CHOP, STIR, LEARN & HAVE FUN!

KIDS COOKING CLASSES

Offered by Culinary Comfort Est. 2007

SHS DECEMBER



Classes now available Holiday Break Call Mary for details



EASY. FUN, NO FUSS.
An easy, fun, and no fuss approach to cooking and baking

LIFELONG SKILLS
Young chefs have fun in my hands-on participation classes while learning

CREATIVE & CURIOUS
Kids are naturally creative and adventurous the kitchen is a perfect place for their self Expression!

CONFIDENCE BOOST
Kids gian confidence in the kitchen as they learn new skills, get creative,and share

* New foods become favorites and picky eaters change their perception of flavors!
* Knowledge of healthy food choices, other cultures, and cuisines while expanding math, vocabulary, and teamwork, and cleaning their workspace skills.
*All classes emphasize safety first and how to properly use kitchen utensils, tools, and equipment while developing more confidence in the kitchen.
* Healthy cooking and eating habits are imparted...even when we make sweet treats!



WHEN	COST	WHO	REGISTER
Thursdays After school 3-5:15 pm	$54 individual class December 3rd & 10th $99 All materials provided No extra fees	Kindergarten Through 8th grade	Turn in registration to SHS school office

Holiday cooking class
Very small class sizes
Call Mary



We celebrate Fall with new recipes and old favorites!

Any Questions? Please text or call **Mary** at **(760) 774-0228**

After School Cooking Class Registration Form Sacred Heart School

Classes held in the PRE SCHOOL KITCHEN

PICK UP at the Pre School Kitchen at 5:15 pm TURN FORM INTO SHS OFFICE...

$99 _____ Thursday weekly December Cooking Classes

Individual Day $54 Dec _____3rd _____10th

Classes now available
Holiday Breaks
Call Mary for details

Special cooking classes
Very small class sizes

Please fill in form legibly...One form per student

Name_____ Gender: M / F Age: _____ DOB_____ Grade ____

Parent / Guardian Name:_____

Address: _____ City: _____ Zip: _____

Parent/Guardian Email 1: _____ Email 2 _____

Home #: _____ Cell #: _____ Work: _____

Allergies: _____ **Medical Conditions:** _____

Emergency Contact: _____ Phone#: _____ Relationship: _____

Physician Name: _____ Phone: _____

Physician address: _____City_____

Policies:

*** Students need to arrive on time and need to be picked up directly at the end of class by an approved guardian.**
*** Students are expected to be respectful of other students, instructors and all rules. Parent will be called to pick up student that disrupt class. No refunds for classes when removed for disorderly conduct.**
*** Students must wear close toed shoes, their hair must be pulled back off the face, and no jewelry should be worn.**
*** All tuition is due at the first of the month. There are no refunds, credits or transfers to another month.**
*** No registration fees are required. Make up class available with instructor approval and if class space allows.**

Participation in a Culinary Comfort cooking class may involve student use of cooking equipment and tools in a kitchen environment. It is understood and expressly agreed to by the Parent (or student) that by making payment for (including the redemption of a gift certificate or volunteering) and/or by participating in the class, the Parent / Student releases, indemnifies and hold harmless Mary Gefroh, Culinary Comfort and any and all contractors, subsidiaries or associates, from any and all liability of any kind for any damages and/ or injuries incurred in connection with the students attendance at a Culinary Comfort class and understands and accepts the risks inherent in the preparation, cooking and eating of food with other people in the kitchen.

Parent/guardian hereby give permission for participant to attend the after school cooking class at Sacred Heart School and agree to the above listed policies.

Parent / Guardian Signature_____ Date: _____

Questions: Contact Mary at (760)774-0228 text/call