

(P) Pork
(T) Turkey

coolcat

FOOD • FUN • FRIENDS

Free Breakfast

William E. Cottle Elementary SCHOOL |Breakfast

MENU

September 2026

Daily Options: Bagel with butter or cream cheese & yogurt w/ graham cracker, Yogurt & Muffin

Meal,

Assorted Cereal w / graham cracker.

Choice of Fresh Fruit : Apples, Orange Wedges, Bananas & 1%, Skim, Fat-Free Chocolate and Lactose Free milk with all meals.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Menus are subject to change without notice. Questions regarding this menu, or dietary concerns please contact Food Service Director, Kiana Whitehead at (914)906-4741



Superintendent Conference Day

Low Sodium Bacon(P)/Sausage(T) / Egg & Cheese on a WG Bagel **3**

WG Sugar & Cinnamon Donut
String Cheese
Banana
100% Grape Juice

Low Sodium Bacon(P) / Sausage(T) / Egg & Cheese on a WG Bagel **4**

WG Mini Confetti Pancakes & Turkey Sausage Links
Fresh Grapes
100% Apple Juice

Low Sodium Bacon(P) / Sausage(T) / Egg & Cheese on a WG Bagel **8**

Maple Turkey Sausage Pancake
Wrap
Apple Slices
100% Orange Juice

Low Sodium Bacon(P) / Sausage(T) / Egg & Cheese on a WG Bagel **9**

French Toast Bites & Turkey Sausage Links
Fresh Grapes
100% Apple Juice

Low Sodium Bacon(P) / Sausage(T) / Egg & Cheese on a WG Bagel **10**

WG Waffles & Sausage Links(T)
Fresh Grapes
100% Apple Juice

Low Sodium Bacon(P) / Sausage(T) / Egg & Cheese on a WG Bagel **11**

French Toast Sticks & Sausage Links(T)
Orange Wedges
100% Apple Juice

Low Sodium Bacon(P) / Sausage(T) / Egg & Cheese on a WG Bagel **14**

WG Waffles & Turkey Sausage Links
Fresh Grapes
100% Apple Juice

Low Sodium Bacon(P) Sausage(T) / Egg & Cheese on a WG Bagel **15**

Apple Cinnamon Oatmeal
Strawberries
100% Apple Juice

Low Sodium Bacon(P) / Sausage(T) / Egg & Cheese on a WG Bagel **16**

Vanilla Confetti
Snack 'n Waffles & Sausage Links(T)
Apple Slices
100% Orange Juice

Low Sodium Bacon(P) / Sausage(T) / Egg & Cheese on a WG Bagel **17**

Maple Turkey Sausage Pancake
Wrap
Apple Slices
100% Orange Juice

Low Sodium Bacon(P) / Sausage(T) / Egg & Cheese on a WG Bagel **18**

WG Pancake & Sausage Links(T)
Banana
100% Grape Juice

Low Sodium Bacon(P) / Sausage(T) / Egg & Cheese on a WG Bagel **22**

Mini Blueberry Waffles & Sausage Links(T)
Strawberries
100% Apple Juice

Low Sodium Bacon(P) Sausage(T) / Egg & Cheese on a WG Bagel **23**

Maple Brown Sugar Oatmeal
Strawberries
100% Apple Juice

Low Sodium Bacon(P) / Sausage(T) / Egg & Cheese on a WG Bagel **24**

WG Mini Confetti Pancakes & Turkey Sausage Links
Fresh Grapes
100% Apple Juice

Low Sodium Bacon(P) / Sausage(T) / Egg & Cheese on a WG Bagel **25**

WG Pancake & Sausage Links(T)
Banana
100% Grape Juice

Low Sodium Bacon(P) / Sausage(T) / Egg & Cheese on a WG Bagel **28**

Cinnamon / Powder Sugar Churros(2) & String Cheese
Craisins
100% Apple Juice

Low Sodium Bacon(P) / Sausage(T) / Egg & Cheese on a WG Bagel **29**

WG Pancake & Sausage Links(T)
Banana
100% Grape Juice

Low Sodium Bacon(P) / Sausage(T) / Egg & Cheese on a WG Bagel **30**

Mini Blueberry Waffles & Sausage Links(T)
Strawberries
100% Apple Juice

All Students are entitled to receive 1 Reimbursable Breakfast and Lunch Daily At No Cost.

**Second Meal Price: Breakfast \$2.10
Lunch \$3.90**

Adult Price: \$5.20 + tax



Free Lunch

William E. Cottle Elementary SCHOOL |Lunch MENU

Daily Options: September 2026

Turkey and Cheese Sandwich, Ham(P) and Cheese Sandwich, Cheese Sandwich, Salami(P) and Cheese(Boar's Head). Yogurt & Muffin Meal w/graham cracker (choices of strawberry or vanilla yogurt & blueberry, chocolate or banana muffin) Bagel Meal w/ yogurt & string cheese., Chicken Caesar Salad, Garden Salad w/parmesan cheese & croutons or WG dinner roll, and Yogurt Parfait Meals w/ granola.

MONDAY

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TUESDAY



WEDNESDAY

THURSDAY

FRIDAY



Chicken Nuggets 14
WG Breadstick
OR
Grilled Cheese on WG Bread
Tomato Soup
Celery Sticks
Fresh Apple Slices

(B) Hamburger/ Cheeseburger Served WG Bun 8
OR
Chicken Corn Dogs
Roasted Zucchini
Red Pepper Strips
Fresh Watermelon

(B) Hot Dog on a WG Roll 9
Or
Pizza Sticks
Marinara Sauce
Vegetarian Beans
Coleslaw
Orange Wedges

Chicken Tenders 10
WG Breadstick(
OR
Spaghetti & (B)Meatballs
Steamed Peas & Carrots
Celery Sticks
Peaches

Cheese/Pepperoni(P) Pizza 11
OR
Pretzel Pack
(Includes Mozzarella String Cheese & Yogurt)
Steamed Green Beans
Baby Carrots
Pineapple

(B) Hamburger/ Cheeseburger 15
Served WG Bun
OR
Cheese/Chicken Quesadilla on a WG Tortilla
Steamed Green Beans
Baby Carrots
Fresh Cantaloupe

(B)Hot Dog 16
Served on a WG Roll
OR
Popcorn Chicken Mashed Potato Bowl with a WG dinner roll
Baked Vegetarian Beans
Grape Tomatoes
Pears

Chicken Tenders 17
WG Roll
Or
Lasagna
WG Garlic Bread
Celery Sticks
Sautéed Spinach
Mixed Fruit Cup

Cheese/Pepperoni(P) Pizza 18
OR
Pretzel Pack
(Includes Mozzarella String Cheese & Yogurt)
Side Salad
Baby Carrots
Pineapple



(B) Hamburger/ Cheeseburger 22
Served on a WG Bun
OR
Macaroni & Cheese
Edamame Beans
Red Pepper Strips
Fresh Blueberries

(B) Hot Dog on a WG Roll 23
OR
Brunch For Lunch
WG French Toast
Turkey Sausage Patties
Sweet Potato Fries
Cucumber Slices
Diced Peaches

Chicken Tenders 24
WG Garlic Bread
OR
Cheese Ravioli w/Marinara Sauce
WG Garlic Bread
Steamed Edamame Beans
Cucumber Slices
Fresh Strawberries

Cheese/Pepperoni(P) Pizza 25
OR
Pretzel Pack
(Includes Mozzarella String Cheese & Yogurt)
Steamed Corn
Baby Carrots
Pineapple

Chicken Nuggets 28
WG Breadstick
OR
Pizza Crunchers
Marinara Sauce
Roasted Cauliflower
Baby Carrots
Pineapple

(B)Hamburger/ Cheeseburger 29
Served WG Bun
OR
Beef Nachos
Black Beans & Corn
Pickle Chips
Fresh Grapes

Hot Dog on a WG Bun 30
OR
Orange Popcorn Chicken w/ Rice
Steamed Broccoli
Red Pepper Strips
Honeydew melon

All Chicken is All-Natural, Whole-Muscle Meat Chicken
(WG) Denotes Whole Grain
(P) Denotes Pork
(B) Denotes Beef

Gluten Free
Kosher/Halal
Available Upon Request



Tuckahoe UFSD MS/HS SCHOOL | Breakfast MENU

September 2026

Available Daily: Fresh WG Bagel w/ cream cheese or butter. Fresh Baked Muffin: Blueberry, Chocolate Chip. Yogurt Parfait w/ Granola, Assorted WG Reduced Sugar Cereal with Graham Cracker Goldfish. Apples and Oranges. 100 % Fruit Juice: Apple, Fruit Punch, Grape. Choice of 1%, Skim, Fat-Free Chocolate and Lactose Free Milk

(P)Pork

Free Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All Students are entitled to receive 1 Reimbursable Breakfast and Lunch Daily At No Cost. Second Meal Price: Breakfast \$2.10 Lunch \$3.90 Adult Price: \$5.20 + tax	Superintendent Conference Day		Oatmeal Banana Chocolate Chip Breakfast Round OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 3	Cinnamon Breakfast Bun OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 4
LABOR DAY	Cinnamon Sugar Churro Bites OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 8	Waffle Wednesday OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 9	Turkey Sausage Pancake Wrap OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 10	Blueberry Muffin Square OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 11
French Toast Sticks OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 14	Turkey Sausage Pancake Wrap OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 15	Waffle Wednesday OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 16	Cinnamon Sugar Churro Bites OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 17	WG Plain or Cinnamon Sugar Donut. OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese on a WG Roll 18
HAPPY Yom Kippur	Cheesy Egg & Tater Tot Breakfast Taco OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 22	Waffle Wednesday OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 23	Oatmeal Banana Chocolate Chip Breakfast Round OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 24	Cheesy Egg & Tater Tot Breakfast Taco OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 25
Blueberry Muffin Top OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 28	Pancake Bites OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 29	Waffle Wednesday OR Egg & Cheese / Low Sodium Bacon(p) Egg & Cheese On WG Roll 30	Menus are subject to change without notice. Questions regarding this menu, or dietary concerns please contact Food Service Director, Kiana Whitehead at (914)906-4741	



Free Lunch

Tuckahoe UFSD MS/HS SCHOOL |

LUNCH MENU

September 2026

Available Daily: Sandwich Meal Made to order Deli Bar (Boar's Head) - Choice of meat/cheese, served on whole grain bread, wrap or roll, includes vegetables, fruit/juice.

Salads A daily selection of fresh produce, vegetables, meats & croutons served with fruit/juice Served Daily: Hamburger/ Cheeseburger (Beef) Meal, Chicken Patty Meal, Chicken Tender Meal/ Chicken Nugget Meal, Pizza Meal, Yogurt Parfait w/Granola Meal. Fruit Smoothie w/ Graham Cracker. Choice of 1%, skim, fat-free chocolate and lactose free milk available daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All Students are entitled to receive 1 Reimbursable Breakfast and Lunch Daily At No Cost. Second Meal Price: Breakfast \$2.10 Lunch \$3.90 Adult Price: \$5.20 + tax			Garlic Chicken Lo Mein Bowl Steamed Broccoli Baby Carrots Fresh Watermelon 3	Gochujang Hot Honey Chicken Sandwich WG Bun Steamed Corn Celery Sticks Diced Peaches 4
	Pizza Sticks w Marinara Sauce Baked Vegetarian Beans Red Pepper Strips Watermelon Cubes 8	Mexican Street Corn Macaroni and Cheese w/ Premium Chicken Nuggets Steamed Green Beans Baby Carrots Mixed Berry Cup 9	Philly Cheesesteak w/ Sauteed Peppers & Onions On WG Club Roll Steamed Carrots Side Garden Salad Honeydew Melon 10	Bean & Cheese Burrito (WG) Black Beans Red Pepper Strips Fresh Apples 11
Pasta & Meat Sauce(B) WG Dinner Roll Steamed Green Beans Fresh Carrot & Celery Sticks Diced Pear Cup 14	Beef Tacos WG Flour Tortilla/Yellow Corn Shell Black Bean & Corn Baby Carrots Fresh Blueberries 15	<u>Brunch For Lunch</u> WG French Toast Sausage Links(P) Hash Brown Fresh Cucumbers Fresh Strawberries 16	Cheese Ravioli Spaghetti Sauce WG Dinner Roll Sauteed Spinach Grape Tomatoes Fresh Grapes 17	BBQ Chicken Melt WG Bun Oven Baked Fries Pickle Chips Fresh Strawberries 18
	Pittsburgh Style Chicken Sandwich WG Roll Fresh Garden Salad Green & Red Pepper Strips Fresh Banana 22	Baked Lasagna Roll Sauteed Kale Celery Sticks Fresh Pineapple 23	Orange Popcorn Chicken w/ Broccoli Baby Carrots Fresh Bananas 24	3 Cheese/Pepperoni (P) Calzone Butternut Squash Cucumber Slices Fresh Peaches 25
Chicken Alfredo WG Dinner Roll Roasted Butternut Squash Baby Carrots Fresh Pear 28	Beef Burrito Bowl Cilantro Lime Brown Rice Pinto Beans Diced Tomatoes Fresh Pineapple 29	Sloppy Joe Melt Steamed Corn Grape Tomatoes Cantaloupe 30	<u>All Chicken is All-Natural. Whole-Muscle Meat Chicken</u> (WG) Denotes Whole Grain (P) Denotes Pork (B) Denotes Beef Available Upon Request: Kosher/Halal Gluten Free	
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