


FAMILY ACADEMY COURSE CATALOGUE

For Students, Parents, and Caregivers

MARCH 2026

REGION AMBASSADOR: ENGLISH LEARNERS (SESSION #3) OPENING DOORS: TITLE I, TITLE VI, REFUGEE AND MIGRANT EDUCATION PROGRAM, AND THE POWER OF BILITERACY


This session explores how the Title VI Native American/Indigenous, Refugee, and Migrant Education work in tandem with Dual Language Education to expand access, equity, and academic opportunity for historically underserved students for Pathways to Cultural Pride and Opportunities: The Master Plan in Action.

Date and Time	Location	Join here
Tuesday, March 3, 2026 9:00 – 10:30am	Location: Lencia B. Weemes Elementary School Address: 1260 W. 36th Place, Los Angeles, CA 90007 Zoom: https://lausd.zoom.us/j/81127472673 ID: 811 2747 2673	

PARENT PORTAL POWER! STRENGTHENING HOME-SCHOOL COMMUNICATION

Maintaining open lines of communication with your child’s school is essential to their academic and social-emotional progress. Now that you have a Parent Portal account, come and learn how you can make the best use of what it offers parents. In this session you will discover how the Parent Portal's communication tools help families stay informed, connected, and engaged with their school community.

NOTE: SESSION IN ENGLISH STARTS AT 8:30AM

Date and Time	Location	Join here
Wednesday, March 4, 2026 8:30 – 9:30am	Location: Region South Professional Development and Family Engagement Center Address: 15805 S Budlong Ave., Gardena, CA 90247 Zoom: https://lausd.zoom.us/j/81127472673 ID: 811 2747 2673	

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MENTAL HEALTH SERIES: PERSONAL EMPOWERMENT #1

Personal empowerment for mental health involves taking control of your own life by making choices that align with personal values and goals. Building self-empowerment requires developing self-awareness, setting boundaries, and practicing self-compassion to boost confidence and autonomy. Empowerment is a transformative process that fosters personal growth, resilience, and fulfillment. It encompasses the belief in our ability to influence outcomes and overcome obstacles, essential for fostering resilience, promoting goal achievement, and enhancing overall life satisfaction.

Join us to learn more about Personal Empowerment in Part I and Part II (April 17) of our workshops!

NOTE: SESSION IN ENGLISH STARTS AT 8:30AM

Date and Time	Location	Join here
Wednesday, March 11, 2026 8:30 – 9:30am	Location: Region South Professional Development and Family Engagement Center Address: 15805 S Budlong Ave., Gardena, CA 90247 Zoom: https://lausd.zoom.us/j/81127472673 ID: 811 2747 2673	


MONEY TALKS: FAMILY BUDGETING FOR UNCERTAIN TIMES

Play your way to financial smarts! Join us for an engaging and interactive workshop where students and their parents team up to tackle real-life money challenges—through games! Learn how to build a family budget, make smart spending choices, and prepare for uncertain times, all while playing your way to financial confidence. No lectures, no boredom—just teamwork and practical money skills you'll use for life.

Date and Time	Location
Wednesday, March 11, 2026 3:00 – 4:30pm	Location: Dr. Lawrence H. Moore Math/ Science/ Technology Academy Address: 1321 E. 61 st Street, Los Angeles, CA 90001

PROTECT WHAT MATTERS MOST: FAMILY PREPAREDNESS & PEACE OF MIND

Join experts from Public Counsel for an informative and practical Parent Webinar designed to help families plan ahead and stay prepared. This session will introduce parents and caregivers to planning options and considerations related to their children during emergencies or unexpected situations. Participants will learn how to use the Los Angeles Unified School District (LAUSD) Family Preparedness Care Package to begin outlining a plan and organizing important information for their family. The webinar will also cover key legal options, including the Caregiver's Authorization Affidavit and Guardianship, so families understand what these tools are, how they work, and when they may be appropriate. In addition, parents will receive information about resources available to support families in their communities. This webinar offers practical information, an opportunity to ask questions, and guidance on next steps families may wish to consider.

Date and Time	Location	Join here
Thursday, March 12, 2026 9:00 – 10:30am	Zoom: https://lausd.zoom.us/j/81127472673 ID: 811 2747 2673	


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EMPOWERMENT THROUGH ACTION SERIES: PARENTING WITH EMPATHY- BUILDING STRONG CONNECTIONS WITH YOUR CHILD EVERY DAY

Empathy in parenting means truly understanding and sharing your child’s feelings (without judgement). It helps create a loving environment where kids feel safe to express themselves. This approach builds trust and promotes healthy emotional growth, making parenting more rewarding and effective. We invite you to join us to learn how to address the importance of parenting with empathy and to learn strategies on how to show empathy.

NOTE: SESSION IN ENGLISH STARTS AT 8:30AM

Date and Time	Location	Join here
Tuesday, March 17, 2026 8:30 – 9:30am	Location: Marguerite Poindexter LaMotte Elementary Address: 4410 Orchard Ave., Los Angeles, CA 90037 Zoom: https://lausd.zoom.us/j/81127472673 ID: 811 2747 2673	

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WE ARE ONE KNOW YOUR RIGHTS WORKSHOPS



DATES & TIMES:

Weekly Friday* workshops begin **August 22, 2025.**

Morning

1st & 3rd Fridays from 9:00 – 10:30AM

Evening

2nd & 4th Fridays from 5:00 – 6:30PM

**No sessions on holidays or during LAUSD recess periods.*



ZOOM INFORMATION:

Zoom URL: bit.ly/WeAreOneLAUSD

Zoom ID: 895 5755 5227



LANGUAGE SUPPORT:

Simultaneous Spanish interpretation will be offered.

Families and schools across L.A. are invited to come together for this powerful weekly workshop designed to inform, support, and empower our communities.

Developed with the help of trusted nonprofit experts, these sessions cover key topics like legal rights as immigrants, education, housing, health, and more. While not offering legal advice, the workshops provide vital tools, resources, and connections to help families stay prepared and resilient.

Principals are encouraged to share this opportunity with families and help build a stronger school community by hosting on-campus watch parties. These gatherings not only offer a space to learn but also create moments for connection, mutual support, and community-building. Let's grow stronger—together.

Disclaimer: LAUSD does not offer legal advice. The workshops are for informational purposes only and the content is subject to revisions and updates depending on any changes in policies, procedures, and law. For legal counsel, please consult with licensed attorneys.

To get a Red Card, please contact your school site and use the following QR code to download a copy in your language of preference.



WE ARE ONE: "KNOW YOUR RIGHTS" VIRTUAL WORKSHOP

Join here



Zoom URL: <https://bit.ly/WeAreOneLAUSD>

Zoom ID: 895 5755 5227

Date	Time
Friday, March 6, 2026	9:00 – 10:30am
Friday, March 13, 2026	5:00 – 6:30pm
Friday, March 20, 2026	9:00 – 10:30am

Disclaimer: Visit LAUSD.org/FamilyAcademy to download the latest versions of the course catalogues. There are frequent adjustments made during the semester.