration, health and public benefits, and protecting workers' rights

Provides legal support to vulnerable immigrants, ensuring access to justice, and a path through the immigration system.
Staff attorneys represent:

- Detained and released adults who qualify for the National Qualified Representative Program (NQRP) Pro Bono Program
- Volunteer attorneys provide pro bono representation for released youth in the Los Angeles and adults detained at Adelanto Detention Center
- Affordable Services Program offers a variety of services to low-income clients who cannot afford private attorneys and for whom pro bono representation is not possible

Immigrant Defenders Law Center

634 S. Spring St. 10th Floor
Los Angeles, CA 90014
Phone: (213) 634-0999
www.ImmDef.org

Provide full-scale deportation defense, legal representation, legal education, and connections to social services to:

- Minors who have been designated as Unaccompanied Alien Children (UAC) by the Office of Refugee Resettlement (ORR) who are in active removal proceedings
- Detained and released adults who qualify for the National Qualified Representative Program (NQRP)
- Deported Veterans Project represents United States military veterans seeking to be lawfully repatriated to the United States

Immigrant Legal Resource Center (ILRC)

1663 Mission St. Suite 602
San Francisco, CA 94103
Phone: (415) 255-9499
www.ilrc.org

Provides immigration legal trainings, technical assistance, and legal educational materials, as well as engage in advocacy and immigrant civic participation, outreach, and education to advance immigrant rights.

LEGAL AID PROVIDERS AND CONTACT INFORMATION

International Rescue Committee (IRC)

625 N. Maryland Ave.
Glendale, CA 91206
Phone: (818) 550-6220

www.rescue.org/united-states/los-angeles-ca

Hours: Monday - Friday from 9 am - 6 pm

Languages: Armenian, Farsi, Arabic, Spanish, Tagalog, Bosnian and Serbian

Provides opportunities for refugees, asylees, victims of human trafficking, survivors of torture, and other immigrants:

- Resettlement and placement of refugees and immigrants to meet the basic needs for food, shelter/housing, access to health care (i.e. Medi-Cal), and assistance with navigating government agencies
- Low cost assistance in applying for Legal Permanent Resident cards, U.S. Citizenship, Refugee Travel documents, DACA renewal, and Central American Minor- Affidavits of Relationships (CAM-AOR), as well as various other immigration documents
- Provide ESL and citizenship classes to help refugees and immigrants integrate into American society.
- Offering financial literacy coaching, micro-loans, and workforce development programs that provide resume-building, interview coaching, and job placement assistance
- Providing case management services for unaccompanied minors and asylum seekers, including education, mental health care, and legal referrals

Legal Aid Foundation of Los Angeles (LAFLA)

5228 Whittier Blvd.
Los Angeles, CA 90022
Phone: (800) 399-4529

www.lafla.org

Hours: Monday - Friday from 9am - 5pm

Languages:

Vietnamese - (323) 801-7923
Cantonese/Mandarin - (323) 801-7912
Japanese - (323) 801-7913
Khmer/Cambodian - (562) 304-2535
Korean - (323) 801-7987

Los Angeles County Bar Association (LACBA)

Immigration Legal Assistance Project
300 N. Los Angeles St. Room 3107
Los Angeles, CA 90012
Phone: (213) 485-1873

www.lacba.org

Hours: Monday - Thursday from 8 am - 12 pm & 1 pm - 3 pm; Fridays close at 8 am - 12 pm

Immigration Legal Assistance Project provides quality legal advice and form preparation:

- Preparation of immigration and naturalization petitions; Family, travel permits, work permits, naturalization, Deferred Action for Childhood Arrivals (DACA), child citizenship, fee waivers, replace lost "green" cards, adjustment of status, military PIP, consultations on DAPA, affidavits of support, conditional residency, and much more

LEGAL AID PROVIDERS AND CONTACT INFORMATION

National Immigration Law Center (NILC)

3450 Wilshire Blvd. #108 – 62

Los Angeles, CA 90010

Phone: (213) 639-3900

www.nilc.org

Hours: Monday - Friday from 9 am - 5 pm

To advance and defend the rights and opportunities of low-income immigrants and their loved ones, NILC provides:

- Provide full-scale deportation defense
- Legal education classes and screenings
- Legal representation of minors who have been designated as Unaccompanied Alien Children (UAC) by the Office of Refugee Resettlement (ORR) who are in active removal proceedings

Neighborhood Legal Services of Los Angeles County (NLSLA)

13327 Van Nuys Blvd.

Pacoima, CA 91331

Phone: (800) 433-6251

www.nlsla.org

El Monte Branch

9354 Telstar Ave.

El Monte, CA 91731

Glendale Branch

1104 E. Chevy Chase Dr.

Glendale, CA 91205

Languages: English, Spanish, Armenian, Chinese, Vietnamese, Tagalog, and other languages

Provides free legal assistance to families in the Antelope Valley and throughout Los Angeles County:

- Serves low income individuals and families
- Provides education, advice and legal representation in the following areas: health, housing/eviction defense, domestic violence, immigration, consumer debt bankruptcy, public benefits, worker's rights, veteran benefits, and criminal record clearing

PARS Equality Center

4954 Van Nuys Blvd. Suite 201

Sherman Oaks, CA 91403

Phone: (818) 616-3091

www.parsequalitycenter.org

Provides social and immigration services in Farsi and Dari to help immigrants integrate into American life.

- Advocates for families and individuals in need with a strong focus on refugees, asylees, and those newcomers living in poverty
- Resume writing and interview skills workshop, mental health workshops, business workshops, financial aid and college application workshop, financial literacy workshop, computer classes, ESL classes, citizenship classes, job placement, and social services

Public Counsel

610 South Ardmore Ave.
Los Angeles, CA 90005
Phone: (213) 385-2977
www.publiccounsel.org

Hours: Monday - Friday from 9 am - 5 pm

- Represents individuals seeking asylum in the United States based on past persecution or a well-founded fear of future persecution on account of political opinion, race, religion, nationality, or membership in a particular social group.
- Assists immigrants who have been abused by a US citizen or permanent resident, and victims of trafficking and other crimes.
- Runs a clinic at the Stanley Mosk Courthouse Second Floor, Room 230 (111 N Hill St, Los Angeles, CA 90012) to help parents and caregivers set up a legal guardianship when a parent is not able or available to care for their child.
- Assists children who entered the country alone and are in the process of obtaining Special Immigrant Juvenile Status (SIJS).

HOUSING RIGHTS AND RESOURCES

Housing discrimination based on your immigration status or citizenship is prohibited.

Examples of actions landlords cannot take against you:

- Evictions based on immigration status solely
- Rules cannot unfairly target immigrants
- Rules cannot unfairly target families with children
- You cannot be denied housing for sale or rent based on your immigration status
- You cannot be required to show extra forms of identification beyond a state provided ID, such as a green card, passport or social security card. Note that some situations will also accept an Individual Taxpayer Identification Number (ITIN)

To learn more on what protections may apply to your rental property, visit rent.lacounty.gov

If you believe you have experienced housing discrimination, you may file a complaint:

- Department of Consumer and Business Affairs (DCBA) Housing and Tenant Protections at (800) 593-8222
- Stay Housed LA County at (888) 694-0040 or online at www.stayhousedla.org
- Housing Rights Center at (800) 477- 5977 or online at www.hrc-la.org
- Department of Fair Employment and Housing at (213) 439-6799 or online at www.dfeh.ca.gov

Housing discrimination based on your immigration status or citizenship is prohibited.

You have the following rights:

- Most rental units in LA County are subject to State or local rent restrictions and eviction protections
- All rental units must maintain livable conditions
- A right to a receipt for rent payments
- 24-hour advance written notice if a landlord wants to enter your rental unit, unless it is an emergency
- A right to receive an advance written notice for a rent increase. The rate for the rent increase may be limited if you live in a rent-controlled unit
- Right to receive security deposit within 21 days of moving out with list of itemized deductions, if any
- Protections against harassment and retaliation



Rights & Services for Students Experiencing Homelessness

Students living in the following situations are eligible to receive additional support services from the Los Angeles Unified Homeless Education Program (HEO):

- In a shelter, motel, hotel, or in transitional housing programs
- In a car, trailer, or campsite, or other inadequate accommodations (i.e. lack of water, electricity, or heat)
- In a trailer/motor home on private property
- In a garage due to loss of housing
- Temporarily in another family's house or apartment due to loss of housing, economic hardship, natural disaster, lack of adequate housing, or similar reason
- Temporarily with an adult that is not the parent/legal guardian due to loss of housing



Contact the Los Angeles Unified HEO for support at (213) 202-7581 or visit www.lausd.org/heo

HEALTH AND WELLNESS RIGHTS

In California, your family has the right to access affordable and quality healthcare, including mental health services.

Los Angeles Unified has various resources available, including the School Enrollment, Placement and Assessment (SEPA) Centers, school-based health clinics, mental health clinics, and wellness centers located throughout the District. Contact any of these sites for assistance with health and wellness needs or call the Student and Family Wellness Hotline at (213) 241-3840.

Your Rights

All members of our school community have constitutional rights regardless of immigration status. Los Angeles Unified has also adopted and affirmed its commitment to support immigrant families through resolutions. These limit cooperation with immigration enforcement.



Six things you need to know about your health rights:

1. Review your health care options – Sign up for full-scope comprehensive Medi-Cal or a health plan through Covered California if you meet the requirements www.coveredca.com/apply/. Find out if you are eligible for any of these programs by going to your local county human services office, or call the Student and Family Wellness Hotline at (213) 241-3840 (hours are Monday- Friday, 8 am - 4:30 pm) or the District's Children's Health Access line at (866) 742-2273.
2. Your health matters – If you and your children already have health care, we encourage you to set up appointments for yearly check-ups. Stay up to date with vaccinations and medical visits, and seek a medical professional when needed.
3. Personal information is confidential – You do not need to provide a social security number.
4. Language assistance – Language assistance is available for any person who applies for or uses Medi-Cal or Covered California services. It is available at no cost. The person enrolling can request an interpreter who speaks their language and can request translated materials free of charge.
5. The Affordable Care Act is still the law – The best way to protect your health care is to review your health care options, sign-up if you are eligible, and utilize health services available to you and your family. Health care is a human right!
6. Financial assistance is available – Many income-eligible Californians qualify for full-scope Medi-Cal benefits. Medi-Cal ineligible Californians can qualify for the Kaiser Permanente Community Health Care Program, regardless of age or immigration status.

SCHOOL-BASED CLINIC AND WELLNESS LOCATIONS

Los Angeles Unified offers a variety of free to low-cost health services to students and families. The clinics listed below are operated by the District in collaboration with non-profit community-based organizations.

In addition, Los Angeles Unified School Mental Health provides comprehensive mental health services to students and their families free of charge including psychiatric services rendered through our clinics and wellness centers.

School-Based Health Centers

School-Based Health Centers are clinics that provide medical or dental services at designated school locations. These services are offered through a no-cost contract with a dental/health organization. Clinical services vary at each location. Please contact the clinic to obtain the services provided.

Region	School-Based Health Center	Provider	Address	Hours
N	Hart Street Elementary School	Dr. S. Samoha DDS, Inc. (818) 340-4042	21006 Hart St. Canoga Park, CA 91303	M - W: 9 am - 6 pm F: 9 am - 6 pm
N	Pacoima Middle School	Clinica Romero	9919 Laurel Canyon Blvd. Pacoima, CA 91331	Scheduled to open Fall 2026
N	San Fernando High School	Northeast Valley Health Corp. (818) 365-7517	11133 O'Melveny Ave. San Fernando, CA 91340	M - F: 7:30 am - 4 pm
N	Sun Valley Middle School	Northeast Valley Health Corp. (818) 432-4400	7223 N. Fair Ave. Sun Valley, CA 91352	M, T, Th, Sat: 8 am - 5 pm W: 8 am - 9 pm F: 9 am - 5 pm
E	Nevin Elementary School Dental Clinic	Eisner Health (323) 232-2236	1569 E 32nd St. Los Angeles, CA 90011	W - F: 8 am - 2:30 pm
E	El Sereno Middle School Dental Clinic	AltaMed	2839 N. Eastern Ave. Los Angeles, CA 90032	Scheduled to open Spring 2027
E	Lincoln High School	St. John's Well Child (323) 441-2139	2512 Alta St. Los Angeles, CA 90031	M, T: 8:30 am - 5 pm Th: 11 am - 7:30 pm Sat: 7 am - 3:30 pm

SCHOOL-BASED CLINIC AND WELLNESS LOCATIONS

Region	School-Based Health Center	Provider	Address	Hours
W	Marshall High School	Asian Pacific Health Care Venture (323) 665-1129	3939 Tracy St. Los Angeles, CA 90027	M - F: 8:30 am - 4:30 pm
W	Los Angeles High School	Eisner Health	4650 W Olympic Blvd. Los Angeles, CA 90019 Students only	M, W, F 7:30 am - 4 pm
S	Gardena High School	Gardena Health Clinic (310) 808-1180	1301 West 182nd St. Gardena, CA 90248	M, W, F 8 am - 12 pm
S	Wilmington Middle School	Wilmington Community Clinic (310) 549-5760	1700 Gulf Ave. Wilmington, CA 90744	M - F: 8 am - 4 pm

Wellness Centers

Los Angeles Unified operates wellness centers throughout school campuses across the District. Wellness Centers are staffed by outside medical providers, who will see members of the community in addition to students. They are able to provide comprehensive care to families who make a particular center their primary location for care. In addition, Los Angeles Unified School Mental Health provides comprehensive mental health services to students and their families free of charge including psychiatric services and neurofeedback.

Region	School-Based Wellness Center	Community Provider & Hours	Mental Health Provider & Hours	Address
N	Monroe Arts High School	Valley Community Healthcare (818) 763-8836 M-F: 8 am - 4:30 pm	Child and Family Guidance Center (818) 739-5900 M - F: 8:30 am - 6 pm Sat: 8:30 am - 3 pm	9119 Haskell Ave. North Hills, CA 91343
N	Glenoaks Academy	North East Valley Health Corporation (818) 897-2193 M - F: 8 am - 4:30 pm	Los Angeles Unified School Mental Health (818) 794-5280 M - F: 8 am - 4:30 pm Students only	12451 W. Gain St. Pacoima, CA 91332
E	Belmont High School	Asian Pacific Healthcare Venture, Inc. (323) 644-3880 ext. 702 M - F: 8 am - 4:30 pm	Los Angeles Unified School Mental Health (213) 241-4451 M - F: 8 am - 4:30 pm Students only	180 Union Pl. Los Angeles, CA 90026
E	Maywood Center for Enriched Studies (MaCES)	Los Angeles Community Health Center (866) 981-3002 M - F: 8:30 am - 5 pm	Los Angeles Community Health Center (866) 981-3002 M - F: 8:30 am - 5 pm	5800 King Ave. Maywood, CA 90270

SCHOOL-BASED CLINIC AND WELLNESS LOCATIONS

Region	School-Based Wellness Center	Community Provider & Hours	Mental Health Provider & Hours	Address
E	Mendez High School	St. John's Community Health (323) 541-1411 M, W, TH, F: 8:30 am - 5 pm Sat: 7 am - 3:30 pm	St. John's Community Health (323) 541-1411 M, W, TH, F: 8:30 am - 5 pm Sat: 7 am - 3:30 pm	1321 E 1st St. Los Angeles, CA 90033
E	Roosevelt High School	St. John's Community Health (323) 541-1411 M - F: 8:30 am - 5 pm	St. John's Community Health (323) 541-1411 M - F: 8:30 am - 5 pm	444 S. Matthews St. Los Angeles, CA 90033
E	Santee Education Complex	Eisner Health (213) 763-1000 M - F: 8 am - 4:30 pm	Eisner Health (213) 763-1000 M - F: 8 am - 4:30 pm	1921 S Maple Ave. Los Angeles, CA 90011
E	Gage Middle School	Northeast Community Clinic (323) 826-9449 M - Th: 8 am - 5 pm F: 12 pm - 5 pm	Los Angeles Unified School Mental Health (323) 826-1520 M - F: 8 am - 4:30 pm Students only	2975 Zoe Ave. Huntington Park, CA 90255
E	Garfield High School	Via Care Community Health Center (323) 262-0721 M - F: 1 pm - 5 pm	Via Care Community Health Center (323) 262-0721 M - F: 1 pm - 5 pm	501 S. Woods Ave. Los Angeles, CA 90022
E	Elizabeth Learning Center	South Central Family Health Center (323) 905-5801 M: 8 am - 12 pm W: 12:30 pm - 4:30 pm	Los Angeles Unified School Mental Health (323) 271-3650 M - F: 8 am - 4:30 pm Students only	4811 Elizabeth St. Cudahy, CA 90201
W	Hollywood High School	Los Angeles Unified/ Kaiser Permanente (323) 993-2355 M - F: 8:30 am - 3:30 pm	AVIVA Family and Children's Services (323) 394-5742 M - F: 8:15 am - 3:30 pm	1530 Orange Dr. Los Angeles, CA 90028
S	Jordan High School	UMMA Community Clinic (323) 488-5915 M - F: 8 am - 5 pm	UMMA Community Clinic (323) 488-5915 M - F: 8 am - 5 pm	10110 S. Juniper St. Los Angeles, CA 90002
S	Manual Arts High School	St. John's Community Health (323) 290-8360 M: 11 am - 7 pm T, W, TH: 8:30 am - 5 pm Sat: 7 am - 3:30 pm	St. John's Community Health (323) 290-8360 M: 11 am - 7 pm T, W, TH: 8:30 am - 5 pm Sat: 7 am - 3:30 pm	4085 S. Vermont Ave. Los Angeles, CA 90037

SCHOOL-BASED CLINIC AND WELLNESS LOCATIONS

Region	School-Based Wellness Center	Community Provider & Hours	Mental Health Provider & Hours	Address
S	Fremont High School	UMMA Community Clinic (323) 404-9270 M - F: 8 am - 5 pm Sat: call for availability	UMMA Community Clinic (323) 404-9270 M - F: 8 am - 5 pm Sat: 7:30 am - 4:30 pm	7821 S. Avalon Blvd. Los Angeles, CA 90003
S	Carson High School	Venice Family Clinic (310) 392-8636 M - F: 8 am - 5 pm	Los Angeles Unified School Mental Health (310) 847-7216 M - F: 8 am - 4:30 pm Students only	270 East 223rd St. Carson, CA 90745
S	Locke Early Education Center	UMMA Community Clinic (323) 789-5610 M - F: 8 am - 4:30 pm	Los Angeles Unified School Mental Health (323) 418-1055 M - F: 8 am - 4:30 pm Students only	316 E. 111th St. Los Angeles, CA 90061
S	Crenshaw High School	T.H.E. Clinic (323) 730-1920 x505 M, W, Th: 8 am - 5 pm	Los Angeles Unified School Mental Health (323) 290-7737 Wed only 8 am - 5 pm Students only	3206 W. 50th St. Los Angeles, CA 90043
S	Washington Prep High School	St. John's Community Health (323) 757-2775 M - Th: 11 am - 7:30 pm Sat: 7 am - 3:30 pm	Los Angeles Unified School Mental Health (323) 241-1909 M - F: 8 am - 4:30 pm Students only	1555 W. 110th St. Los Angeles, CA 90047
S	YES Academy	St. John's Community Health (323) 541-1411 M, T, W: 8:30 am - 5 pm Th: 11 am - 7:30 pm F: Closed Sat: 7 am - 3:30 pm	Los Angeles Unified School Mental Health (323) 684-6500 M - F: 8 am - 4:30 pm Students only	6505 8th Ave. Los Angeles, CA 90043

Options for Mental Health Care

Families can directly refer their children for individual, family, and group counseling services. These services are available both in-person and through telehealth. Schools connect students and families to mental health services by partnering with over 60 community agencies, including School Mental Health Clinics and Wellness Centers, ensuring easy access to care.

Please visit our website for contact information, www.lausd.org/smh. You can also call (213) 241-3840 to access mental health services, and other essential school and community resources.

SCHOOL-BASED CLINIC AND WELLNESS LOCATIONS

School Mental Health Clinics are district operated outpatient mental health clinics that provide stand alone mental health and psychiatric services to students. Staff have specialized training in evidenced based practices and neurofeedback.

Region	Clinic	Telephone and Hours
E	Ramona Clinic 231 S. Alamo Ave. Los Angeles, CA 90063	(323) 266-7615 M - F: 8 am - 4:30 pm Students only
S	San Pedro Clinic 704 W. 8th St. San Pedro, CA 90731	(310) 832-7545 M - F: 8 am - 4:30 pm Students only
S	97th St. Clinic 439 W. 97th St. Los Angeles, CA 90003	(323) 754-2856 M - F: 8 am - 4:30 pm Students only

Region and School-Based Supports

Each Los Angeles Unified Region is supported by a mental health team, including Psychiatric Social Workers based on most school campuses.

Need Help Now

If you, your child, or someone you know is struggling or having thoughts of suicide, call or text the 988 Suicide & Crisis Lifeline at 988 or chat at www.988lifeline.org. In life-threatening situations, call 911.

STRATEGIES AND RESOURCES TO FOSTER HEALTH AND RESILIENCE

Psychological First Aid

This supportive approach helps individuals manage stress and emotions during times of change and uncertainty. Leadership transitions and pending immigration policy changes can evoke strong feelings among staff, students, families, and community members across our district and the nation. As parents and caregivers, we play a critical role in supporting our children during these challenging times. Try using these strategies to help children and teens feel heard, protected, and reassured.



Listen

Listen to what they say and observe how they act.



Protect

Protect by maintaining structure, stability, and consistency.



Connect

Connect through interaction, activities, and resources.



Model

Model calm and optimistic behavior. Children take their cues from parents and caregivers.



Teach

Teach children about the common emotional and physical responses that can occur during times of change.

STRATEGIES AND RESOURCES TO FOSTER HEALTH AND RESILIENCE

Resilience-based Approach

Major shifts, such as pending changes to immigration policies, can bring feelings of worry and fear, creating uncertainty that affects many aspects of our lives. One way to navigate this uncertainty is by focusing on building resilience skills.

Resilience is the ability to adapt, recover, and grow when facing challenges. These skills not only help us address current challenges in our community but also prepare us to face future struggles with strength and adaptability.



Sense of Safety

A sense of safety enables us to explore and learn. It involves creating a protective and supportive environment through consistent routines, open communication, and reassurance during changes.



Ability to Calm

The ability to calm allows us to manage stress, anxiety, and emotions effectively. When we can self-soothe or seek support, we can better face challenges and make thoughtful decisions. Using calming strategies help us regain control and emotional balance.



Connectedness

Connectedness is the sense of belonging and feeling supported by others. This means having strong, positive relationships with family, friends, teachers, and the broader community. Feeling connected provides trust, security, and confidence, helping us navigate life's challenges.



Self & Community Efficacy

Self-efficacy and community efficacy are interconnected resilience factors that help us face challenges confidently. Self-efficacy refers to the belief in our own abilities to manage tasks and emotions, while community efficacy is the shared belief in a group's collective support. When we feel our community is reliable and supportive, we become more resilient and engaged.



Hope & Growth Mindset

Hope and a growth mindset empower us to face challenges with optimism and resilience. Hope fosters a positive outlook, while a growth mindset emphasizes that abilities can improve with effort. Together, they help us view challenges as learning opportunities.

Here are some ideas of how to practice resilience skills in your own family and community:



Sense of Safety

Maintain routines: Establish and stick to daily routines at home to create a sense of normalcy for children.

Engage with school resources: Stay informed about the school's safety protocols and communicate with staff about any specific concerns.



Ability to Calm

Model calm behavior: Show your child how you manage stress in healthy ways such as taking a break, taking a deep breath, or going for a walk.

Create calming rituals: Share a soothing activity like reading, drawing, or listening to music before bedtime.



Connectedness

Foster cultural pride: Share traditions, stories, and meals that celebrate your family's culture.

Spend time together: Dedicate time to engage in enjoyable activities with your child or to check in by discussing their feelings and experiences.



Hope & Growth Mindset

Focus on positive stories: Share examples of resilience and success from your community to inspire optimism.

Highlight strengths: Remind your child of past challenges they've overcome to build confidence in facing new ones.



Self & Community Efficacy

Teach problem-solving: Role-play scenarios to help children practice addressing challenges.

Build community networks: Connect with other families through school events, religious gatherings, or community groups.

Recognizing When Your Child May Need Additional Support

Psychological First Aid and the resilience-based approach are universal strategies that support all youth experiencing stressful circumstances. These approaches are effective for most young people. However, stress affects each individual's mind and body differently, and some may require additional support to cope. Below is a list of common stress reactions. If you notice these behaviors persist over time, it may be time to seek additional support.



- Frequent upsetting thoughts and nightmares
- Mood changes like increased sadness and irritability
- Changes in behaviors or routines
- Altered sleep patterns or appetite
- Isolation and social withdrawal
- Difficulty focusing on tasks

- Physical complaints without medical cause
- Return to earlier behaviors (e.g., bedwetting, seeking extra comfort from caregivers)
- Increased unsafe or impulsive behaviors

Self-Care and Community Care

As parents and caregivers, we often prioritize the needs of our children above our own. However, it's important to remember that to effectively care for others, we must also take time to care for ourselves.

This can be done in two ways: (1) self-care, which involves attending to our own physical, emotional, and spiritual needs, and (2) community care, which focuses on supporting one another and fostering connections within the broader community. Here are a few ideas to try:

- Drink water
- Prioritize sleep
- Join community groups
- Eat healthy foods
- Connect with others
- Get outdoors
- Move your body
- Participate in your school community
- Practice deep breathing

LOS ANGELES UNIFIED RESOURCES FOR FAMILIES

PERSONNEL TO KNOW: SCHOOL AND REGIONAL SUPPORT

There are many employees at your school and your Region that are trained to support your child's various needs. Please review this list of support teams who are here to serve!

Principal: As an administrative leader, principals develop and implement an effective instructional program appropriate to the pupils in their school as prepared by the Superintendent, as well as observing and paying attention to the supervision of teachers and faculty within the school. These leaders establish and maintain a proper relationship between the school, home, and the community.

Assistant Principal: Providing support to the instructional process with specific responsibility for directing assigned programs and services; providing information, supervising assigned staff, coordinating school activities, and addressing issues, situations, and/or problems that arise on campus or with enrolled students.

Teachers: Responsible for leading students towards the fulfilling potential of his/her intellectual, emotional, psychological, and social growth by providing a stimulating environment and curriculum.

School Administrative Assistant: Manages a school office, performs administrative assistance for a school administrator and is responsible for the supervision of the clerical activities of a school such as handling student grades, attendance, curriculum, enrollment, financial reports, and so forth.

Teacher/Campus Aide: Assist teachers and administrators with student supervision in the classroom and in the playground.

College Counselor: Participates in the planning, development, implementation, and evaluation of counseling and student development that will result in furthering their education and career goals.

Guidance Counselor: Provides developmental, preventative, and remedial services for students in order to help students identify and achieve educational, career, personal, and social goals.

Pupil Services and Attendance (PSA) Counselor: PSA counselors support students by identifying and addressing barriers to regular attendance, collaborating with school staff, families, and community resources to resolve underlying issues. They provide child welfare support by connecting students and families with services that address mental health, housing instability, and other factors that may impact attendance.

Psychiatric Social Worker (PSW): Provides mental health services including school wide prevention, early intervention and treatment by facilitating student development and the ability to successfully deal with problems, crises, or traumatic experiences.

Nurse: Performs medical procedures and nursing care to students suffering from physical ailments in school environments.

PERSONNEL TO KNOW: SCHOOL & REGIONAL SUPPORT

English Learner (EL) Designee: Identifies and assesses English Learners' needs to help them excel within the selected EL program, develops, coordinates, and identifies instructional supports to ensure ELs achieve in English proficiency and master grade level standards.

Targeted Student Population (TSP) Coordinator: Assists the principal to maintain a comprehensive, instructionally effective, and compliant program that accelerates the academic achievement of English learners, low income, and foster youth.

Multilingual Multicultural Academic Language Coach (MMALC): At selected school sites with high enrollment of English Learners, the MMALC provides push-in targeted support to English Learners, including International Newcomers. The MMALC position provides professional development on integrated and designated English Language Development to strengthen staff capacity to serve the linguistic and academic needs of ELs. The MMALC coach also provides parent training on biliteracy/seal awards and on how to support their child's academic needs at home.

Parent Resource Liaison and Community Representative: Provide support to parent and community members by providing information, coordinating, organizing various parent workshops and training programs. They also support volunteer applications and the Parent Portal.

Parent Resource Assistant: The Parent Resource Assistant provides direct support to parents of a school by relaying information, maintaining parent- school communications, and assisting in programs and outreach activities for parents in the Parent and Family Center.

Student and Family Resources Navigator: Directly support students and their families to access an array of resources and services including basic needs, like food, clothes, health insurance, physical and mental health, and more.

Board Member: School board members are locally elected public officials entrusted with governing a community's public schools, providing community leadership as advocates for children, the school district and public schools.

Superintendent: With the policy guidance of the elected seven-member Board of Education, and working with a senior management team, the Superintendent has chief executive authority and accountability for all aspects of District operations, and for integrating them all in support of student achievement.

Region Offices: Four region offices provide more personalized attention to schools and oversee the day-to-day school operations. They are a closer support for parents to access if help is needed beyond the school site.

PARENT AND FAMILY CENTERS

Parent and Family Centers serve as a parent classroom where parents can learn about the importance of the social and emotional well-being of their children, as well as strategies and resources to support their academic achievements. The knowledge and skills that parents acquire prepare them to be successful in their roles as their children's first and life-long teachers and advocates.

Parent and Family Centers serve as an information hub to connect parents and families to community resources. Parents and guardians gain knowledge and expertise, use the information, and share it with others.

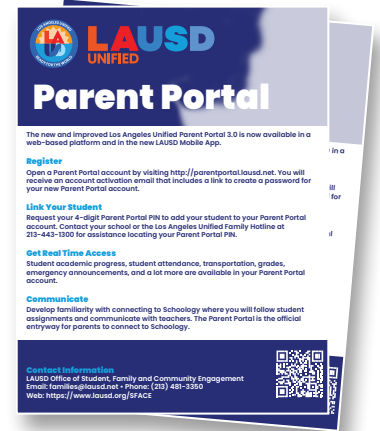
The Parent Portal & Mobile App: Connecting Families

The Portal offers families a range of resources for connecting to a student's learning such as:

- Attendance reports
- Grades & assignments
- Easily update emergency information
- Track progress towards graduation
- Track progress of English learners
- Request transportation
- And more!

Parent and Family Center personnel, such as a Community Representative, can connect you with the Portal. You must create a personal email account to create login credentials for the Portal. Contact your school site or call Los Angeles Unified's Family Hotline to get your students' PIN number to connect your account with their information.

For more information, visit www.lausd.org/parentportal or call (213) 443-1300.



LOS ANGELES UNIFIED SCHOOL POLICE DEPARTMENT

As the second-largest school police department in the nation, it is the Los Angeles School Police Department's (LASPD) mandate, duty, and mission to provide a safe and welcoming environment for all students to learn and succeed.

LASPD follows District policy and complies with state and federal laws related to the confidentiality of student records. LASPD does not assist nor engage in immigration compliance checks, immigration enforcement activities, or ICE-related task force operations.

LASPD's duty is to work with school administration to ensure that every student—regardless of disability, gender, gender identity, nationality, race or ethnicity, religion, sexual orientation, or any other characteristic—has the right to attend school in an environment free of crime, intimidation, or hate-oriented actions and dialogue.



The Department will provide ongoing training on our policies regarding immigration, consistent with State law and District policy.

Hate Crime or Incident Reporting

All hate-related incidents or crimes can be reported to the Los Angeles School Police Department by calling (213) 625-6631, or by utilizing the LASAR app that is available for free download from the Apple App Store or Google Play.

LGBTQ+ STUDENT SUPPORTS AND POLICIES

There are a number of District policies as well as state and federal laws that outline support and protections for LGBTQ+ communities. To support those policies, the Office of Human Relations, Diversity & Equity (HRDE), within the Division of School Operations, has created a variety of resources for students, families, and employees. Los Angeles Unified, as well as California at large, are strong advocates for LGBTQ+ students, staff and families.

For more information, visit www.lausd.org/human-relations or call (213) 241-0754.

Complete District policies are outlined below. More information on each can be found at www.lausd.org/human-relations.

BUL-5212 Bullying and Hazing Policy (Student-to-Student and Student-to-Adult)	BUL-2521 Title IX Policy/Complaint Procedures	BUL-5479 Teaching About Religions
BUL-6224 Gender Equity and Students - Ensuring Equity and Nondiscrimination	REF-6799 Sex-Specific and All-Gender Single and Multiple User Restrooms	BUL-141509 Affirming Transgender, Nonbinary and Gender Diverse Employees
BUL-6285 Guidelines for Sexual Orientation and Gender Identity Inclusive Education	BUL-2047 Hate-Motivated Incidents and Crimes - Response and Reporting	BUL-5703 Names and/or Gender of Pupils for Purposes of School Records
	BUL-6612 Nondiscrimination and Anti-Harassment (Including Sexual Harassment) Policy and Complaint Procedure	

In addition to these policies, HRDE offers monthly “drop in” sessions for parents/ caregivers of LGBTQ+ parents and parents/caregivers who identify as LGBTQ+. These sessions are opportunities to connect with other families and build community.

The sessions take place the second Wednesday of every month at 7 p.m. Join via Zoom at tinyurl.com/LAUSDcaregivers.



ENROLLMENT PROCEDURES

Los Angeles Unified has developed policies and procedures to ensure families have no obstacles when they enroll students in school.

The enrollment process can be initiated by the parent, legal guardian, or Educational Rights Holder (ERH), caregiver, 18-year-old student, emancipated minor, or unaccompanied homeless youth.

Students with special circumstances (e.g., students experiencing homelessness, students in foster care, youth involved in the juvenile justice system, students from active duty military families, recently immigrated youth, unaccompanied youth, and students with IEPs) should be enrolled immediately, without delay, regardless of the availability of school records, immunization records, proof of residence, school uniforms, and existence of fines from a previous school or any other documentation (E.C. §§ 48432.5, 48853, 48853.5).

In addition to providing their child's legal name and sex, parents can request that their child be recognized by a preferred name and gender marker. For more information, visit: [CDE FAQ on Gender Recognition](#).

School offices will not limit registration and/or enrollment services to certain hours or days of the week and must enroll students during all regular school office hours.

Steps to Enroll Your Child in School

Enrollment packets are available at schools, or you can complete via the Student Pre-Enrollment Portal at enroll.lausd.net.

Gather Required Documents

1. Proof of Residence (where the student lives)

Please submit one of the following acceptable documents to verify your current address:

- Utility service contract, bills, or payment receipts (gas, water, or electricity)
- Property taxes, rental or lease agreement, or current rental receipt with the address of the property on the receipt
- Official government mail (CalWORKS, Social Security, Medi-Cal)
- Current pay stub
- Voter registration

2. Proof of Age of Minor

Please submit one of the following acceptable documents:

- Birth certificate
- Baptismal certificate
- Passport
- Court order
- Health office/vital statistics record of birth certificate date
- Department of Public Social Services (DPSS) letter verifying birthdate and an explanation of how this was verified

3. Parent/Guardian/Educational Rights Holder/Caregiver (“Parent”) Identification

Please submit one of the following acceptable documents:

- Student’s birth certificate, baptismal certificate, or court order establishing the parent/guardian relationship AND
- Adult’s government-issued photo identification (Driver’s license or DMV identification card)

4. Proof of Immunization

For your reference, the Parents’ Guide to Immunizations Required for School Entry is available here:

www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/School/resources-parents.aspx

Having trouble accessing the above items?

Under California law, the Caregiver’s Authorization Affidavit enables a caregiver, whether related or unrelated, to enroll a child in school. Complete one form per child. The Caregiver’s Authorization Affidavit allows the caregiver to do the following for the child:

- Enroll them in school
- Get them school-related medical care such as immunizations

School personnel should provide affidavits for any missing but required documents. An affidavit is a written statement that a person makes under oath to confirm that certain facts are true. The following affidavits should be provided by school personnel as alternative documentation and placed in the student’s record once the enrollment process has been completed:

- Affidavit to Verify Residence (where student lives)
- Affidavit of Parent/Legal Guardian Identification
- Affidavit of Temporary Residence
- Caregiver’s Authorization Affidavit
- Affidavit for Proof of Age of Minor

Schools or families may contact the School Enrollment Placement and Assessment Centers (SEPA) for support and consultation when enrolling students/families who have recently immigrated and who may need support with vaccinations, school supplies, medical insurance enrollment, and/or other resources. These centers are a “one stop shop” for enrolling families.

Contact the SEPA centers:

- Central Los Angeles location at (213) 482-3954
- Visit www.lausd.org/sepacenter for more information
- San Fernando Valley location at (818) 909-4593

For assistance with immunizations and other health-related enrollment needs, families can visit one of the many clinics and/or wellness centers listed in the earlier portion of this guide.

ENGLISH LEARNER ENROLLMENT

A key component of the enrollment process is the Home Language Survey (HLS). The HLS is a questionnaire used to determine the student's primary language and whether the student will be required to take an assessment for English language proficiency. The results of the English language proficiency assessment will determine the appropriate instructional services a student will need to meet their full academic potential. California Education Code contains legal requirements which direct schools to determine the language(s) spoken in the home of each student.

The HLS consists of the following four questions:

1. What language did the student learn when he or she first began to talk?
2. What language does this student most frequently use at home?
3. What language do you use most frequently to speak to this student?
4. Which language is most often used by adults at home?

A home language determination is required only once. The information provided by the parent/guardian on the initial HLS takes precedence over any information provided on subsequent surveys.

The HLS is used solely to offer appropriate educational services, not for determining legal status or for immigration purposes.

For students enrolling in a Transitional Kindergarten (TK) program (four years of age) AB 2268 exempts transitional kindergarten students from being administered either the initial or summative English Language Proficiency Assessment for California (ELPAC).

Schools have an obligation to ensure meaningful communication with parents/guardians in a language they can understand and to adequately notify parents/guardians of information about language instructional programs and services. For more information about programs, services and support please visit www.lausd.org/mmed.

ATTENDANCE

VIRTUAL ACADEMY SCHOOLS

Looking for a school that fits your family's unique needs? Do you have concerns about attending school in person? The Los Angeles Unified Virtual Academy offers a world-class online education tailored for students grades TK-12, with flexibility, support, and opportunities for success.

Tuition free TK-12 online Los Angeles Unified schools are organized in the following six academies:

- Arts & Entertainment
- Business & Entrepreneurship
- Computer Science
- International Studies & World Language
- Leadership & Public Service
- Science, Technology, Engineering, Arts and Mathematics

For more information, call (213) 241-2231 or visit www.lausd.org/virtualacademy.

All of these academies offer:

- **A personalized and flexible approach:** designed to give students the freedom to learn, grow, and succeed from home.
- **Online school options:** A choice of six thematic schools based on college and career pathways that match students' interests.
- **Accredited** by the Western Association of Schools and Colleges for high-quality education.
- **Engaging live classes:** Daily instruction (8:30 a.m. - 12:00 p.m.) led by credentialed teachers and counselors committed to your child's success.
- **Comprehensive curriculum:** Aligned with Common Core Standards and approved by the University of California—preparing students for college and beyond.
- **Advanced opportunities:** Access Honors, Advanced Placement (AP) courses, and Credit Recovery options to meet every student's goals.
- **Blended learning experiences:** Participate in in-person field trips, assessments, and graduation ceremonies.
- **Personalized support:** Thirteen Welcome Centers across the District provide in-person assistance, ensuring every family has the resources they need.

Visit www.lausd.org/virtualacademy for more information on enrollment or transferring.



EARLY CHILDHOOD OPTIONS

The Early Childhood Education Division (ECED) is committed to providing a quality early education experience that will prepare students for success in school and life, while valuing and respecting the needs, languages, and cultures of all students, families, staff and communities it serves.

Each student has the right to be treated with dignity and respect and accorded a safe and nurturing learning environment to meet their needs.

Children ages 6 weeks to 4.5 years have a right to enroll into one of the District's early education programs.

For more information, call 844-EARLY ED or visit www.lausd.org/eced.

DIVISION OF ADULT AND CAREER EDUCATION

The Los Angeles Unified Division of Adult and Career Education offers the following educational opportunities to all students regardless of immigration status.

- Free citizenship and English as a Second Language (ESL) classes – this includes discussions of immigrant rights, and referrals to no-cost legal services.
- Free high school diploma/equivalency classes
- Free Career Technical Education (CTE) classes
- Free Integrated Education and Training (IET) classes
- Adult Education Virtual Academy (AEVA) offers online learning opportunities to all adult learners

Visit www.lausdadulted.org for more information!

SPECIAL EDUCATION RESOURCES

Special education services are specially designed instruction and supports to meet the unique educational needs of children with disabilities who meet the eligibility criteria under the law. Special education services can begin at age three and may continue until either your child graduates with a diploma or reaches the age of 22.

A parent, guardian, teacher, other school personnel, and community members who believe that a child may need special education services may request a special education assessment of the child. The request should be made in writing and provided to the school principal. A child is eligible for special education services if an Individualized Education Program (IEP) team determines that the child has a disability and requires special education services to progress in their education.

Disabilities include:		
Autism	Deafness	Deaf-Blindness
Established Medical Disability (Only for children ages 3-5)	Emotional Disability	Hearing Impairment
Intellectual Disability	Multiple Disabilities	Orthopedic Impairment
Other Health Impairment	Speech or Language Impairment	Specific Learning Disability
Traumatic Brain Injury	Visual Impairment	

The special education process determines whether or not your child is eligible for special education and related services and if so, what special education and related services are appropriate for your child.

There are four basic steps in the special education process:

Step 1: Referral for Assessment	A parent, guardian, teacher, and other school personnel may request a special education assessment of the child in writing.
Step 2: Assessment	An assessment involves gathering information about your child to determine whether your child has a disability and the nature and extent of special education services that your child may need.
Step 3: Development and Implementation of an IEP	After your child has been assessed, an IEP meeting will be held. The IEP team will discuss the assessment results and determine whether your child is eligible for special education services. An IEP will be developed during the meeting.
Step 4: IEP Review	If your child is receiving special education services, their IEP will be reviewed at an IEP team meeting at least once a year to determine how well it is meeting their needs. In addition, every three years, your child will be reassessed as needed.

For more information, contact the School and Family Support Services (SFSS) call center, at (213) 241-6701 or email: spedSFSS@lausd.net. Staff members are available to provide you with immediate assistance Monday - Friday, between the hours of 7am - 5 pm.

GRADUATION AND COLLEGE RESOURCES

PAYING FOR COLLEGE

California Dream Act & AB 540 Forms

These forms assist with paying student fees for public institutions of higher education like community colleges, the California State University (CSU) schools, and University of California (UC) schools.

Process for Undocumented Students

1. Paying In-State Fees at Public Community Colleges & Universities (AB540)
 - AB540 was passed by the California Legislature on October 12, 2001. This law established guidelines for undocumented students to pay resident fees in public colleges and universities, if they meet the criteria adopted by the law.
 - To learn about the eligibility guidelines visit the California Student Aid Commission website: www.csac.ca.gov/undocumented-dreamer-students
 - Information on the AB 540 California Nonresident Tuition Exemption Form is available at: www.csac.ca.gov/post/california-nonresident-tuition-exemption



2. Paying for College and The California Dream Act

- The California Dream Act allows for eligible undocumented students to apply for and receive state-based financial aid and institutional scholarships.
- Students that meet the guidelines established for the AB 540 are eligible to apply for the financial aid programs offered by the State of California.
- To learn about the eligibility guidelines visit the California Student Aid Commission website:
www.csac.ca.gov/undocumented-dreamer-students-0
- The application deadline for the California Dream Act is generally the first week in the month of March.
- Submit the application before the deadline to qualify for grants.
- For questions about submitting the application contact your school counselor or the California Student Aid Commission at 1 (888) or CA-GRANT (888) 224-7268.

Scholarship Resources

Scholarships are a type of financial aid that does not have to be paid back - but students have to work to earn them! They can be awarded for academic achievement, based on financial need, for a talent or achievement, and many other categories.

Many are a “one-time” award; some can be reapplied for or renewed annually while the student is in college. An essay or other form of application is usually required, and recommendations may be needed for certain types of scholarship applications.

There are thousands of scholarships on offer every year from reputable sources and a few are listed below.

Students should never pay a fee to apply for a scholarship, or disclose personal information to a non-trusted source!

Look up some of the organizations below to learn more about their scholarship offerings!

In your Naviance App - Log in, select the “Scholarships” tab on your landing page and access information on over 90 scholarships that have all been vetted by the District.

- | | |
|---|--|
| • A-G College Access website www.lausd.org/a-g | • Mexican Scholarship Fund |
| • College Board BigFuture | • Sociedad Amigos de Colombia de Indiana (SADCO) Scholarship Program |
| • Sallie Mae | • National Scholarships |
| • Mexican American Legal Defense and Education Fund (MALDEF) | • California Student Aid Commission |
| • Get Ready for College | • Cash for College |
| • Latino College Dollars | • California Career Center |
| • Scholarships for Hispanics | • Salvadoran American Leadership and Educational Fund (SALEF) |
| • Geneseo Migrant Center | |

GRADUATION EXEMPTION LAWS

FOR FOSTER, HOMELESS YOUTH OR JUSTICE SYSTEM INVOLVED YOUTH

For Newcomer English Learners Who are Enrolling in High School

English Learners who are newcomers enrolling in high school as their first school experience in the United States may remain in high school until graduation requirements are met or through the age of 21, whichever comes first, as long as the student makes adequate academic progress to meet graduation requirements.

AB 2473 requires local educational agencies to comply with existing coursework exemptions, pupil consultation and notice requirements, acceptance of coursework completed at other schools, and other requirements for pupils participating in a newcomer program, who were enrolled before January 1, 2024, and authorizes local educational agencies to extend these provisions to other pupils participating in a newcomer program.

AB 2121 gives the authority to school districts to grant exemptions from locally adopted course work that is an addition to the state coursework graduation requirements. It also provides the opportunity to complete district graduation requirements within a fifth year.

ADDITIONAL COMMUNITY RESOURCES

The State of California, County of Los Angeles, and the cities within Los Angeles, continue to offer a number of helpful resources for families, regardless of identity or immigration status.

BAILA Network

The Benefits Access for Immigrants Los Angeles (BAILA) Network is a team of benefits enrollers, legal service providers, *promotores comunitarios*, and community outreach workers. The Network supports Los Angeles immigrant families and essential workers to access the public benefits they need to stay healthy and strong.

People can get free assistance with the following:

- Understanding what public benefits they may be eligible for
- Accessing legal services if they have questions or need legal assistance
- Enrolling in free/subsidized health insurance and CalFresh if they are eligible
- And connecting to other resources, like WIC, cash assistance, tax credits, and others

Fill out a referral form at www.bailanetwork.org or call 1 (888) 624-4752.

LifeLine Phone Service Discount

The California Public Utilities Commission (CPUC) offers the LifeLine phone service—discounted home phone and cell phone services—to all qualified Californians regardless of whether they have a Social Security Number.

Only one California LifeLine discounted phone is allowed per household (except for teletypewriter users and for Deaf and Disabled Telecommunications Program participants). The California LifeLine discounts can only be for the individual's primary residence. Each household may choose to get the discount either on a home phone or on a cell phone, but not on both.

LifeLine eligibility is based on income (e.g., annual income of less than \$48,400 for a family of four), or enrollment in various public assistance programs (e.g., MediCal, Section 8, CalFresh, SNAP, WIC, CalWORKs).

This program also has special services for youth in the foster care system.

Visit www.californialifeline.com to find out if you qualify. Contact and inform your home or cell phone company you want to apply for California LifeLine.

Stay Housed LA

Stay Housed LA is a partnership between Los Angeles County, the City of Los Angeles and local community and legal service providers. They offer workshops for tenants, information on eviction laws, free legal services to eligible tenants facing eviction, and general resources related to housing.

Visit www.stayhousedla.org for more information.



A THANK YOU TO OUR PARTNERS

We would like to thank all of our supporters for providing Los Angeles Unified with important resources, services, and information for our employees, families, and students. Through our collaboration, Los Angeles Unified continues to be a school district that welcomes, respects, celebrates, informs, and supports our entire school community.





WE ARE ONE

Informational Resource Guide for
Students and Families

lausd.org/weareone