



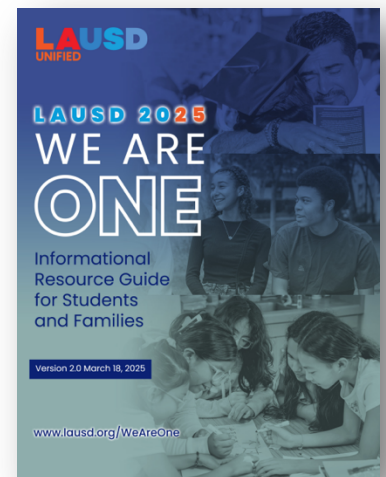
**Parent Advisory Committee
Office of Student, Family and Community Engagement
Thursday, January 29, 2026**

Greetings, Parent Advisory Committee Member,

Happy New Year and welcome back! I hope you enjoyed a restful and joyful winter break and had time to recharge with family and loved ones. As we move into the new year, our work as a committee continues to be both important and impactful. There is much to accomplish ahead, and your dedication, expertise, and collaboration remain essential to advancing our shared goals and supporting our school communities. We look forward to working together in the coming months as we build on our progress, engage in thoughtful discussion, and take meaningful action in providing advisement and comments. Thank you for your continued commitment and leadership. We are excited for what we will achieve together in 2026.

LAUSD 2025: We Are One: If you or your family need assistance regarding virtual school options, transportation, immigration, health, wellness, or housing, please call **LAUSD's Family Hotline at (213) 443-1300**. *The hotline is available 24 hours a day, 7 days a week.* The [LA Unified 2025: We Are One](#) campaign formalizes and amplifies the District's efforts to cultivate welcoming learning environments for all students. Recent LA Unified policy updates outline the following: The District stands in unity with all the students, families, and staff in our school communities. The District has protocols for responding to immigration personnel requests for information. The District will do everything in its power to protect and defend students, families, and staff, and will defend all students' right to a public education. Every District site will be a place of support and resources for all students and families, regardless of immigration status and any other protected groups in alignment with the District's Nondiscrimination Policy.

The Division of Special Education and the Office of Student, Family and Community Engagement will be conducting elections to fill two mid-year Community Advisory Committee vacancies (1 Representative and 1 Alternate) in the category of Parent of Student in General Education. The term for both vacancies is for the remainder of the 2025-2026 school year. The elections will be held on Friday, December 12 at 9:00 am



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COMMUNITY ADVISORY COMMITTEE (CAC)
For Special Education

**ELECTIONS TO FILL
MID-YEAR DISTRICTWIDE
VACANCIES**

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The Community Advisory Committee (CAC) for special education is a district-level group made up of parents, guardians, educators, other school staff, students with disabilities and community members who collaborate to improve special education services. Most members are parents or guardians of children with disabilities. The CAC serves in an advisory role to the SELPA director, the Board of Education and the Superintendent's cabinet. Get involved! Consider joining the CAC and attending a regional election to learn more. *Prospective candidates must meet eligibility criteria, which include one of the following: they must provide evidence that they live, work, or have a child enrolled in a school covered by the LAUSD SELPA Local Plan. This will be based on the category they are interested in. Vacancies to fill are one (1) representative and (1) Alternate in the category of Parent/Guardian of General Education Student.

Election Date & Time 12/12/25 at 9:00 a.m.	Virtual Format with in-person tech support at Office of Student, Family and Community Engagement (SFAC) 1360 W. Temple Street Los Angeles, CA 90026
Contact Lilia Moran dse.families@lausd.net 213-241-8085	Zoom Link: lausd.zoom.us/j/85006173638 Zoom ID: 850 0617 3638 Passcode: 2026

Pre-registration QR code





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virtually via Zoom ([click here](#)) with in-person tech support for parents who may need a device or internet access at the SFACE offices on 1360 W. Temple Street, Los Angeles, CA 90026. Help us spread the word! The flyer can be found at lausd.org/CAC.

In these challenging times, we continue to come together as a community to support our LAUSD children and families. The Los Angeles Unified School District is committed to ensuring that every child has access to nutritious meals. Free supper meals are available for **LAUSD students, ages 1–18**, Monday through Friday after school, at most Los Angeles Unified school campuses. Please note that all meals must be eaten on school grounds. For more information and to find a list of school, weekend, and holiday meal distribution sites, please visit lausd.org/foodhelp. If you have any questions, contact the **LAUSD Family Hotline at (213) 443-1300**, available 24 hours a day, 7 days a week. Together, we remain committed to supporting our students and families.



Strategic Plan Pillar III: Engagement and Collaboration Highlights

Special Education Workshops: The Division of Special Education has various resources available for parents, so they can take advantage of every opportunity to be an active partner in their child’s education. Workshops and training are offered throughout the school year, covering various topics related to the needs of students with disabilities and the many ways parents can support their child both in and out of the classroom. In addition to workshops and training sessions, District- and community-sponsored events supportive of students and parents are available. For more information, visit <https://sped.lausd.org/parents>.

Region Ambassadors: The Los Angeles Unified Region Ambassadors will be valuable advocates and guides who inform their school communities about District services and resources. Each segment of learning is hosted in a hybrid format to meet the preference of diverse families so they can learn in person and online. If interested in learning more about supports for English Learners, for students with special needs, or the Local





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Control and Accountability Plan, which is the District's plan for use of its general funds, consider attending a Region Ambassador session. The first round of ambassador sessions are being held now.

<https://www.lausd.org/ambassadors>

Parent/Caregiver Workshops: The Division of School Mental Health is offering monthly workshops designed to support parents and caregivers in managing everyday stress and promoting their child's well-being. Each session focuses on an important topic: **Mental Health and Wellness** on **October 8, January 14, and April 8**, *Description:* Learn practical strategies to support your child's emotional health, identify stressors, and encourage open conversations about feelings.

Anxiety on **November 12 and February 11**. *Description:* Understand what anxiety is, how it affects children, and explore effective ways to provide support. **Grief and Loss** on **December 10 and March 11**. *Description:* Gain insight into how to help your child cope with and heal from loss. Workshops are held on the second Wednesday of each month from 1:00 p.m. to 2:00 p.m. via Zoom ([click here](#)), Webinar ID: 882 6906 7246, Password: workshop.

**Clinic and Wellness Centers
School Mental Health
PARENT/CAREGIVER WORKSHOPS**

Topic changes each month:

- **Anxiety:** Caregivers will learn about anxiety and strategies to support their child.
- **Grief and Loss:** Caregivers will learn how to support their child who has experienced a loss.
- **Mental Health Wellness:** Caregivers will learn how to support their child with strategies for good mental health basics, identifying stressors and talking about feelings.

**Parent Workshops 2nd Wednesday of the month
1:00 pm - 2:00 pm**

Dates:

- October 8 - Mental Health Wellness
- November 12 - Anxiety
- December 10 - Grief and Loss
- January 14 - Mental Health Wellness
- February 11 - Anxiety
- March 11 - Grief and Loss
- April 8 - Mental Health Wellness

Via Zoom
<https://lausd.zoom.us/j/88269047246?pwd=4Zkxamx5OjZmASVQNaA1QkEg8ZGU.1>
Meeting ID: 882 6904 7246
Password: workshop

****For further information, please contact Irma Gonzalez at (323) 266-7615**

School Site Council (SSC) and English Learner Advisory Committees (ELAC): Schools have formed their SSCs and ELACs for the new year. SFACE partnered with the Federal and State Education Programs (FSEP) office and the Multilingual and Multicultural Education Department to offer four ELAC and SSC Member Training opportunities on Saturdays (two in-person and two virtual) in the month of October. Participants learned about a variety of topics, including understanding budgets, Robert's Rules of Order, understanding data, School Plan for Student Achievement, and more. The training content was designed to help participants to better fulfill their roles as SSC and ELAC members at schools throughout LA Unified. To access the training materials, visit bit.ly/ELAC-SSC-Training2526.



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The Parent Portal is available for all parents and guardians to learn more about the program and progress of their children in a variety of different areas. Over 87% of Los Angeles Unified families are already connected! Learning about the different features of the Parent Portal allows parents to partner with their school communities to celebrate student achievement, ask focused questions, and identify needed support. Call the Los Angeles Unified Hotline at 213-443-1300 for help getting connected or for assistance with using the features.

The School Volunteer Program is a resource available for families and the community to offer their time, skills and knowledge to support Los Angeles Unified students. This year, Los Angeles Unified had over **37,418** processed volunteers serving in District schools. For more information about the School Volunteer Program, visit <https://www.lausd.org/volunteer>.

The Family Academy: The Family Academy is comprised of webinar, in-person and hybrid sessions designed to leverage families' assets to be empowered as they support their child from the early primary years to college and career success. This effort complements families' knowledge by connecting them to actionable learning focused on their child's development, as well as opportunities to accelerate their own careers and quality of livelihood. The schedules for offerings online and in the Regions with webinar links and summary information are available at <https://www.lausd.org/familyacademy>, along with past recorded content.

Equity Course Pathways: The Family Academy, in partnership with the Division of Adult and Career Education, offers cohort-centered courses known as Equity Course Pathways. The curriculum is organized as a 7-class course of experience where families engage in culturally relevant curriculum in a cohort learning environment, define family engagement, and develop their action plan to stay engaged in their child's education. Choose from one of four pathways: multilingual learners, Black and African American learners, youngest learners, and learners with exceptional needs. Click on the link to join the interest list and someone will contact you to enroll: LAUSDAdultEd.org/HelpYourChild

Aera Adult Education Virtual Academy **LAUSD**

Classes for Parents

Learn how to help your child succeed in School

We are offering four classes at no cost:

- African American and Black Learners** (Tuesdays & Thursdays)
Learn about race, culture, and self-identity by focusing on personal development, success, and college or career readiness.
- Exceptional Learners** (Wednesdays & Thursdays)
Learn about the history of special education, civil rights, the Individuals with Disabilities Education Act (IDEA), and key components of exceptional needs.
- Youngest Learners** (Mondays & Tuesdays)
Learn the importance of language, family structure, early literacy, and emotional development and the importance of play.
- Multilingual Learners** (Thursdays & Thursdays)
Learn about the role of language, the importance of the home language, and how to support your child's language development.

Classes meet over Zoom in the evenings 6:30 pm - 8:30 pm.

ONLINE Classes
Sign up today!
Scan the QR code, Call (323) 224-6995
Visit LAUSDAdultEd.org/HelpYourChild

Graduates will be honored by the District at the end of the school year!



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Resources

- **Los Angeles Unified Student Wellness and Family Hotline:** Please continue to direct parents and students to this service provided for families. Trained District personnel are available to help on all health-related topics and are accessible by dialing the following number: 213-241-3840.
- **Los Angeles Division of Special Education School and Family Support Services Hotline:** The Division of Special Education provides support for families to access resources and gain information to help their children. For more information on services to support students with special needs, call (213) 241-6701.
- **Region Leaders:** Each child's school sits in a geographical Region in the Los Angeles Unified. To connect with District leaders in a specific Region or to learn more about the specific services offered in the Region, visit <https://www.lausd.org/regions>.
- **Board of Education Meetings:** The Los Angeles Unified Board of Education hosts meetings in person and will continue to broadcast meetings online. Visit the following webpage to learn how to speak during public comment: <https://www.lausd.org/boe>.

Responsibilities Assigned to the PAC

California Education Code ("Ed. Code") sections 52062 and 52063, require the establishment of a district-wide parent advisory committee to review and comment on the Local Control and Accountability Plan ("LCAP") for the governing board and the superintendent of a school district. (Ed. Code, § 52060} California Code of Regulations ("CCR") section 15495 defines "Parent Advisory Committee," as used in Ed. Code sections 52063 and 52069. A "Parent Advisory Committee" shall be composed of a majority of parents, as defined in subdivision (e), of pupils and include parents of pupils to whom one or more of the definitions in Education Code section 42238.01 apply." (5 CCR§ 15495, subd. [f])