

October Breakfast Menu 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				WG Waffle 2ea w/ Syrup OR WG Toast / Cereal 1ea Sliced Bacon 4ea Diced Mango Cup 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	WG Sausage & Egg Croissant 1ea OR WG Toast / Cereal 1ea Fresh Cut Cantaloupe 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Sausage Patty 1ea Scrambled eggs 2oz Biscuits w/ Gravy 1ea Baked Apples 4oz Yogurt Milk, Juice Water
4	5	6	7	8	9	10
Cereal Bowls Cereal Bars Oatmeal Bowls Yogurt Cups Fruit Cups Milk, Juice Water	WG Pancake Bites 4ea w/ Syrup OR WG Toast / Cereal 1ea Diced Payapa Cup 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	WG Cinnamon Roll 1ea OR WG Toast / Cereal 1ea Sliced Bacon 4ea Diced Mixed Fruit Cup 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	WG Chicken & Waffle 1ea w/ Syrup OR WG Toast / Cereal 1ea Fresh Apple Slices 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	WG Bacon, Egg & Cheese Croissant 1ea OR WG Toast / Cereal 1ea Fresh Cut Cantaloupe 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	WG Pancakes 2ea w/ Syrup OR WG Toast / Cereal 1ea Sausage Patty 1ea Fresh Sl. Strawberries 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	
11	12	13	14	15	16	17
	WG Breakfast Pizza 1ea OR WG Toast / Cereal 1ea Diced Peach Cup 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	WG Strawberry C. Cheese Bagel 1ea OR WG Toast / Cereal 1ea Sliced Bacon 4ea Fresh Cut Cantaloupe 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	WG French Toast Stix 4ea w/Syrup OR WG Toast / Cereal 1ea Sausage Links 2ea Cinnamon Baked Apples 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Scram Eggs & Cheese 2oz w/ WG Toast 2ea OR WG Toast / Cereal 1ea Potato Rounds 2ea Fresh Sl. Strawberries 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Mandatory Workday	
18	19	20	21	22	23	24
	WG Ham & Eggs Croissant 1 ea OR WG Toast / Cereal 1ea Applesauce Cup 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	WG Cinnamon Roll 1ea OR WG Toast / Cereal 1ea Sliced Bacon 4ea Diced Mango Cup 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Egg & Cheese Biscuit 1ea OR WG Toast / Cereal 1ea Diced Pear Cup 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	WG Pancake Sausage Bites 4ea w/ Syrup OR WG Toast / Cereal 1ea Fresh Cut Cantaloupe 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Sausage, Egg & Cheese Biscuit 1ea OR WG Toast / Cereal 1ea Fresh Sl. Strawberries 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	
25	26	27	28	29	30	31
	WG Donut Holes 1ea OR WG Toast / Cereal 1ea Potato Rounds 2ea Diced Pears Cup 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Sausage Biscuit 1ea OR WG Toast / Cereal 1ea Diced Peaches Cup 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Scram Eggs & Cheese 2oz w/ WG Toast 2ea OR WG Toast / Cereal 1ea Potato Rounds 2ea Cinnamon Baked Apples 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	WG Waffle 1ea w/ Syrup OR WG Toast / Cereal 1ea Sliced Bacon 4ea Fresh Sl. Strawberries 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	WG Sausage & Egg Croissant 1ea OR WG Toast / Cereal 1ea Fresh Cut Cantaloupe 1/2c Assorted Fruit Yogurt 4oz Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	