



**LAUSD**  
**UNIFIED**

# **Curriculum and Instruction Meeting**

## **Health Education Programs**

**Dr. Frances Baez, Chief Academic Officer**

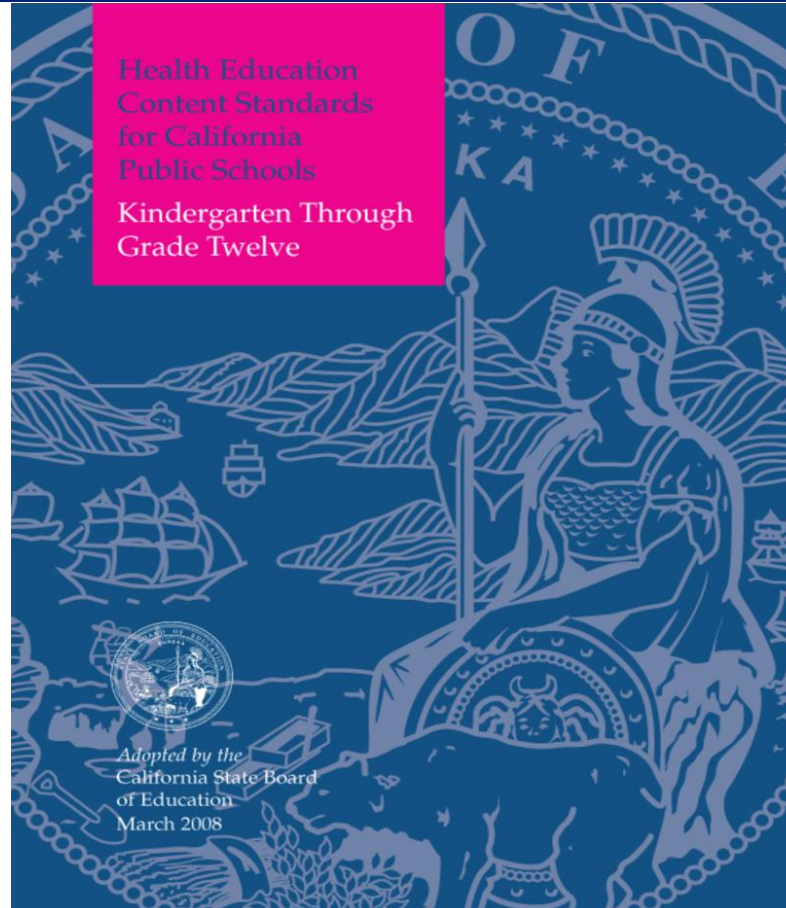
**Timothy Kordic, Project Adviser**

# Objectives

- Overview of the California Health Education Standards and Framework
- Health Education Implementation
- Sexual health education, including LGBTQ+ inclusivity

# **Health Education Standards and Framework**

# CA Health Education Standards K-12



Health Education  
Content Standards  
for California  
Public Schools

Kindergarten Through  
Grade Twelve



Adopted by the  
California State Board  
of Education  
March 2008

# CA Health Education Framework

## HEALTH EDUCATION FRAMEWORK



**FOR CALIFORNIA PUBLIC SCHOOLS**  
*Kindergarten Through Grade Twelve*

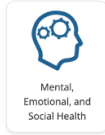
Adopted by the California State  
Board of Education  
May 2019

Published by the California  
Department of Education  
Sacramento, 2021



# CA Health Education Standards

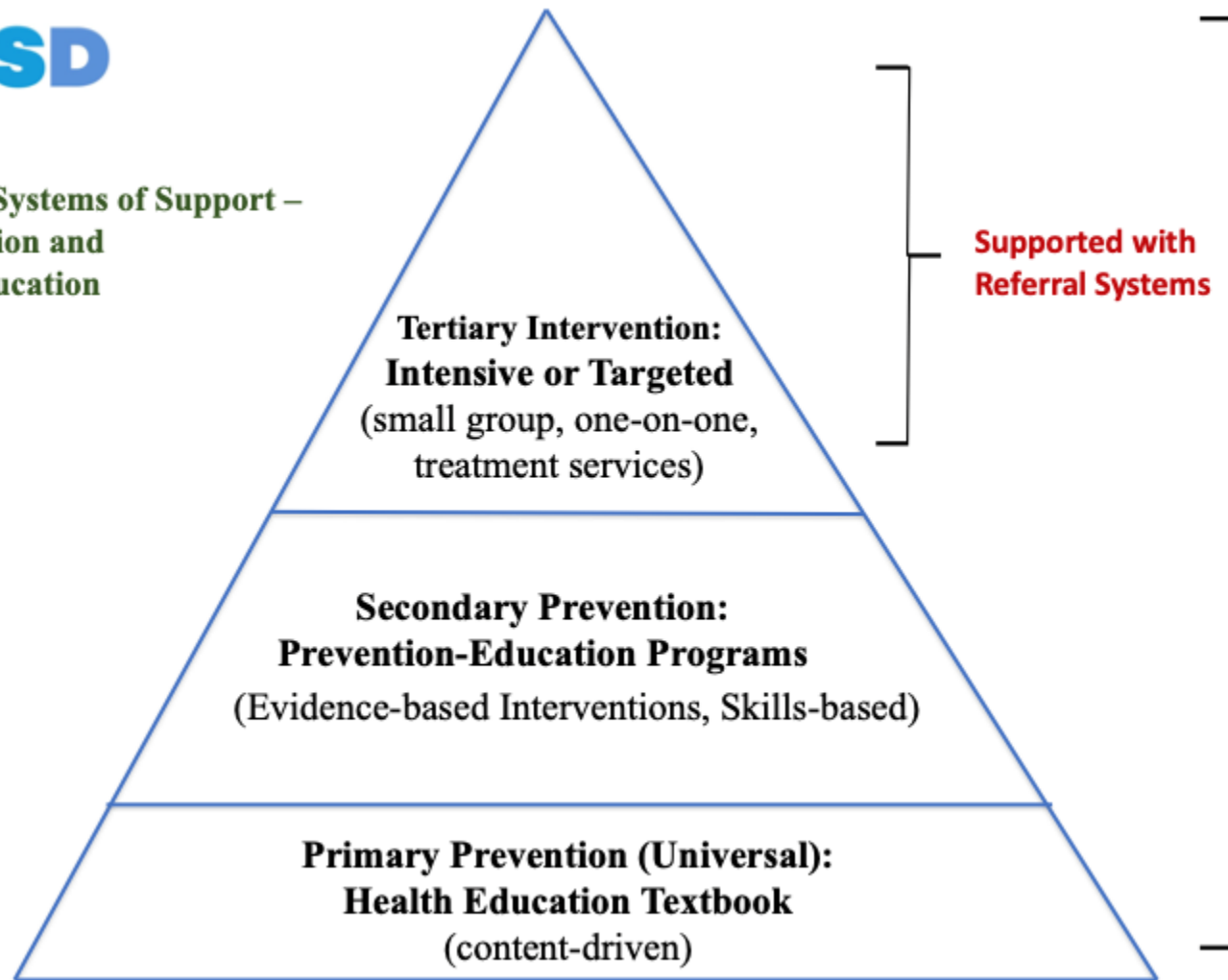
## The Six Health Education Content Areas



Grade-Level Emphasis	Nutrition and Physical Activity	Growth, Development, and Sexual Health		Injury Prevention and Safety	Alcohol, Tobacco, and Other Drugs	Mental, Emotional, and Social Health	Personal and Community Health
		Growth and Development	Sexual Health				
Kindergarten	✓	✓		✓	✓	✓	✓
Grade 1		✓		✓			✓
Grade 2	✓				✓	✓	
Grade 3		✓				✓	✓
Grade 4	✓			✓	✓		
Grade 5	✓	✓	✓				✓
Grade 6				✓	✓	✓	
Grades 7 and 8	✓	✓	✓	✓	✓	✓	✓
High School (Grades 9 Through 12)	✓	✓	✓	✓	✓	✓	✓

# **Implementation of Health Education**

**Multiple-Tier Systems of Support –  
Health Education and  
Prevention Education**



**Awareness  
Campaigns:**  
Supports Efforts  
in all Tiers.

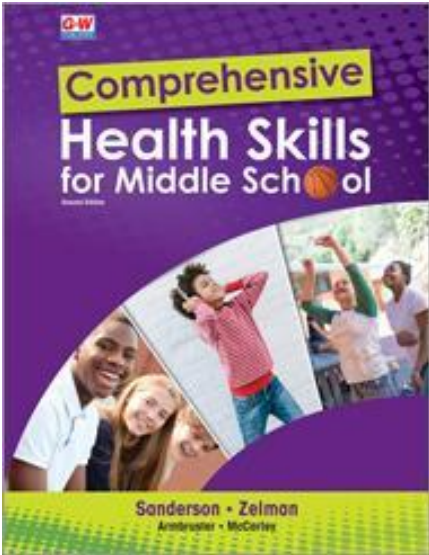


# Universal: Health Education

Elementary

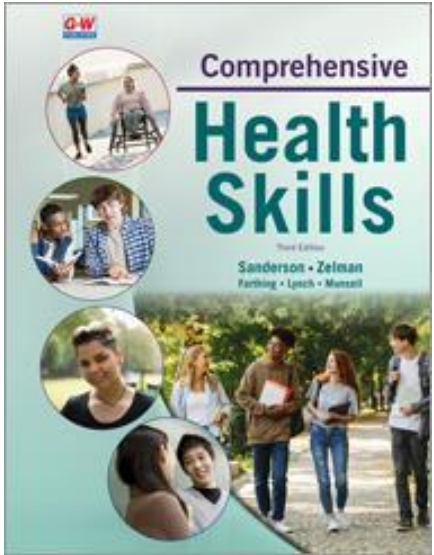


Middle School



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High School



# Prevention Education: Supplemental Evidence Based Interventions



Elementary

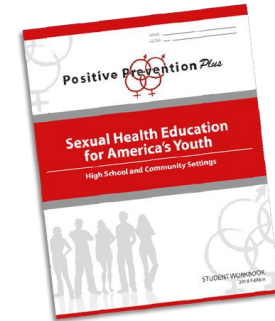
Middle School

High School

Rights, Respect,  
Responsibility



Puberty:  
the  
Wonder Years



Learn to teach **iMatter: Puberty, Gender & Fairness**

# **Sexual Health Education**

# CA Healthy Youth Act (CHYA), 2016

- The bill requires school districts to ensure that all pupils in grades seven to twelve, inclusive, receive comprehensive sexual health education and HIV prevention education.
- Provides guidelines on **content** for middle and high school
- Provides guidelines on **delivery** for elementary, middle, and high school
- LGBTQ + Affirming

# Prevention Education: Supplemental Evidence Based Interventions



Elementary

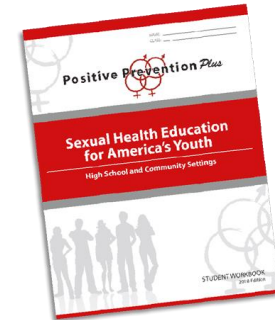
Middle School

High School

Rights, Respect,  
Responsibility



Puberty:  
the  
Wonder Years



Learn to teach **iMatter: Puberty, Gender & Fairness**

# LGBTQ+ Affirming

“Affirming health education and services help youth understand gender identity and sexual orientation with age appropriate and medically accurate information; incorporate positive examples of LGBTQ individuals, romantic relationships and families; emphasize the need for protection during sex for people of all identities; and dispel common myths and stereotypes about behavior and identity.”

# LGBTQ+ Themes in Curriculum

## **Elementary (lessons/minutes)**

- Health Textbook: The Great Body Shop
- Sexual Health Program (Grade 5)

## **Middle School (lessons/minutes)**

- Health Textbook: Health Smart or Comprehensive Health Skills
- Sexual Health Program (Grade 6 and 7)

## **High School (lessons/minutes)**

- Health Textbook: Comprehensive Health Skills
- Sexual Health Program (Grade 9)

# QUESTIONS

