

# FAMILY ACADEMY COURSE CATALOGUE


*For Students, Parents and Caregivers*



## JANUARY 2026


### REGION AMBASSADOR: SPECIAL EDUCATION (SESSION #2) HELPING YOUR CHILD THRIVE: SUPPORTING WITH INSTRUCTION AT HOME

Supporting your student at home with instruction is a powerful way to enhance their academic success and build confidence in their learning journey. By creating a positive and structured environment, staying connected with teachers, and reinforcing classroom concepts through everyday activities, parents and caregivers play a crucial role in their child's education. This session will provide parents with strategies to be a partner in their child's education, with ideas for how to support instruction.

Date and Time	Location	Join here
Tuesday, January 13, 2026 9:00 – 10:30am	Location: Region South Professional Development and Family Engagement Center Address: 15805 S Budlong Ave., Gardena, CA 90247 Zoom: <a href="https://lausd.zoom.us/j/81127472673">https://lausd.zoom.us/j/81127472673</a> ID: 811 2747 2673	

### REGION AMBASSADOR: LOCAL CONTROL AND ACCOUNTABILITY PLAN (LCAP #3) INVESTING IN STAFF BOOSTS STUDENT SUCCESS, SUPPORTS DIVERSITY, AND ENSURES ACCOUNTABILITY

The Local Control and Accountability Plan (LCAP) is California's tool for ensuring that school districts set goals, allocate resources, and elevate student outcomes through input. Join us to hear directly from regional education leaders and practitioners about how the LCAP goals — “English Learner Supports,” which focus on comprehensive services to help students successfully reclassify, and “Black Student Achievement Plan Implementation,” provides targeted academic, social-emotional, and cultural support to improve outcomes for Black students — are being implemented in your child's Region. Learn and share your input towards the development of the work at Los Angeles Unified to support your children!

Date and Time	Location	Join here
Thursday, January 22, 2026 9:00 – 10:30am	Location: Region South Professional Development and Family Engagement Center Address: 15805 S Budlong Ave., Gardena, CA 90247 Zoom: <a href="https://lausd.zoom.us/j/81127472673">https://lausd.zoom.us/j/81127472673</a> ID: 811 2747 2673	


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## MENTAL HEALTH SERIES: COPING AND SELF CARE

We are excited to continue our partnership with the Region South School Mental Health Unit and this month we bring you in our Mental Health Series, an important topic for the whole family. Ms. Lathanya Thomas-Carr, Mental Health Consultant, will guide us in learning how to create a self-care plan and will discuss how to address some barriers that may prevent us from staying with our plan. As parents and caretakers grow in their capacity to cope and implement the strategies in their self-care plan, a powerful message is sent to our children when adults model positive strategies that can be incorporated in family routines.

**NOTE: SESSION IN ENGLISH STARTS AT 8:30AM**

Date and Time	Location	Join here
Tuesday, January 27, 2026 8:30 – 9:30am	Location: Nathaniel Narbonne Senior High Address: 24300 S Western Ave., Harbor City, CA 90710 Zoom: <a href="https://lausd.zoom.us/j/81127472673">https://lausd.zoom.us/j/81127472673</a> ID: 811 2747 2673	

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## FAMILY WEBINAR

Division of **LAUSD**  
Instruction **UNIFIED**

### GRADES K-2 READING DIFFICULTY RISK SCREENER (RDRS) RESULTS: WHAT FAMILIES NEED TO KNOW

Dates/  
Time

Thursday, January 22, 2026 at 9:00 a.m. – 10:00 a.m.  
Wednesday, January 28, 2026 at 4:30 p.m. – 5:30 p.m.  
Thursday, January 29, 2026 at 9:00 a.m. – 10:00 a.m.



<https://lausd.zoom.us/j/82927699969>  
Zoom ID: 829 2769 9969



Kindergarten, First and Second Grade students in California must be screened for risk of reading difficulties every year. LAUSD K-2<sup>nd</sup> grade students were screened in November – December.

#### JOIN US TO UNDERSTAND:

- ✓ What information you should receive from the school about the RDRS results ✦
- ✓ What the results mean and how schools will support students at risk of potential reading difficulties ✦
- ✓ How you can help your child improve reading skills at home ✦

✦ **The same information will be presented in all 3 sessions.**  
**Please select ONE session to attend.** ✦



APPROVED BY MARICELA SÁNCHEZ ROBLES, EXECUTIVE DIRECTOR, DIVISION OF ELEMENTARY INSTRUCTION

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\*\*Disclaimer:\*\* Visit: [LAUSD.org/FamilyAcademy](https://lausd.org/FamilyAcademy) to download the latest versions of the course catalogues. There are frequent adjustments made during the semester.

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## WE ARE ONE KNOW YOUR RIGHTS WORKSHOPS



### DATES & TIMES:

Weekly Friday\* workshops begin **August 22, 2025.**

**Morning**

1<sup>st</sup> & 3<sup>rd</sup> Fridays from 9:00 – 10:30AM

**Evening**

2<sup>nd</sup> & 4<sup>th</sup> Fridays from 5:00 – 6:30PM

\*No sessions on holidays or during LAUSD recess periods.



### ZOOM INFORMATION:

**Zoom URL:** [bit.ly/WeAreOneLAUSD](https://bit.ly/WeAreOneLAUSD)

**Zoom ID:** 895 5755 5227



### LANGUAGE SUPPORT:

Simultaneous Spanish interpretation will be offered.

Families and schools across L.A. are invited to come together for this powerful weekly workshop designed to inform, support, and empower our communities.

Developed with the help of trusted nonprofit experts, these sessions cover key topics like legal rights as immigrants, education, housing, health, and more. While not offering legal advice, the workshops provide vital tools, resources, and connections to help families stay prepared and resilient.

Principals are encouraged to share this opportunity with families and help build a stronger school community by hosting on-campus watch parties. These gatherings not only offer a space to learn but also create moments for connection, mutual support, and community-building. Let's grow stronger—together.

Disclaimer: LAUSD does not offer legal advice. The workshops are for informational purposes only and the content is subject to revisions and updates depending on any changes in policies, procedures, and law. For legal counsel, please consult with licensed attorneys.

To get a Red Card, please contact your school site and use the following QR code to download a copy in your language of preference.



### WE ARE ONE: "KNOW YOUR RIGHTS" VIRTUAL WORKSHOP

Join here



**Zoom URL:** <https://bit.ly/WeAreOneLAUSD>

**Zoom ID:** 895 5755 5227

Date	Time
Friday, January 16, 2026	9:00 – 10:30am
Friday, January 23, 2026	5:00 – 6:30pm

**\*\*Disclaimer:\*\*** Visit: [LAUSD.org/FamilyAcademy](https://LAUSD.org/FamilyAcademy) to download the latest versions of the course catalogues. There are frequent adjustments made during the semester.