



**Meet Your Nutritious Friend:**  
**Mr. Oatis**

Monday	Tuesday	Wednesday	Thursday	Friday
2 Mini Maple Pancakes  Assorted Cereals or Cereal Bar with Graham Crackers	3 Breakfast Pizza Bagel  Assorted Cereals or Cereal Bar with Graham Crackers	4 Egg, Sausage & Cheese Maple Flatbread  Assorted Cereals or Cereal Bar with Graham Crackers	5 Chocolate Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	6 Apple Strudel  Assorted Cereals or Cereal Bar with Graham Crackers
9 Mini Cinni Rolls  Assorted Cereals or Cereal Bar with Graham Crackers	10 Bagel Bundle  Assorted Cereals or Cereal Bar with Graham Crackers	11 Scrambled Eggs with a biscuit  Assorted Cereals or Cereal Bar with Graham Crackers	12 French Toast Sticks with Syrup  Assorted Cereals or Cereal Bar with Graham Crackers	13 Whole Grain Cinnamon Donut  Assorted Cereals or Cereal Bar with Graham Crackers
16 Mini Maple Pancakes  Assorted Cereals or Cereal Bar with Graham Crackers	17 Breakfast Pizza  Assorted Cereals or Cereal Bar with Graham Crackers	18 Egg, Sausage & Cheese Maple Flatbread  Assorted Cereals or Cereal Bar with Graham Crackers	19 Chocolate Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	20 Apple Strudel  Assorted Cereals or Cereal Bar with Graham Crackers
23 Mini Cinni Rolls  Assorted Cereals or Cereal Bar with Graham Crackers	24 Breakfast Pizza Bagel  Assorted Cereals or Cereal Bar with Graham Crackers	25 Egg and Cheese Croissant  Assorted Cereals or Cereal Bar with Graham Crackers	26 French Toast Sticks with Syrup  Assorted Cereals or Cereal Bar with Graham Crackers	27 Dutch Waffle  Assorted Cereals or Cereal Bar with Graham Crackers
30 Mini Blueberry Donut Holes  Assorted Cereals or Cereal Bar with Graham Crackers	31 Bagel Bundle  Assorted Cereals or Cereal Bar with Graham Crackers			

### What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

### Whole Grain Cereals (served with graham crackers)

Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

### Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

### Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free strawberry

### (V) Vegetarian

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

### (VG) Vegan

These items do not contain any animal products

### Your Team

**Stacy Oates, Food Service Director**  
732-269-1302 ext. 4201  
soates@btboe.org

### Meal Prices

Student Breakfast	\$2.00
Reduced Breakfast	\$0.00
Faculty Breakfast	\$2.25

