



Meet Your Nutritious Friend:
Mr. Oatis

Monday	Tuesday	Wednesday	Thursday	Friday
2 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	3 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	4 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	5 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	6 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers
9 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	10 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	11 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	12 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	13 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers
16 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	17 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	18 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	19 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	20 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers
23 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	24 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	25 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	26 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	27 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers
30 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers	31 Assorted Cereals, Breakfast Pastries or Cereal Bar with Graham Crackers			

What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals (served with graham crackers)

Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free strawberry

(V) Vegetarian

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan

These items do not contain any animal products

Your Team

Stacy Oates, Food Service Director
732-269-1302 ext. 4201
soates@btboe.org

Meal Prices

Student Breakfast	\$0.00
Reduced Breakfast	\$0.00

