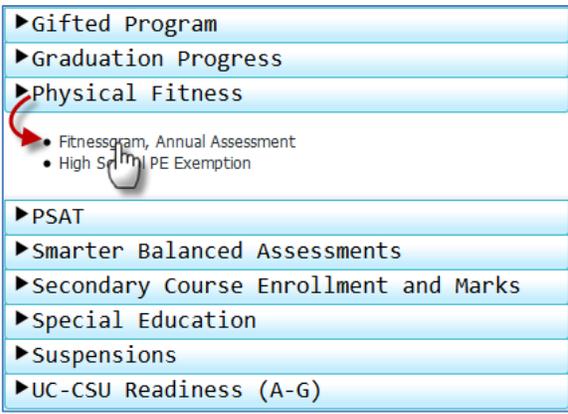
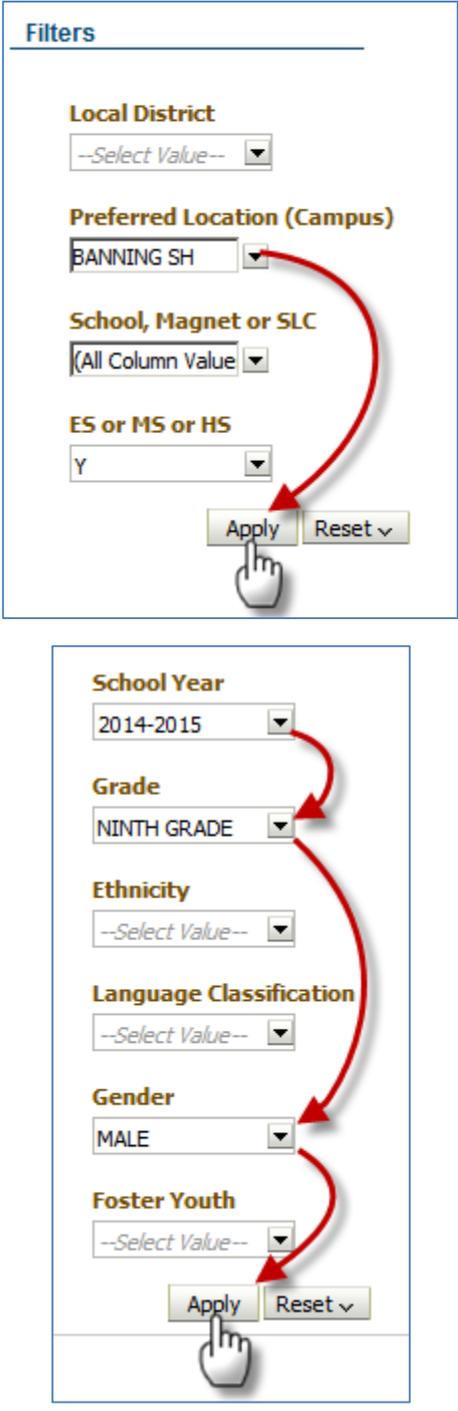


A. How can I access my school's overall Fitnessgram data?

Step #	Step	Icon/Link	Comments																																																													
1.	Click on the School menu at the top of the page, scroll down and click on Physical Fitness then choose Fitnessgram, Annual Assessment	 <ul style="list-style-type: none"> ▶ Gifted Program ▶ Graduation Progress ▶ Physical Fitness <ul style="list-style-type: none"> • Fitnessgram, Annual Assessment • High School PE Exemption ▶ PSAT ▶ Smarter Balanced Assessments ▶ Secondary Course Enrollment and Marks ▶ Special Education ▶ Suspensions ▶ UC-CSU Readiness (A-G) 																																																														
2.	Both reports on this dashboard display data for the Fitnessgram test. The first displays results by area and the second displays counts of students who have met 0 of 6 of the Fitnessgram areas.	 <p>Number of Physical Fitness Areas Meeting the Healthy Fitness Zone (HFZ)</p> <table border="1"> <thead> <tr> <th># of Fitness Areas Meeting the HFZ</th> <th># of Students</th> <th>% of Students</th> </tr> </thead> <tbody> <tr> <td>PASSED FITNESSGRAM</td> <td>52,963</td> <td>43%</td> </tr> <tr> <td>- 6 OF 6</td> <td>27,836</td> <td>23%</td> </tr> <tr> <td>- 5 OF 6</td> <td>25,127</td> <td>21%</td> </tr> <tr> <td>DID NOT PASS FITNESSGRAM</td> <td>69,186</td> <td>57%</td> </tr> <tr> <td>- 4 OF 6</td> <td>23,890</td> <td>20%</td> </tr> <tr> <td>- 3 OF 6</td> <td>19,462</td> <td>16%</td> </tr> <tr> <td>- 2 OF 6</td> <td>13,738</td> <td>11%</td> </tr> <tr> <td>- 1 OF 6</td> <td>6,213</td> <td>5%</td> </tr> <tr> <td>- 0 OF 6</td> <td>5,385</td> <td>4%</td> </tr> <tr> <td>OVERALL</td> <td>122,149</td> <td>100%</td> </tr> </tbody> </table> <p>Report ID: AGG25AS.2</p> <p>FITNESSGRAM Physical Fitness Area Summary</p> <p>School Year: 2014-2015</p> <p>Display as: % of Students</p> <table border="1"> <thead> <tr> <th>Physical Fitness Area</th> <th>Total Students</th> <th>In HFZ **</th> <th>Not in HFZ **</th> </tr> </thead> <tbody> <tr> <td>AEROBIC CAPACITY</td> <td>122,149</td> <td>53%</td> <td>47%</td> </tr> <tr> <td>BODY COMPOSITION</td> <td>122,149</td> <td>51%</td> <td>49%</td> </tr> <tr> <td>ABDOMINAL STRENGTH</td> <td>122,149</td> <td>72%</td> <td>28%</td> </tr> <tr> <td>TRUNK EXTENSOR STRENGTH</td> <td>122,149</td> <td>64%</td> <td>36%</td> </tr> <tr> <td>UPPER BODY STRENGTH</td> <td>122,149</td> <td>59%</td> <td>41%</td> </tr> <tr> <td>FLEXIBILITY</td> <td>122,149</td> <td>75%</td> <td>25%</td> </tr> </tbody> </table> <p>** HFZ = Healthy Fitness Zone</p> <p>Report ID: AGG25AS.1</p>	# of Fitness Areas Meeting the HFZ	# of Students	% of Students	PASSED FITNESSGRAM	52,963	43%	- 6 OF 6	27,836	23%	- 5 OF 6	25,127	21%	DID NOT PASS FITNESSGRAM	69,186	57%	- 4 OF 6	23,890	20%	- 3 OF 6	19,462	16%	- 2 OF 6	13,738	11%	- 1 OF 6	6,213	5%	- 0 OF 6	5,385	4%	OVERALL	122,149	100%	Physical Fitness Area	Total Students	In HFZ **	Not in HFZ **	AEROBIC CAPACITY	122,149	53%	47%	BODY COMPOSITION	122,149	51%	49%	ABDOMINAL STRENGTH	122,149	72%	28%	TRUNK EXTENSOR STRENGTH	122,149	64%	36%	UPPER BODY STRENGTH	122,149	59%	41%	FLEXIBILITY	122,149	75%	25%	
# of Fitness Areas Meeting the HFZ	# of Students	% of Students																																																														
PASSED FITNESSGRAM	52,963	43%																																																														
- 6 OF 6	27,836	23%																																																														
- 5 OF 6	25,127	21%																																																														
DID NOT PASS FITNESSGRAM	69,186	57%																																																														
- 4 OF 6	23,890	20%																																																														
- 3 OF 6	19,462	16%																																																														
- 2 OF 6	13,738	11%																																																														
- 1 OF 6	6,213	5%																																																														
- 0 OF 6	5,385	4%																																																														
OVERALL	122,149	100%																																																														
Physical Fitness Area	Total Students	In HFZ **	Not in HFZ **																																																													
AEROBIC CAPACITY	122,149	53%	47%																																																													
BODY COMPOSITION	122,149	51%	49%																																																													
ABDOMINAL STRENGTH	122,149	72%	28%																																																													
TRUNK EXTENSOR STRENGTH	122,149	64%	36%																																																													
UPPER BODY STRENGTH	122,149	59%	41%																																																													
FLEXIBILITY	122,149	75%	25%																																																													



Step #	Step	Icon/Link	Comments
3.	<p>You can use the filters on the left-hand side of the page to limit the data that appears. To select a location, use the Preferred Location.</p> <p>You can also filter for school year or student demographics.</p> <p>Be sure to click the Apply button when changes are made within each filter pane.</p>		

B. How can I access individual student data?

Step #	Step	Icon/Link	Comments																																																																																
1.	To bring up a list of individual students, simply click on a blue underlined number or percentage in either of the tables. The pie chart is also drillable.	<table border="1"> <thead> <tr> <th># of Fitness Areas Meeting the HFZ</th> <th># of Students</th> <th>% of Students</th> </tr> </thead> <tbody> <tr> <td>PASSED FITNESSGRAM</td> <td>144</td> <td>47%</td> </tr> <tr> <td>- 6 OF 6</td> <td>77</td> <td>25%</td> </tr> <tr> <td>- 5 OF 6</td> <td>67</td> <td>22%</td> </tr> <tr> <td>DID NOT PASS FITNESSGRAM</td> <td>161</td> <td>53%</td> </tr> <tr> <td>- 4 OF 6</td> <td>51</td> <td>17%</td> </tr> <tr> <td>- 3 OF 6</td> <td>31</td> <td>10%</td> </tr> <tr> <td>- 2 OF 6</td> <td>30</td> <td>10%</td> </tr> <tr> <td>- 1 OF 6</td> <td>3</td> <td>5%</td> </tr> <tr> <td>- 0 OF 6</td> <td>3</td> <td>11%</td> </tr> <tr> <td>OVERALL</td> <td>305</td> <td>100%</td> </tr> </tbody> </table> <p style="text-align: center;">Print - Export</p>	# of Fitness Areas Meeting the HFZ	# of Students	% of Students	PASSED FITNESSGRAM	144	47%	- 6 OF 6	77	25%	- 5 OF 6	67	22%	DID NOT PASS FITNESSGRAM	161	53%	- 4 OF 6	51	17%	- 3 OF 6	31	10%	- 2 OF 6	30	10%	- 1 OF 6	3	5%	- 0 OF 6	3	11%	OVERALL	305	100%																																																
# of Fitness Areas Meeting the HFZ	# of Students	% of Students																																																																																	
PASSED FITNESSGRAM	144	47%																																																																																	
- 6 OF 6	77	25%																																																																																	
- 5 OF 6	67	22%																																																																																	
DID NOT PASS FITNESSGRAM	161	53%																																																																																	
- 4 OF 6	51	17%																																																																																	
- 3 OF 6	31	10%																																																																																	
- 2 OF 6	30	10%																																																																																	
- 1 OF 6	3	5%																																																																																	
- 0 OF 6	3	11%																																																																																	
OVERALL	305	100%																																																																																	
	Here is the roster when clicking on the 30 students who meet 2 of 6 Health Fitness Zones.	<table border="1"> <thead> <tr> <th>Cost Center</th> <th>School Name</th> <th>Student Name (Last, First)</th> <th>Student ID</th> <th>Grade</th> <th>Gndr</th> <th>Ethn</th> <th>Lang Class</th> <th>Pov Ind</th> <th>Foster Youth</th> </tr> </thead> <tbody> <tr> <td>000000</td> <td>BANNING SH</td> <td>ALVAREZ, DOMINIQUE</td> <td>000000000</td> <td>09</td> <td>M</td> <td>HI</td> <td>IFEP</td> <td>Y</td> <td></td> </tr> <tr> <td>000000</td> <td>BANNING SH</td> <td>ALVAREZ, HENRI</td> <td>000000000</td> <td>09</td> <td>M</td> <td>HI</td> <td>RFEP</td> <td>Y</td> <td></td> </tr> <tr> <td>000000</td> <td>BANNING SH</td> <td>ARIZONA, JESSICA</td> <td>000000000</td> <td>09</td> <td>M</td> <td>HI</td> <td>RFEP</td> <td>Y</td> <td></td> </tr> <tr> <td>000000</td> <td>BANNING SH</td> <td>BARBERAN, GABRIEL</td> <td>000000000</td> <td>09</td> <td>M</td> <td>HI</td> <td>RFEP</td> <td>Y</td> <td></td> </tr> <tr> <td>000000</td> <td>BANNING SH</td> <td>BARRERA, GABRIEL</td> <td>000000000</td> <td>09</td> <td>M</td> <td>HI</td> <td>LEP</td> <td>Y</td> <td></td> </tr> <tr> <td>000000</td> <td>BANNING SH</td> <td>BARRERA, JONATHAN</td> <td>000000000</td> <td>09</td> <td>M</td> <td>HI</td> <td>EO</td> <td>Y</td> <td></td> </tr> <tr> <td>000000</td> <td>BANNING SH</td> <td>BARTOLUCCI, CHRISTOPHER</td> <td>000000000</td> <td>09</td> <td>M</td> <td>HI</td> <td>IFEP</td> <td>Y</td> <td></td> </tr> </tbody> </table>	Cost Center	School Name	Student Name (Last, First)	Student ID	Grade	Gndr	Ethn	Lang Class	Pov Ind	Foster Youth	000000	BANNING SH	ALVAREZ, DOMINIQUE	000000000	09	M	HI	IFEP	Y		000000	BANNING SH	ALVAREZ, HENRI	000000000	09	M	HI	RFEP	Y		000000	BANNING SH	ARIZONA, JESSICA	000000000	09	M	HI	RFEP	Y		000000	BANNING SH	BARBERAN, GABRIEL	000000000	09	M	HI	RFEP	Y		000000	BANNING SH	BARRERA, GABRIEL	000000000	09	M	HI	LEP	Y		000000	BANNING SH	BARRERA, JONATHAN	000000000	09	M	HI	EO	Y		000000	BANNING SH	BARTOLUCCI, CHRISTOPHER	000000000	09	M	HI	IFEP	Y		
Cost Center	School Name	Student Name (Last, First)	Student ID	Grade	Gndr	Ethn	Lang Class	Pov Ind	Foster Youth																																																																										
000000	BANNING SH	ALVAREZ, DOMINIQUE	000000000	09	M	HI	IFEP	Y																																																																											
000000	BANNING SH	ALVAREZ, HENRI	000000000	09	M	HI	RFEP	Y																																																																											
000000	BANNING SH	ARIZONA, JESSICA	000000000	09	M	HI	RFEP	Y																																																																											
000000	BANNING SH	BARBERAN, GABRIEL	000000000	09	M	HI	RFEP	Y																																																																											
000000	BANNING SH	BARRERA, GABRIEL	000000000	09	M	HI	LEP	Y																																																																											
000000	BANNING SH	BARRERA, JONATHAN	000000000	09	M	HI	EO	Y																																																																											
000000	BANNING SH	BARTOLUCCI, CHRISTOPHER	000000000	09	M	HI	IFEP	Y																																																																											
	To Print , Export or Return back to the summary tables and charts, scroll to the bottom of the page and click on the appropriate link.	<p>Scroll Down</p> <p>Return - Print - Export - Create Bookmark Link</p>																																																																																	