October Lunch Menu 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Baked Chicken 2oz OR WG Ham & Cheese Sandwich 1ea WG Macaroni & Cheese 1/2c Black Eye Peas 1/2c Romaine Salad 1/2c Applesauce Cup 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	WG Grilled Cheese Sandwich 1ea OR WG PB & J Sandwich 1ea Baby Carrots 1/2c Sliced Cucumbers 1/2c Fresh Apple Slices 1/2c BBQ Baked Chips 1ea Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Chicken Sandwich Potato Wedges Corn On the Cob Ice Cream Cups Milk, Juice Water
4	5	6	7	8	9	10
	WG Pork Chop 1ea w/ WG Corn Muffin OR WG PB & J Sandwich 1ea Pinto Beans 1/2 c Roasted Red Potatoes 1/2c Diced Pear Cup 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	WG Chicken Tender 3ea w/ WG Roll 1ea OR WG Turkey & Cheese Sandwich 1ea Baked Beans (3/4c) Sweet Potato Waffle Fries 1/2c Diced Peach Cup 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	WG Beef Fiestada Pizza 1ea OR WG Turkey & Cheese Sandwich 1ea Mixed Vegetables 1/2c Oven Baked French Fries 1/2c Romaine Salad 1/2c Fresh Sl. Strawberries 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Mllk 8oz	Baked Spaghetti 1c w/ WG Breadstick 1ea OR WG Turkey & Cheese Sandwich 1ea Buttered Sw. Corn 1/2c Romaine Salad 1/2c Diced Payapa Cup 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Hamburger on WG bun 1ea w/ LTP OR WG PB & J Sandwich 1ea Cole Slaw 1/2c Sliced Cucumbers 1/2c Fresh Apple Slices 1/2c Sun Chips 1ea Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	
11	12	13	14	15	16	17
	WG Pepperoni Pizza 1ea OR WG PB & J Sandwich 1ea Steamed Broccoli 1/2c Buttered Sw. Corn 1/2c Diced Pear Cup 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	BBQ Pork Rib Patty on WG Bun 1ea. OR WG Ham & Cheese Sandwich 1ea Green Peas 1/2c Sw. Potato Waffle Fries 1/2c Applesauce Cup 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Beef Hot Dog on WG Bun 1ea OR WG Ham & Cheese Sandwich 1ea Baked Beans 1/2c Oven Baked French Fries 1/2c Cole Slaw 1/2c Diced Mango Cup 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Chicken Alfredo w/ WG Breadstick 1ea OR WG Ham & Cheese Sandwich 1ea Green Beans 1/2c Roasted Sw. Potato 1/2c Diced Mixed Fruit Cup 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	**Mandatory Workday**	
18	19	20	21	22	23	24
	WG Breaded Chicken Nuggets 5ea w/ WG Yeast Roll 1ea OR WG PB & J Sandwich 1ea Steamed Broccoli 1/2c Roasted Sweet Potatoes 1/2c Diced Peach Cup 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Meatballs w/ Brown Gravy 5ea Rotini Noodles 1/2c OR WG Ham & Cheese Sandwich 1ea Green Peas 1/2c Sliced Carrots 1/2c Applesauce Cup 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Diced BBQ Chicken on WG Bun 1ea OR WG Turkey & Cheese Sandwich 1ea Green Beans 1/2c Tater Tots 1/2c Fresh Sl. Strawberries 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Fish Nuggets 4ea / WG Roll OR WG Turkey & Cheese Sandwich 1ea Mashed Potato 1/2c Buttered Sw. Corn 1/2c Diced Mango Cup 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Chicken Filet on WG bun 1ea w/ LTP OR WG PB & J Sandwich 1ea Baby Carrots 1/2c Sliced Cucumbers 1/2c Fresh Apples Slices 1/2c BBQ Baked Chips 1ea Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	
25	26	27	28	29	30	31
	WG Mozz Cheese Sticks 5ea w/ Marinara Cup 1ea OR WG PB & Jelly Sandwich 1ea California Blend 1/2c Sweet Potato Waffle Fries 1/2c Diced Peach Cup 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	WG Popcorn Chicken w/ Orange Sauce 10ea Fried Brown Rice 1/2c OR WG Turkey & Cheese Sandwich 1ea Sliced Carrots 1/2c Green Beans 1/2c Fresh Cut Cantaloupe 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Nachos w/ Tostitos & Cheese Sauce 1/4c w/ Salsa Cup 1/2c, Lettuce & Tomato OR WG Ham & Cheese Sandwich 1ea Buttered Sw. Corn 1/2c Pinto Beans 1/2c Diced Mango Cup 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	**Fall Festival Menu** Beef Hot Dog on WG Bun 1ea Bagged Potato Chips 1ea Cole Slaw 1/2c Baby Carrots 1/2c Diced Fruit Cup 1/2c Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	Hamburger on WG bun 1ea w/ LTP OR WG PB & J Sandwich 1ea Cole Slaw 1/2c Sliced Cucumbers 1/2c Diced Payapa Cup 1/2c Cheez-its 1ea Assorted Fruit Juice 4oz & Fresh Fruit Assorted Milk 8oz	

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