

Health Advisory Meeting Minutes

Wednesday, October 15, 2025

Via Zoom

7:30 a.m.

Meeting Link:

<https://us02web.zoom.us/j/89063189498>

Attendance: Stacey Schakel, Theresa Richards, Jennifer Garb-Palumbo, Kelly McVey, Greg Parkinson, Phoebe Lambert, MaryEllen Walsh, Trish Hill, Kristen Hurlburt, Cathy Kingsbury

- 1) Approval of 5/21/25 meeting minutes.
- 2) Opioid overdose response training update/opportunity- awaiting reply from Carl Sadek.
- 3) AED update-student project- deferred until January as Consuelo not in attendance
- 4) Botivin Life Skills Training grades 3-6 (Vaping and Life Skills) update
- 5) Jacob Stapleton Children's Cove- deferred until January as Consuelo not in attendance
- 6) Alternative Peer Group update/Duffy- MMHS
- 7) Behavioral Health 360/Credible minds website launch November 3rd launch (14 and up) free; by the town; self assessment;
- 8) January 2026 start: MA School Wellness Initiative 25-26 SY

The School Wellness Initiative for Thriving Community Health, [SWITCH](#), is a movement dedicated to supporting and advancing wellness efforts for Massachusetts students, schools, and communities. The Massachusetts School Wellness Coaching Program is a SWITCH initiative developed through a collaboration between The John C. Stalker Institute of Food and Nutrition (JSI) at Framingham State University and the Office for Food and Nutrition Programs at the Massachusetts Department of Elementary and Secondary Education (DESE) and is administered by JSI.

Next Meetings for the 25-26 School Year: 1/14/26;3/18/26;5/13/26 by Zoom 7:30 a.m.

Meeting Adjourned: 8 a.m.

Approved: 1/14/26