



**LAUSD**  
UNIFIED

# Guidelines for Student Screen Time Policy

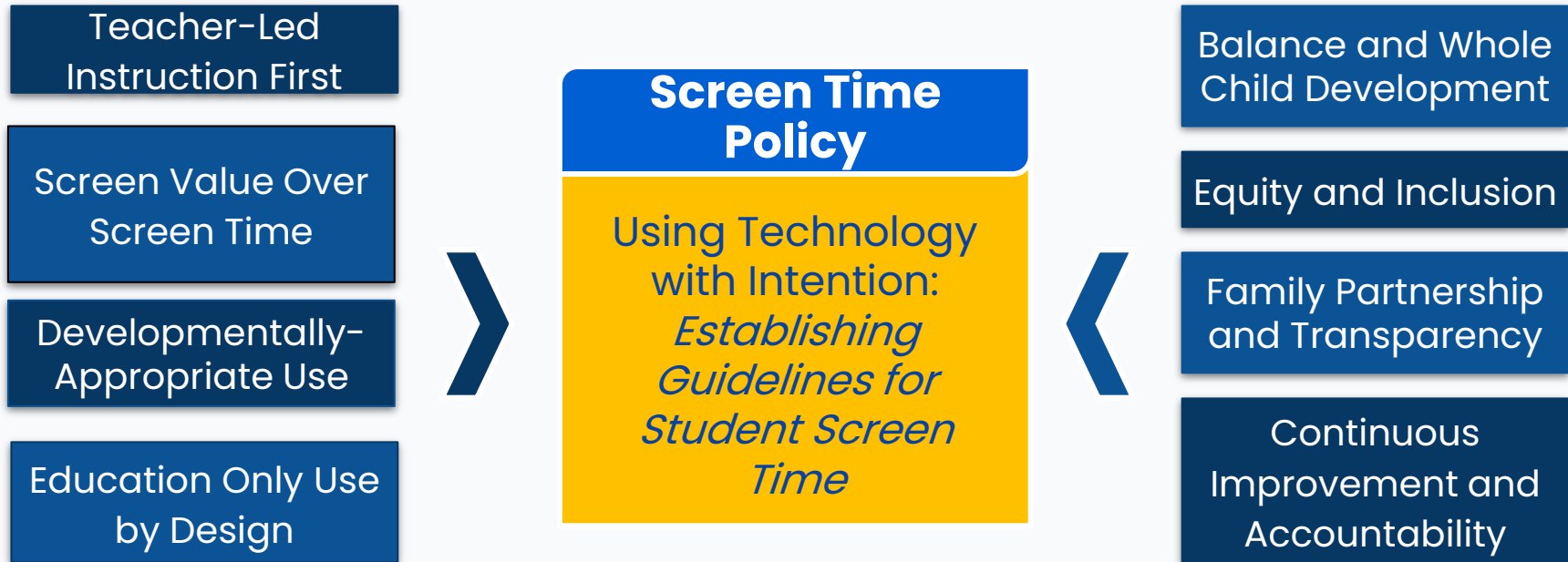
LAUSD Board of Education Meeting  
June 23, 2026

*Dr. Frances Baez, Chief Academic Officer*  
*Douglas Le, Interim Chief Information Officer*

# Agenda

- Policy Framing
- From May 2026 Committee of the Whole Meeting to Now
  - Update on Research and Engagement
  - Screen Time Guidance Changes
  - Key Policy Changes
- Final Policy at a Glance
- Q&A

# District Values



# Research and Engagement

## LAUSD Office of Research & Program Evaluation

### Five key research considerations guided revisions:

- Limit take-home device use for younger students.
- Prioritize education-only use of technology.
- Preserve teacher-led instruction.
- Manage cumulative screen exposure.
- Apply age-appropriate guardrails and continuous evaluation.



## U.S. Surgeon General's Advisory

### Under 18 months:

*No screen time*

### 1.5 to 6 years:

*Less than 1 hour per day*

### 6-18 years:

*Maximum 2 hours per day*



## Community Engagement

### Thought Exchange

**(19K participants):**

- Strong support was expressed for zero minutes for EE-Grade 1.
- Balanced approach that prioritizes instructional value, student well-being, and teacher-led learning.
- Importance of preserving teacher judgment regarding technology use.
- Concerns: student focus, attention, mental health and well-being, online safety and privacy.

# Screen Time Guidance

## May 19 Draft

### Early Ed, K & Grade 1

- Strict 0 minutes per day

### Grades 2–3:

- 0–20 minutes/day

### Grades 4–5:

- 0–30 minutes/day

### Grades 6–8:

- Recommendation of 60–120 minutes/day

### Grades 9–12:

- Recommendation of 90–180 minutes/day



## June 23 Final Policy

### Early Ed, K & Grade 1

- Strict 0 minutes per day policy maintained

### Grades 2–5: Balanced Integration:

- 0–60 minutes/day or 0–300 minutes/week
- Combined into a single implementation guidance
- Homework included. Guidance will be provided

### Grades 6–12: Structured Boundaries:

- Maximum limit of 0–120 minutes/day or 0–600 minutes/week
- Combined into one guidance
- Converted from recommendations to limits
- Homework included. Guidance will be provided

# Key Policy Changes

## May 19 Draft

- Recommendations
- General research references
- Broad guidance
- General equity language
- Limited parent rights language

## Removed

- "Non-instructional use shall be discouraged"
- Broad instructional gaming exception language
- General "professional judgment" implementation language
- Separate recommendations for grades 6–8 and 9–12

## June 23 Final

- Maximum limits
- Office of Research evidence base
- Detailed implementation language
- Specific student groups identified
- Expanded transparency and consent provisions

## Replaced with

- Explicit restrictions and blocking requirements
- Educator-directed and approved-use exceptions
- Consistent schoolwide implementation expectations
- Clear maximum daily and weekly limits

# Policy Comparison: Draft vs. Final

May 19 Draft

Feedback & Research

June 23 Final Policy

## What Remained Consistent

- Technology supports learning
- Teacher-led instruction remains central
- Equity and accessibility remain priorities
- Students continue to have access to instructional technology

## What Improved

- Stronger research foundation
- Greater parent transparency
- More explicit protections for student well-being
- Clearer expectations for schools
- Expanded safeguards for advertising and platform access
- Better alignment with Board Resolution Res-048-25/26

# Screen Time Policy Timeline

May 19–June 2,  
2026

- Open Feedback Period
- US Surgeon General's Screen Time Advisory published

June 3–18,  
2026

- Policy Refinement
- Executive Leadership Briefing
- Board Member Briefings

June 23–26,  
2026

- Board approval
- Inter-Office Correspondence released
- Drop-in sessions

July–Aug  
2026

- Professional development at Principals Leadership Institute
- MyPLN and Banked Time PDs, Office Hours
- Back to School toolkits and resources for parents and families
- IOC: Early Ed-Grade 1 Implementation

Nov  
2026

- Grades 2–5 Implementation
- Ongoing professional development and training
- Ongoing technical support
- Ongoing parent and family engagement

Jan  
2027

- Grades 6–12 Implementation
- Ongoing professional development and training
- Ongoing technical support
- Ongoing parent and family engagement

Continued engagement for feedback, emerging research, and guidance



**LAUSD**  
UNIFIED

# Q&A



**LAUSD**  
UNIFIED

---

# Thank You

