



Your Triennial Assessment Report

Triennial Assessment Name: **Sharon Center School Triennial Assessment 2025 (6/2025)**

District Name: **SHARON**

View resources to improve your policy and practices [here](#)

Introduction

Our scores improved over the last assessment.

Our Wellness Team came together in May to go over the WellSAT Practice Questions. Our team consists of our principal, PE teacher, School Nurse, Cafeteria Manager, parent, and Administrative Assistant.

Strong Policies and Aligned Practices

Our policy aligns with the nutrition requirements and regulations for the National School Lunch Program. We make sure we are in compliance with all of the rules of this Federal Program. We make sure all of our students are able to have lunch and fresh water throughout the day.

		10/2022	6/2025	
		Policy Score	Policy Score	Practice Score
FR1	Does the district have specific goals for nutrition education designed to promote student wellness?	2	2	2
FR2	Do your National School Lunch Program meals (and, if	2	2	2

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Policy PolicyPractice
Score Score Score

	applicable, School Breakfast Program meals) meet all federal standards for meal patterns, nutrient levels, and calorie requirements for the grade levels served?			
FR3	Does your school take steps to protect the privacy of students who qualify for free or reduced-price meals?	2	2	2
FR4	Is free (i.e., no cost to students) drinking water available to students during meals?	2	2	2
FR5	Do all school nutrition program directors, managers, and staff meet or exceed the annual continuing education/training hours required by the USDA's Professional Standards requirements?	2	2	2
FR14	Is there an official who is responsible for the implementation and compliance with the wellness policy at the building level for each school?	2	2	2

		10/2022	6/2025	
		Policy	Policy	Practice
		Score	Score	Score

FR15	How is the wellness policy made available to the public?	2	2	2
FR16	Is wellness policy implementation evaluated every three years?	2	2	2
FR17	What is included in the triennial assessment report to the public?	2	2	2
FR18	Has the wellness policy been revised based on the previous triennial assessment?	2	2	2
NES1	Does the district offer breakfast every day to all students?	2	2	2
NES2	Does your school take steps to address feeding students with unpaid meal balances without stigmatizing them?	2	2	2
NES3	Does your school or district provide information to families about eligibility for free or reduced-price meals?	2	2	2
NES4	Does your school use strategies to maximize	2	2	2

	10/2022	6/2025	
	Policy	Policy	Practice
	Score	Score	Score

participation in the school breakfast program and/or school lunch program?

NES5

Are marketing strategies used to promote healthy food and beverage choices in school?

2

2

2

NES6

Do students have at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch, counting from the time they are seated?

2

2

2

NES13

Do teachers or school staff give students food as a reward?

2

2

2

NES14

Do students have consistent and easy access to free drinking water throughout the school day?

2

2

2

NE1

Are skills-based, behavior-focused, and interactive/participatory methods used in nutrition education to develop student skills?

2

2

2

NE2

Do all elementary school students receive sequential and

2

2

2

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 Policy Policy Practice
 Score Score Score

		10/2022 Policy Score	6/2025 Policy Score	Practice Score
	comprehensive nutrition education?			
NE5	Is nutrition education integrated into other subjects beyond health education?	2	2	2
NE6	Do school nutrition services staff members use the following methods to collaborate with teachers to reinforce nutrition education lessons taught in the classroom?	2	2	2
NE7	Does nutrition education address agriculture and the food system?	2	2	2
PEPA1	Does the district have a written physical education curriculum that is implemented consistently for every grade?	2	2	2
PEPA2	Does the district have a written physical education curriculum that is aligned with national and/or state standards?	2	2	2
PEPA3	How does your physical education program promote a	2	2	2

	10/2022	6/2025	
	Policy Score	Policy Score	Practice Score

physically active lifestyle?

PEPA4	How many minutes per week of PE does each grade in elementary school receive?	2	2	2
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PEPA7	Are all physical education classes taught by state certified/licensed teachers who are endorsed to teach physical education?	2	2	2
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PEPA8	Is ongoing professional development offered every year for PE teachers that is relevant and specific to physical education?	2	2	2
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PEPA9	What percentage of students do you estimate do not take PE each year due to exemptions?	2	2	2
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PEPA10	What percentage of students do you estimate do not take PE each year due to substitutions?	2	2	2
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PEPA12	Are there opportunities for all students to engage in	2	2	2
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		physical activity before and after school?		
PEPA13	Is there daily recess for all grades in elementary school?	2	2	2
PEPA14	⇒ Do teachers provide regular physical activity breaks for students in the classroom?	2	2	2
PEPA15	Does the district have "joint-use" or "shared-use" agreements?	2	2	2
PEPA17	⇒ Are teachers encouraged to use physical activity as a reward for students?	2	2	2
PEPA18	Do teachers ever use physical activity as a punishment?	2	2	2
PEPA19	Do teachers ever withhold physical activity as a classroom management tool?	2	2	2
EW1	⇒ Are there strategies used by the school to support employee wellness?	2	2	2
EW2	Are school staff encouraged to model healthy eating and	2	2	2

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Policy Policy Practice
Score Score Score

physical activity behaviors in front of students?

IC1	Is there an active district-level wellness committee?	2	2	2
IC2	Is there an active school-level wellness committee?	2	2	2

Create Practice Implementation Plan

Federal requirements are nutrition education which align with our two policies +142.101 and 3542.41. In September the new Health and Wellness curriculum will be implemented. The implementation will be by the classroom teacher, PE teacher and the school nurse. We will be working with our Central Office and other Region 1 administrators to access the effectiveness of the plans implementation.

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FR13	Which groups are represented on the district-level wellness committee?	2	2	1	
NES9	Are you familiar with any state laws allowing	2	2	1	

	10/2022	6/2025	
	Policy	Policy	Practice
	Score	Score	Score

exemptions
for school-
sponsored
fundraisers
during
which foods
and
beverages
do not have
to meet
Smart
Snacks?

PEPA16

What
proportion
of students
walk or bike
to school?

0

2

1



Update Policies

Policies update June 2022. There have not been any additional changes.

	10/2022	6/2025	
	Policy	Policy	Practice
	Score	Score	Score

NES7	<p>📍 In your district, is it a priority to procure locally produced foods for school meals?</p>	0	0	2	
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Opportunities for Growth

The area for growth is in the area of health and nutrition education. We will be rolling out a new health curriculum in September of 2025 which will address these concerns. Our policy does will not need updating. We have added to the health education curriculum that was previously being administered to ensure that we have sequential and comprehensive topics being addressed that meet state requirements.

	10/2022	6/2025	
	Policy	Policy	Practice
	Score	Score	Score

FR11	<p>Does your district regulate foods and beverages served at class parties and other school celebrations in elementary schools?</p>	1	1	1	
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 Policy Score Policy Practice Score Practice Score

NES8	Do you know where to access the USDA Smart Snacks nutrition standards to check and see if an item can be sold in school during the school day?	1	1	1	
PEPA11	Are there opportunities for families and community members to engage in physical activity at school?	0	0	0	

Comparison with prior assessments

We noticed an increase in our score due to changes in our health curriculum which better addressed the health and nutrition education. As well we have made adjustments in our cafeteria to promote the farm to table with taste testing and promoting and encouraging proper nutrition of students and staff.

Conclusion

In September 2025 we will be implementing additional health and nutrition curriculum through classes and our cafeteria program.

