

Health Advisory Meeting Minutes

Wednesday, Jan 14, 2026

Via Zoom

7:30 a.m.

Meeting Link:

<https://us02web.zoom.us/j/89063189498>

Attendance: Stacey Schakel, Consuello Carroll, Kristen Hurlburt, Trish Hill, Phoebe Lambert, Terri Richards, Linda Farricy, Greg Parkinson, Kelly McVey, Jennifer Garb-Palumbo

- 1) Approval of 10/15/25 meeting minutes.
- 2) AED update-student project- deferred for now. A community partner may be interested in spearheading this project with the town. Rev'd MPS AED protocol.
- 3) Kratom update: Mashpee ban on the "herbal" Kratom (effective Jan 21st.). It's currently available at 4 stores/mini marts in town.
- 4) January 2026 start: MA School Wellness Initiative 25-26 SY update/BMI update

*The School Wellness Initiative for Thriving Community Health, [SWITCH](#), is a movement dedicated to supporting and advancing wellness efforts for Massachusetts students, schools, and communities. The Massachusetts School Wellness Coaching Program is a SWITCH initiative developed through a collaboration between The John C. Stalker Institute of Food and Nutrition (JSI) at Framingham State University and the Office for Food and Nutrition Programs at the Massachusetts Department of Elementary and Secondary Education (DESE) and is administered by JSI. *It is expected sometime this month that the Federal Administration will be releasing updated Dietary Guidelines for Americans (DGAs).*

- 5) Norovirus/Flu: See MPS website for additional information and resources
[Norovirus Fact Sheet](#)
- 6) Children's Cove speaker 1/7/26 Digital - topics on website phones/no warnings safety Proactive strategiesHow to talk to kids;

Next Meetings for the 25-26 School Year: 3/18/26;5/13/26 by Zoom 7:30 a.m.

Meeting Adjourned: 7:55 a.m.

Approved: 3/18/26