2026-27
SCHOOL MENTAL HEALTH AND WELLNESS SERVICES

LAUSD UNIFIED

Home Healing Resilience

PARENT & CAREGIVER WORKSHOP SERIES

Join our monthly workshops for parents and caregivers to build skills, find resources, and support student well-being.

- Increase Mental Health Awareness
- Build Resilience & Well-Being
- Share Practical Tools & Resources
- Identify Trusted Adults & Build Community

2026-27 WORKSHOP DATES

Monthly Workshops • 8:30-10:00am

FALL SEMESTER

- August 28, 2026
- September 25, 2026
- October 30, 2026
- November 20, 2026
- December 4, 2026

SPRING SEMESTER

- January 29, 2027
- February 26, 2027
- March 19, 2027
- April 30, 2027
- May 28, 2027

JOIN US!

Scan to join our monthly parent & caregiver workshops.

Or join at: https://lausd.zoom.us/j/84042131178

Student and Family Wellness Resource Line (213) 241-3840 8:00am-4:30pm

www.mentalhealth.lausd.org