


FAMILY ACADEMY COURSE CATALOGUE

For Students, Parents, and Caregivers

FEBRUARY 2026

REGION AMBASSADOR: ENGLISH LEARNERS (SESSION #2) COLLABORATION IN ACTION: SUPPORTING DUALY IDENTIFIED EL/SPED STUDENTS


This presentation highlights how the Multilingual Multicultural Education Department (MMED) and the Division of Special Education work together to support English Learners with disabilities. Learn how dually identified students receive services, are monitored, and are guided toward reclassification and academic success.

Date and Time	Location	Join here
Tuesday, February 3, 2026 9:00 – 10:30 am	Location: Lenicia B Weemes Elementary School Address: 1260 W 36th Place, Los Angeles, CA 90007 Zoom: https://lausd.zoom.us/j/81127472673 ID: 811 2747 2673	

EMPOWERMENT THROUGH ACTION SERIES: THE FIVE LOVE LANGUAGES

"The supreme happiness of life consists in the conviction that one is loved." -Victor Hugo. Region South Family, join Ms. Stephanie Holloway, CCEIS Family Educator Coach, for this timely presentation where you will discover your love language, and the five ways you can show it to your loved ones to continue building strong and healthy family relationships. We look forward to your presence!


NOTE: SESSION IN ENGLISH STARTS AT 8:30AM

Date and Time	Location	Join here
Thursday, February 5, 2026 8:30 – 9:30am	Location: Region South Professional Development and Family Engagement Center Address: 15805 S Budlong Ave., Gardena, CA 90247 Zoom: https://lausd.zoom.us/j/81127472673 ID: 811 2747 2673	

MENTAL HEALTH SERIES: EMOTION REGULATION: UNDERSTANDING YOUR CHILD’S EMOTIONS

Join us for a morning of powerful learning! On this installment of the Family Academy Mental Health Series, Ms. Lizeth Robles, Mental Health Consultant, will help us become more aware of how our emotions affect parenting, to learn to recognize our children’s emotional states, and to add to our parenting toolbox, strategies to cope with our emotions and help children cope with theirs. We look forward to your participation!

NOTE: SESSION IN ENGLISH STARTS AT 8:30AM

Date and Time	Location	Join here
Tuesday, February 10, 2026 8:30 – 9:30am	Location: Budlong Avenue Elementary School Address: 5940 S Budlong Ave., Los Angeles, CA 90044 Zoom: https://lausd.zoom.us/j/81127472673 ID: 811 2747 2673	

Disclaimer: Visit: [LAUSD.org/FamilyAcademy](https://lausd.org/FamilyAcademy) to download the latest versions of the course catalogues. There are frequent adjustments made during the semester.


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THE 2025-2026 SCHOOL EXPERIENCE SURVEY: YOUR VOICE MATTERS! HELP YOUR SCHOOL COMMUNITY IMPROVE

Join us, Region South Families, to learn about the purpose and process for completing the 2025-2026 LAUSD School Experience Survey. When you complete the survey and share your opinions, you are helping your school community learn how to best support all its members: students, teachers, staff, and families. Survey results help schools determine what they are doing well and what they need to work on; it helps schools set annual school goals, evaluate and respond to stakeholder concerns, track the school's performance, establish School Site Council priorities, and much more! As always, we look forward to your presence!


NOTE: SESSION CONDUCTED IN ENGLISH (SESSION IN SPANISH ON 02/12/26)

Date and Time	Location	Join here
Wednesday, February 11, 2026 3:30 – 4:30pm	Zoom: https://lausd.zoom.us/j/81127472673 ID: 811 2747 2673	

SPRING INTO ACTION: PARENT TIPS FOR STUDENT SUCCESS

Maintaining regular school attendance is key to student achievement. Join us, families, and by the end of the workshop you will be able to identify actionable strategies to actively engage in your child's education and apply these strategies to support improved attendance, academic performance, and overall student success!


NOTE: SESSION IN ENGLISH STARTS AT 8:30AM

Date and Time	Location	Join here
Thursday, February 12, 2026 8:30 – 9:30 am	Location: Region South Professional Development and Family Engagement Center Address: 15805 S Budlong Ave., Gardena, CA 90247 Zoom: https://lausd.zoom.us/j/81127472673 ID: 811 2742673	

BLOWING SMOKE: THE DANGERS OF VAPING

Join us for this important presentation to learn about the dangers of vaping. Ms. Maya Rosas, Coordinator, Tobacco-Use Prevention Education from Beyond the Bell, will guide us in identifying the health risks associated with vaping, and in learning how we can help our children lead healthier lives.

NOTE: SESSION IN ENGLISH STARTS AT 8:30AM

Date and Time	Location	Join here
Thursday, February 19, 2026 8:30 am – 9:30 am	Location: Curtiss Middle School Address: 1254 E Helmick Street, Carson, CA 90746 Zoom: https://lausd.zoom.us/j/81127472673 ID: 811 2747 2673	

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LAUSD
UNIFIED

CHOICES

Los Angeles Unified | 2026-2027

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For Students, Parents, and Caregivers



WE ARE ONE KNOW YOUR RIGHTS WORKSHOPS



DATES & TIMES:

Weekly Friday* workshops begin **August 22, 2025.**

Morning

1st & 3rd Fridays from 9:00 - 10:30AM

Evening

2nd & 4th Fridays from 5:00 - 6:30PM

**No sessions on holidays or during LAUSD recess periods.*



ZOOM INFORMATION:

Zoom URL: bit.ly/WeAreOneLAUSD

Zoom ID: 895 5755 5227



LANGUAGE SUPPORT:

Simultaneous Spanish interpretation will be offered.

Families and schools across L.A. are invited to come together for this powerful weekly workshop designed to inform, support, and empower our communities.

Developed with the help of trusted nonprofit experts, these sessions cover key topics like legal rights as immigrants, education, housing, health, and more. While not offering legal advice, the workshops provide vital tools, resources, and connections to help families stay prepared and resilient.

Principals are encouraged to share this opportunity with families and help build a stronger school community by hosting on-campus watch parties. These gatherings not only offer a space to learn but also create moments for connection, mutual support, and community-building. Let's grow stronger—together.

Disclaimer: LAUSD does not offer legal advice. The workshops are for informational purposes only and the content is subject to revisions and updates depending on any changes in policies, procedures, and law. For legal counsel, please consult with licensed attorneys.

To get a Red Card, please contact your school site and use the following QR code to download a copy in your language of preference.



WE ARE ONE: "KNOW YOUR RIGHTS" VIRTUAL WORKSHOP

Join here



Zoom URL: <https://bit.ly/WeAreOneLAUSD>

Zoom ID: 895 5755 5227

Date	Time
Friday, February 6, 2026	9:00 – 10:30am
Friday, February 13, 2026	5:00 – 6:30pm
Friday, February 20, 2026	9:00 – 10:30am
Friday, February 27, 2026	5:00 – 6:30pm

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