



SEPTEMBER 2026

BLAND COUNTY MIDDLE/HIGH SCHOOL

LOW FAT FREE MILK
IS AVAILABLE
WITH ALL MEALS

Monday

Tuesday

Wednesday

Thursday

Friday



**CLOSED
LABOR DAY**

CHOOSE 1 ENTRÉE
GRILLED CHEESE SANDWICH
PB & J 2 BEEF STICKS & CHIPS
CHICKEN SANDWICH
PARFAIT
CHOOSE 1 OR ALL VEGGIES
TOMATO SOUP 1 CUP= 1/4 R/O
CARROTS W/RANCH
FRIES
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
MEATLOAF W/ROLL
PB & J 2 BEEF STICKS & CHIPS
CHICKEN SANDWICH
PARFAIT
CHOOSE 1 OR ALL VEGGIES
GREEN BEANS
MASHED POTATOES
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
PIZZA
PB & J 2 BEEF STICKS & CHIPS
CHICKEN SANDWICH
PARFAIT
CHOOSE 1 OR ALL VEGGIES
SEASONED BROCCOLI
BAKED BEANS
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
HAM SUB W/CHIPSS
PB & J 2 BEEF STICK & CHIPS
CHICKEN SANDWICH
CHOOSE 1 OR ALL VEGGIES
CELERY STICKS W/RANCH
CARROTS W/RANCH
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
BACON CHEESEBURGER ON BUN
PB & J 2 BEEF STICKS & CHIPS
CHICKEN SANDWICH
PARFAIT
CHOOSE 1 OR ALL VEGGIES
BAKED BEANS
FRIES
ROMAINE TOMATO AND PICKLE
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
SCRAMBLED EGGS
BISCUIT & GRAVY
SAUSAGE
PB & J 2 BEEF STICKS & CHIPS
CHICKEN SANDWICH
PARFAIT
CHOOSE 1 OR ALL VEGGIES
POTATO WEDGES
VEGGIE JUICE BOX
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
CHICKEN TENDERS W/MACARONI & CHEESE
PB & J BEEF STICKS & CHIPS
CHICKEN SANDWICH
PARFAIT
CHOOSE 1 OR ALL VEGGIES
CORN
SEASONED BROCCOLI
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
QUESADILLA
PB & J 2 BEEF STICKS & CHIPS
CHICKEN SANDWICH
CHOOSE 1 OR ALL VEGGIES
CUCUMBER SLICES W/RANCH
CARROTS W/RANCH
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
MANDARIN ORANGE CHICKEN W/BROWN RICE
PB & J 2 BEEF STICKS & CHIPS
CHICKEN SANDWICH
CHOOSE 1 OR ALL VEGGIES
GREEN BEANS
SEASONED BROCCOLI
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
SPAGHETTI W/MEAT SAUCE & (2) GARLIC KNOTS
PB & J 2 BEEF STICKS & CHIPS
CHICKEN SANDWICH
PARFAIT
CHOOSE 1 OR ALL VEGGIES
CORN
GARDEN SALAD
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
NACHOS W/CHIPS, BBQ & CHEESE
PB & J 2 BEEF STICKS & CHIPS
CHICKEN SANDWICH
PARFAIT
CHOOSE 1 OR ALL VEGGIES
BAKED BEANS
SALSA CUP
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
CHICKEN CHEESE WRAP
PB & J BEEF STICKS & CHIPS
CHICKEN SANDWICH
PARFAIT
CHOOSE 1 OR ALL VEGGIES
BROCCOLI & CHEESE
FRIES
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
TURKEY SUB W/CHIPS
PB & J 2 BEEF STICKS & CHIPS
CHICKEN SANDWICH
CHOOSE 1 OR ALL VEGGIES
CELERY STICKS W/RANCH
CARROTS W/RANCH
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
POPCORN CHICKEN W/ROLL
PB & J BEEF STICKS & CHIPS
CHICKEN SANDWICH
CHOOSE 1 OR ALL VEGGIES
SCALLOPED POTATOES
GREEN BEANS
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
GRILLED CHEESE SANDWICH
PB & J BEEF STICKS & CHIPS
CHICKEN SANDWICH
PARFAIT
CHOOSE 1 OR ALL VEGGIES
TOMATO SOUP 1 CUP= 1/4 R/O
CARROTS W/RANCH
FRIES
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
MEATLOAF W/ROLL
PB & J 2 BEEF STICKS & CHIPS
CHICKEN SANDWICH
PARFAIT
CHOOSE 1 OR ALL VEGGIES
GREEN BEANS
MASHED POTATOES
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
PIZZA
PB & J 2 BEEF STICKS & CHIPS
CHICKEN SANDWICH
PARFAIT
CHOOSE 1 OR ALL VEGGIES
SEASONED BROCCOLI
BAKED BEANS
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CLOSED

CHOOSE 1 ENTRÉE
BACON CHEESEBURGER ON BUN
PB & J 2 BEEF STICKS & CHIPS
CHICKEN SANDWICH
CHOOSE 1 OR ALL VEGGIES
BAKED BEANS
FRIES
ROMAINE TOMATO AND PICKLE
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
CHICKEN W/GRVY & ROLL
PB & J 2 BEEF STICKS & CHIPS
CHICKEN SANDWICH
PARFAIT
CHOOSE 1 OR ALL VEGGIES
MASHED POTATOES
GREEN BEANS
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

CHOOSE 1 ENTRÉE
SCRAMBLED EGGS
BISCUIT & GRAVY
PB & J 2 BEEF STICKS & CHIPS
CHICKEN SANDWICH
PARFAIT
CHOOSE 1 OR ALL VEGGIES
POTATO WEDGES
VEGGIE JUICE BOX
CHOOSE 1 OR ALL FRUITS
FRESH FRUIT OR FRUIT VARIETY

MY
SCHOOL
BUCKS

PAY FOR MEALS ONLINE
MySchoolBucks.com



Be curious about the world around you, and never stop learning.
DON'T FORGET ALL STUDENTS EAT FREE AGAIN THIS YEAR