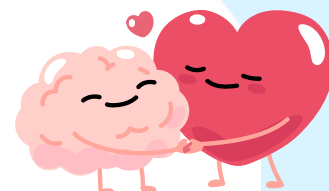


PARENT WORKSHOP

Home Healing Resilience Workshop Series

We All Have Mental Health



Learn the signs. Start the conversation. Be the difference.

Youth mental health challenges are always evolving, and knowing how to recognize the signs and respond with confidence can make a meaningful difference. This session will help you better understand current youth mental health trends, recognize signs of depression and suicide warning signs, and learn what it means to be a trusted adult.



Date: September 25, 2026

Time: 8:30 a.m. – 10:00 a.m.

Location: Virtual on Zoom



SCAN HERE

JOIN US!

<https://lausd.zoom.us/j/84042131178>