



**Meet Your Nutritious Friend:  
Mr. Oatis**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>Chicken Sticks Dinner Roll Pizza Craveable</p> <p><b>FEATURED VEGGIES</b> Oven Fries Chickpea Salad</p>	<p><b>3</b></p> <p>Nachos Grande Pizza Craveable</p> <p><b>FEATURED VEGGIES</b> Mexicali Corn Tomato &amp; Onion Salad</p>	<p><b>4</b></p> <p>Pizza Crunchers Pizza Craveable</p> <p><b>FEATURED VEGGIES</b> Tater Tots Ranchero Carrots</p>	<p><b>5</b></p> <p>Pasta with Meatsauce Pizza Craveable</p> <p><b>FEATURED VEGGIES</b> Steamed Broccoli Celery Sticks with Ranch</p>	<p><b>6</b></p> <p>Big Daddy Cheese Pizza (V) Pizza Craveable</p> <p><b>FEATURED VEGGIES</b> Cherry Tomatoes Cucumber Slices</p>
<p><b>9</b></p> <p>Cheeseburger on a Bun Soft Pretzel Craveable (V)</p> <p><b>FEATURED VEGGIES</b> Steamed Broccoli Cucumber Slices</p>	<p><b>10</b></p> <p>Nachos Grande Soft Pretzel Craveable (V)</p> <p><b>FEATURED VEGGIES</b> Refried Beans Golden Corn</p>	<p><b>11</b></p> <p>French Toast Sticks with Sausage Patties Soft Pretzel Craveable (V)</p> <p><b>FEATURED VEGGIES</b> Tater Tots Carrot Sticks</p>	<p><b>12</b></p> <p>Macaroni &amp; Cheese (V) Soft Pretzel Craveable (V)</p> <p><b>FEATURED VEGGIES</b> Stewed Tomatoes Romaine Salad</p>	<p><b>13</b></p> <p>Cheese (V) or Pepperoni French Bread Pizza Soft Pretzel Craveable (V)</p> <p><b>FEATURED VEGGIES</b> Steamed Green Beans Baby Carrots</p>
<p><b>16</b></p> <p>Popcorn Chicken with Roll Breadstick Dipper Craveable (V)</p> <p><b>FEATURED VEGGIES</b> Mashed Potatoes Baby Carrots</p>	<p><b>17</b></p> <p>Beef &amp; Cheese Quesadilla Breadstick Dipper Craveable (V)</p> <p><b>FEATURED VEGGIES</b> Refried Beans Tomato Salad</p>	<p><b>18</b></p> <p>Oven Roasted Chicken With a Biscuit Breadstick Dipper Craveable (V)</p> <p><b>FEATURED VEGGIES</b> Smile Fries Fresh Cucumber Slices</p>	<p><b>19</b></p> <p>Big Daddy Cheese Pizza (V) Breadstick Dipper Craveable (V)</p> <p><b>FEATURED VEGGIES</b> Steamed Corn Romaine Salad</p>	<p><b>20</b></p> <p><b>4 HOUR SESSION</b> Chicken Patty on a Bun (V) Breadstick Dipper Craveable (V)</p> <p><b>FEATURED VEGGIES</b> Baby Carrots</p>
<p><b>23</b></p> <p>Chicken Nuggets with Roll Yogurt Craveable (V)</p> <p><b>FEATURED VEGGIES</b> Mashed Potatoes Red Pepper Strips</p>	<p><b>24</b></p> <p>Macaroni &amp; Cheese (V) Yogurt Craveable (V)</p> <p><b>FEATURED VEGGIES</b> Green Beans Caesar Salad</p>	<p><b>25</b></p> <p>Hot Dog on a Roll Yogurt Craveable (V)</p> <p><b>FEATURED VEGGIES</b> Oven Baked Fries Green Pepper Strips</p>	<p><b>26</b></p> <p>Toasted Cheese Sandwich (V) Yogurt Craveable (V)</p> <p><b>FEATURED VEGGIES</b> Tomato Soup Corn Salad</p>	<p><b>27</b></p> <p>Cheese (V) or Pepperoni French Bread Pizza Yogurt Craveable (V)</p> <p><b>FEATURED VEGGIES</b> Roasted Sweet Potatoes Chickpea Salad</p>
<p><b>30</b></p> <p>Chicken Sticks with Goldfish Walking Taco Craveable</p> <p><b>FEATURED VEGGIES</b> Mashed Potatoes Steamed Corn</p>	<p><b>31</b></p> <p>Chicken &amp; Cheese Quesadilla Walking Taco Craveable</p> <p><b>FEATURED VEGGIES</b> Street Corn Salad Salsa</p>			

**What is a Meal?**  
Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.

**Choice of Vegetable**

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

**Choice of Fruit**

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

**Choice of Milk**

1% white, fat-free white, fat-free chocolate, fat-free strawberry

**Daily Alternates**

**PB&J Craveables (V)** (Grape Uncrustable with a Mozzarella String Cheese, Goldfish and Apple Slices)

**Yogurt Craveables (V)** (Strawberry Banana Yogurt, Goldfish, Mozzarella String Cheese)

Cold Cut Sandwiches or Wraps

**(V) Vegetarian**  
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

**(VG) Vegan**  
These items do not contain any animal products

**Your Team**

**Stacy Oates, Food Service Director**  
732-269-1302 ext. 4201  
soates@btboe.org

**Meal Prices**

Student Lunch \$3.50  
Reduced Lunch \$0.00  
Faculty Lunch \$3.85

