



## **Connecting with our Families**

2500 S. Western Ave., LA 90018 • 213. 744. 7000 • [www.sclarc.org](http://www.sclarc.org)



# WHAT IS REGIONAL CENTER?



21 Regional Centers serve all of California

7 Regional Centers cover Los Angeles County

Regional Centers are private, non-profit agencies funded by the State Department of Developmental Services (DDS)

Regional Centers support infants, children and adults with intellectual and/or developmental disabilities regardless of income or legal status.



# WHAT ARE “DEVELOPMENTAL DISABILITIES”?



Must occur during the  
“*developmental period*”  
from birth to 18 years.



Must constitute a  
“substantial disability”  
in a person’s ability to  
care for their own  
needs.



Is attributed to primary  
conditions defined in 5  
categories.



Is likely to continue as a  
lifelong condition.



# WHO IS ELIGIBLE?

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Income is not a factor for eligibility.

Services are provided for free, once found eligible.

Services are provided regardless of citizenship or residency status – consumers can receive services if they are undocumented.

# WHAT AREAS IN LOS ANGELES COUNTY DOES SCLARC SERVE?



Each Regional Center serves a specific geographic area. SCLARC serves the areas indicated on the map.



## Zip Codes covered by SCLARC:

90001, 90002, 90003, 90007\*, 90008, 90011\*, 90016\*, 90018, 90037, 90043, 90044\*\*, 90047\*\*, 90056\*\*, 90058\*, 90059, 90061, 90062, 90201, 90220, 90221, 90222, 90240, 90241, 90242, 90248\*\*, 90255, 90262, 90270, 90280, 90723, 90746

\*Service Area shared with  
Lanterman Regional Center  
\*\* Service Area shared with  
Westside Regional Center

# HOW DO YOU RECEIVE REGIONAL CENTER SERVICES? OVER AGE 3

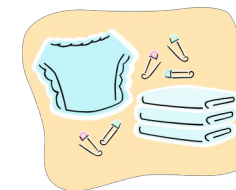


- A person can qualify for services at any age, however, the person must be diagnosed with an intellectual and/or a developmental disability **before the age of 18**.
  - Autism
  - Cerebral Palsy
  - Epilepsy or Seizure Disorder
  - Intellectual Disability (formerly known as mental retardation)
  - The “Fifth Category” of developmental disability, which includes those conditions closely related to an intellectual disability that require similar treatment, intervention, and support.
- Regional centers do not provide support to persons who are only diagnosed with a mental illness (i.e. depression, schizophrenia), have a learning disability (i.e. dyslexia, auditory processing disorder), are only deaf or blind, or only have a speech disorder.



# SUPPORTS

- Family Resource Center
- Parent Support Groups
  - Educational Parent Trainings
- Educational Advocacy Support
- Assistance with locating needed community resources – food, diapers, Tap cards (first come first served & availability), (\*Since COVID-19 March 2020 , masks, hand sanitizers, gloves; time limited basis)
- Trainings
  - Behavior Management
  - Nutrition & Wellness
  - Mental Health Awareness
- Presentations in the community (\*Since COVID-19, Virtual Presentations may be offered)
- Dental Clinics
- Support to judicially involved & incarcerated consumers



# SERVICES PROVIDED

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- Vended services may include:
  - Vocational adult day programs
  - Residential placement
  - Independent living services / Supported living services
  - Infant development programs
  - Behavior management programs
  - Social Skills Training / Adaptive Skills Training
  - Respite services
  - Personal assistance
  - Transportation services





# TRANSITION PLANNING

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Planning for life beyond High School



# PLANNING FOR TRANSITION TO ADULTHOOD

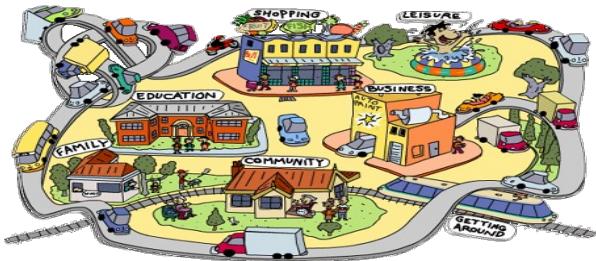


Is helping the student to develop skills to obtain services and supports necessary to function adequately as an adult.

At home

In the community

At work or a specific day activity.





# THE TRANSITION PROCESS

**The School District** is to prepare the student for transition by developing employment and adult life skill objectives as a part of the IEP/ITP.

**DOR** is to provide each student with career counseling by identifying and tracking hands on skills while within the education setting



# REGIONAL CENTER TRANSITION



- Before or after the Exit IEP meeting the service coordinator is to meet with the student and family to develop a Person Center Plan (PCP). This plan help the SC identify and/or obtain services to facilitate the transition.
  - ILS Independent living skills
  - Safety and mobility training
  - Transportation
  - Housing
  - Work or day programs



# PLANNING FOR WORK



INTEREST AND ABILITIES



PREFERENCES OF  
ENVIRONMENTS, HOURS,  
LOCATIONS, ACTIVITIES



ACCOMMODATIONS  
AND SUPPORTS



CAREER OPPORTUNITIES



POTENTIAL SOCIAL  
RELATIONSHIPS



EARNINGS AND BENEFITS



TRANSPORTATION



SHORT TERM / LONG  
TERM GOALS

# TYPES OF EMPLOYMENT

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# TYPES OF EMPLOYMENT



Integrated  
Employment



Customized  
Employment



Job Readiness  
(Pre  
Employment  
support)



# INTEGRATED EMPLOYMENT



- Employment where Consumers are able to:
  - Work in their community
  - Work with people with and without disabilities
  - Earn minimum wage or more
  - Have the opportunity to get raises and promotions



# CUSTOMIZED EMPLOYMENT



**Discovery**: Gathering information from the job seeker and the Customized Employment support team to determine the job seeker's interest, skills, and preferences related to potential employment that guide the development of a customized job.



**Job Search Planning**: Using the information learned about a job seeker in Discovery to develop a plan for meaningful employment, determine a list of potential employers, and conduct an analysis of benefits.

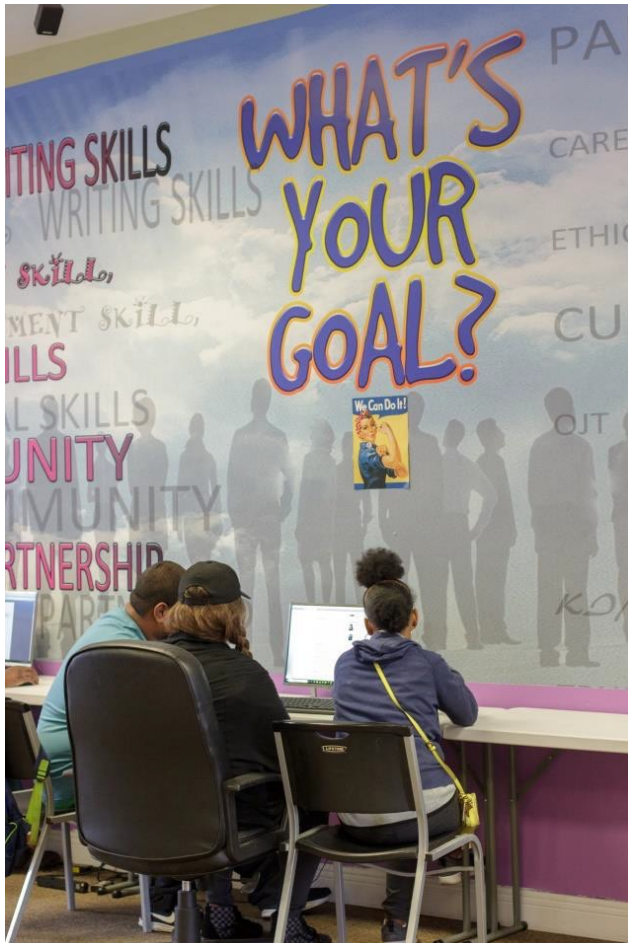


**Job Development and Negotiation**: Working collaboratively with the job seeker and the employer to negotiate a customized job; the provision of supports; and the terms of employment that will match the job seeker's interests, skills, conditions necessary for success, and specific contributions to fill the unmet needs of an employer.



**Post-Employment Support**: Setting up ongoing post-employment supports and monitoring the employment relationship to ensure satisfaction of both the employee and the employer.

# TYPES OF SUPPORTS



Job readiness  
(pre-employment services)

Supported employment- One on  
One support in the workplace

Job placement and planning

Money Management

Transportation services

# QUESTIONS?

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**For infants and children below the age of three:**

Referrals can be made by:

Phone: 213-744-8807 OR 213-744-7068

\* Fax : 213-947-4115

\*Email: [earlystartintake@sclarc.org](mailto:earlystartintake@sclarc.org)

**For individuals ages 3 and above:**

Referrals can be made by:

Phone: 213-744-8880 OR 213-744- 8872

\* Fax: 213-559-0612

\* Email: [lantermanintake@sclarc.org](mailto:lantermanintake@sclarc.org)



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