



Tips for Nurturing Your Child's Motor and Social-Emotional Development: Ages 7-II



- Provide daily opportunities for movement and physical activity
- Build self –efficacy by facilitating mastery experiences and praising a child's effort and strategies
- Encourage self –regulation by teaching organizational and self-monitoring skills: homework completion/accuracy and managing personal belongings (backpack/accessories/allowance) and space
- Encourage persistence and delayed gratification
- Provide opportunities for your child to develop his/her own sense of right and wrong
- Model and encourage perspective taking
- Give your child opportunities to resolve problems on his/her own
- Give your child the opportunity to reflect: What would you do in this situation? If you could change the situation, what would you do differently? What have you learned from this experience?