



World Mental Health Day

Mental Health & Wellness
Supports in LAUSD



BACKGROUND

WORLD MENTAL HEALTH DAY

World Mental Health Day raises global awareness of mental health challenges and promotes actions that support emotional well-being for all.

In **LAUSD**, it's a reminder that mental health is essential to learning, attendance, and student success.

Prevalence

1.095

Billion people diagnosed with a mental health disorders.



1 in 7 youth live with diagnosed mental health disorder.



more likely to develop long-term health issues without mental health treatment.

3rd leading cause of death

Suicide is the 3rd leading cause of death among people 15-29 world-wide.

Depression and Anxiety are the leading causes of disability in the world.

CREATING A **CULTURE OF CARE**

Schools and mental health teams work together to build wellness, connection, and care across campuses.



OVER 60,000

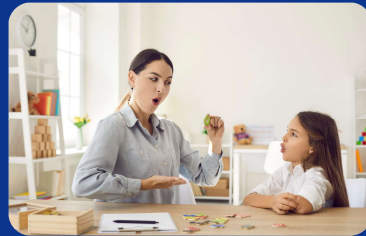
students were connected to
care through our diverse
programs.



MENTAL HEALTH & WELLNESS PROGRAMS



Early Education



Special Education
Counseling Services



Mental Health Clinics &
Wellness Centers



School Based



Telehealth
Mental Health



BSAP



Crisis Counseling

CURRENT LANDSCAPE

Districtwide teachers, administrators, school counselors, PSA counselors, district nurses work collaboratively to respond to students in crisis.

PSWs provide expert leadership in school crisis response and connect students to School Mental Health and community programs for specialized supports as needed.



2024-25 ISTAR DATA

9461

incidents of suicide ideation or behavior

3468

threats to cause physical harm

833

incidents of family and community violence

MHET OVERVIEW

MISSION

In situations involving students and staff dealing with or suffering from a mental health crisis, the Mental Health Evaluation Team (MHET), a partnership between the Los Angeles School Police Department and School Mental Health, provides compassionate intervention, assessment, triage, and appropriate linkages to services.



A Continuum of Care: From Prevention to Protection to Safety

PROACTIVE

- Proactive, Data-Informed Outreach
- Monthly Virtual Learning Sessions for School Site Crisis Teams
- On-Demand Consultation & Support

PROTECT

- Are they already connected to appropriate mental health services?
- Do they have at least 1 supportive and responsive caregiver?
- Is there a safety plan in place?

ASSESS

- Do they have a clear and viable plan to harm themselves or others?
- Do they have access and means to carry out their plan?
- Is there a lack of supervision?

MHET RESPONSES

42% High School

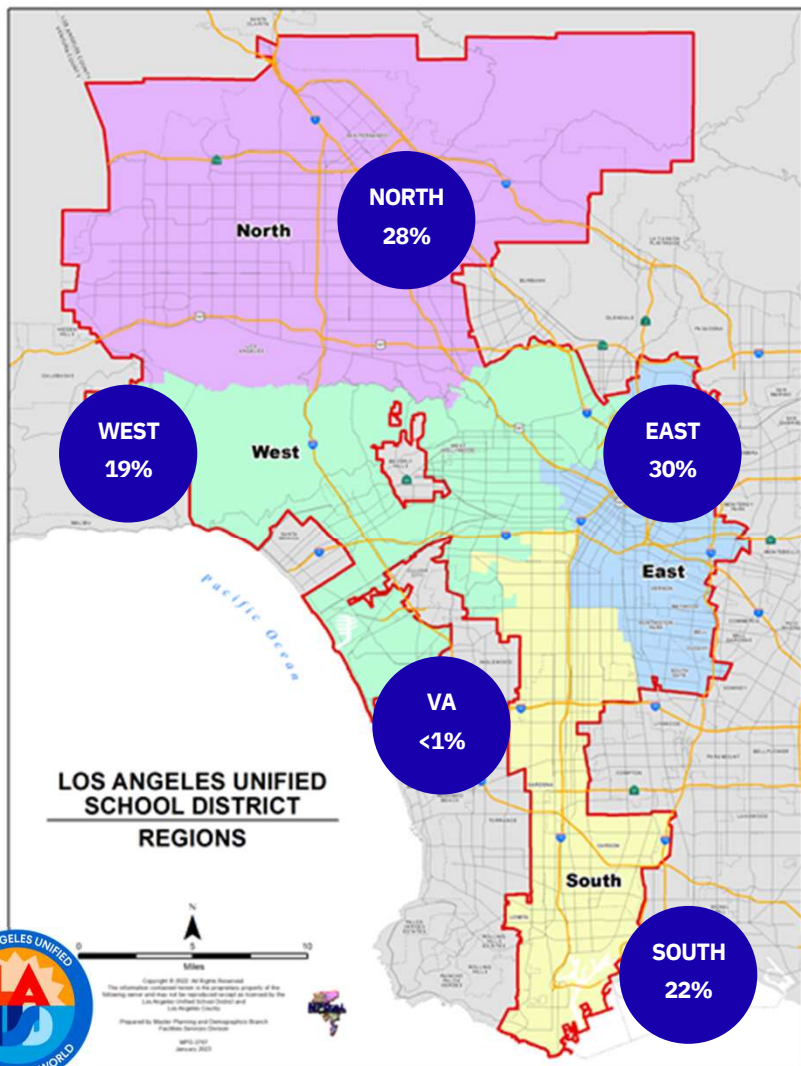
33% Middle School

17% Elementary

6% Span Schools

1% Clinics

1% Adults



MHET DATA

LASPD Calls for Service Data

723

Calls for Service (CFS)
received by LASPD Watch
Commander

537

MHET Responses

140

Transports to Hospital



MHET DATA

Specialized Populations Served by MHET



40%

SPECIAL EDUCATION
Students with active IEPs

10%

LGBTQIA+
Student self identifying

15%

GIFTED
Eligibility per MiSIS

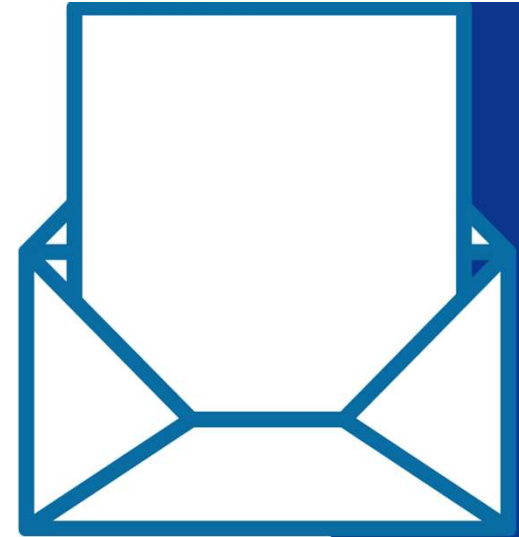
35%

DCFS INVOLVED
Open case or new report
filed during MHET
response

MHET FEEDBACK

PARENT EXPERIENCE

"...I was extremely relieved that the care providers from MHET reviewed my child's file, read his IEP, and familiarized themselves with the paperwork I had carefully prepared for him before meeting him..."



STUDENT EXPERIENCE

"..You appeared in my life when I needed it most.... You cared about me without knowing who I was, although all you knew were the bad things about me. So many thought that I could not get out of my problems and that I would never overcome what happened. However, at this time, I want to thank you for believing in me. ...that is what I am doing, moving forward, day after day and not giving up or allowing myself to be defeated. "

CALL TO ACTION

Awareness

Let's continue raising awareness that mental health is central to student well being, while uplifting campaigns like **iMatter** and **HomeBased Healing**, and highlighting our District's resources and partnerships, including **Wellness Centers and telehealth services**.

Collaboration

Join us at our upcoming events such as our **Youth Mental Health Symposium** on May 1, 2026, where you can see youth engage in peer led workshops and showcases around mental health, and follow-us on social media.

Training

We invite community members to join our monthly **Rooted in Resilience** and **Early Education TRiEE parent workshops**, available on Zoom and at schools across our regions. To request a training for your school, call 213-241-3840.

