



Meet Your Nutritious Friend:
Avocado-do

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers
4 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	5 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	6 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	7 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	8 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers
11 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	12 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	13 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	14 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	15 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers
18 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	19 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	20 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	21 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	22 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers
25 SCHOOL CLOSED MEMORIAL DAY	26 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	27 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	28 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	29 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers

What is a Meal?
Students must choose at least 3 of the 4 components available for the school breakfast price.
- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk
A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals
(served with graham crackers)
Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

Choice of Fruit
Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk
1% white, fat-free white, fat-free chocolate, fat-free strawberry

(V) Vegetarian
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg
(VG) Vegan
These items do not contain any animal products

Your Team

Stacy Oates, Food Service Director
732-269-1302 ext. 4201
soates@btboe.org

Meal Prices

Student Breakfast \$0.00
Reduced Breakfast \$0.00

