



Student & Family Wellness Resource Line

Línea de Recursos de Bienestar Familiar y Estudiantil

consultations consultas | **support** apoyo | **referrals** remisiones a servicios

For support with / Para recibir apoyo en:

- ✓ Mental Health
Salud Mental
- ✓ Health Insurance
Seguro Médico
- ✓ Enrollment
Inscripción
- ✓ Immunizations
Vacunas
- ✓ Food & Housing
Comida y Vivienda
- ✓ and more!
y más



 (213) 241-3840

 8:00 AM - 4:30 PM

 askshhs.lausd.net



Parent & Caregiver Virtual Support Group

A group for:

- Parents/caregivers of LGBTQ+ students
- LGBTQ+ parents/caregivers

Topics include:

- Supporting your child's mental health
- Navigating challenges in school
- Understanding available supports and community resources

7:00 PM
2nd Wednesdays

tinyurl.com/LAUSDcaregivers



2024: Sept. 11th, Oct. 9th, Nov. 13th, Dec. 11th
2025: Jan. 8th, Feb. 12th, Mar. 12th, Apr. 9th, May 14th

Email humanrelations@lausd.net for more information



Grupo de Apoyo Virtual para Padres y Cuidadores

Un grupo para:

- Padres/cuidadores de estudiantes LGBTQ+
- Padres/cuidadores LGBTQ+

Los temas incluyen:

- Apoyando la salud mental de su hijo
- Cómo afrontar los desafíos en la escuela
- Comprender los apoyos disponibles y los recursos comunitarios

7:00 PM
2º miércoles

tinyurl.com/LAUSDcaregivers



2024: 11 de septiembre, 9 de octubre, 13 de noviembre, 11 de diciembre
2025: 8 de enero, 12 de febrero, 12 de marzo, 9 de abril, 14 de mayo

Envíe un correo electrónico a humanrelations@lausd.net para obtener más información



Creating a Culture of Care and Hope

Taking Care of Yourself and Your Children in Times of Change, Stress & Crisis

Families, please join us to learn practical exercises to reduce stress, enhance well-being, access wellness resources, and navigate stress with your child. We will also discuss strategies to build trust, support well-being, and manage stress.

Dates: Thursday, March 6 and 13

Time: 5:30 pm-7:00 pm

Registration: <https://mobilize.us/s/TzDBOc>

ZOOM WEBINAR

Register



Creando una Cultura de Cuidado y Esperanza

Cuidando de Sí Mismo y de Sus Hijos en Tiempos de Cambio, Estrés y Crisis

Familias, los invitamos a aprender ejercicios prácticos para reducir el estrés, mejorar el bienestar, acceder a recursos de salud y manejar el estrés junto a sus hijos. También discutiremos estrategias para fortalecer la confianza, apoyar el bienestar y afrontar situaciones de estrés.

Fechas: Jueves 6 y 13 de marzo

Horario: 5:30 p.m. - 7:00 p.m.

Registro: <https://mobilize.us/s/xcg2Tr>

SEMINARIO WEB POR ZOOM

Regístrese





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SATURDAY, MARCH 8, 2025
9:00 a.m.-12:00 p.m.



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Los Angeles, CA 90017



For more information, please visit:
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SABADO, 8 DE MARZO, 2025
9:00 a.m.-12:00 p.m.



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FAMILY AND COMMUNITY RECOVERY GUIDE

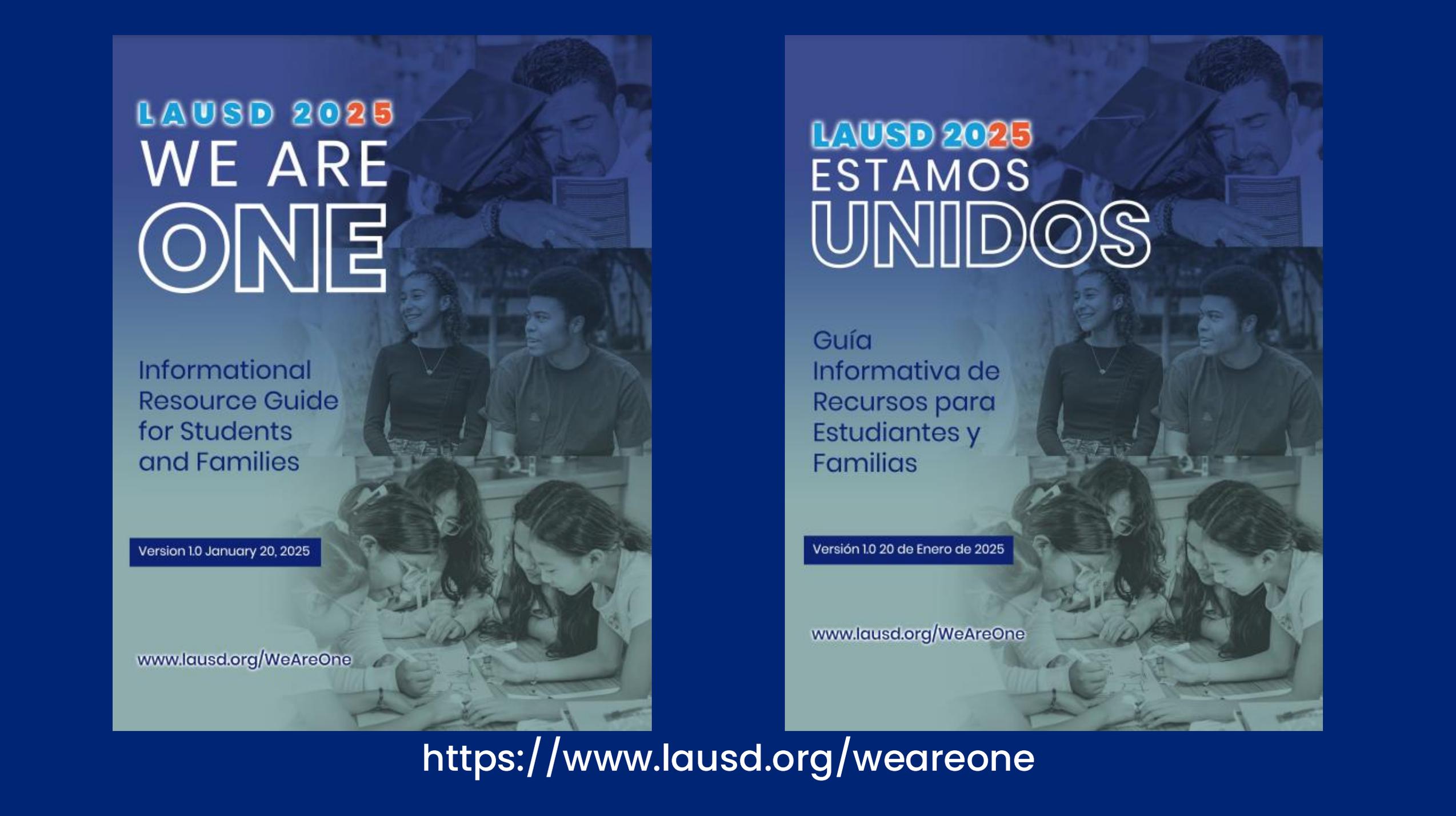
Providing Critical Resources for Families in Need



GUÍA DE RECUPERACIÓN PARA FAMILIAS Y COMUNIDAD

Ofreciendo Apoyo y Recursos Esenciales
a Nuestras Familias

lausd.org/schoolupdates

The background of the entire image is a collage of three photographs. The top photo shows a male teacher with a beard, wearing a graduation cap and gown, looking down at a book. The middle photo shows two female students sitting at a desk, looking towards the right. The bottom photo shows a group of four female students sitting around a table, looking at papers together.

LAUSD 2025

WE ARE ONE

Informational
Resource Guide
for Students
and Families

Version 1.0 January 20, 2025

www.lausd.org/WeAreOne

LAUSD 2025

ESTAMOS UNIDOS

Guía
Informativa de
Recursos para
Estudiantes y
Familias

Versión 1.0 20 de Enero de 2025

www.lausd.org/WeAreOne

<https://www.lausd.org/weareone>

Did you miss a Family Academy Webinar? ¿No pudo asistir a un webinar de la Academia para la Familia?

Home > Families > PCSS > LAUSDFamilyAcademy

EQUITY COURSE PATHWAYS - Family Academy

COURSE CATALOGUE - Family Academy

The Family Academy is designed to leverage families' assets to be empowered as they support their child from the early primary years to college and career success. This effort will complement family knowledge by connecting them to actionable learning focused on their child's development, as well as opportunities to accelerate their own careers and quality of livelihood.

View the course catalogue for Family Academy central course offerings in **June 2024**: English | Spanish

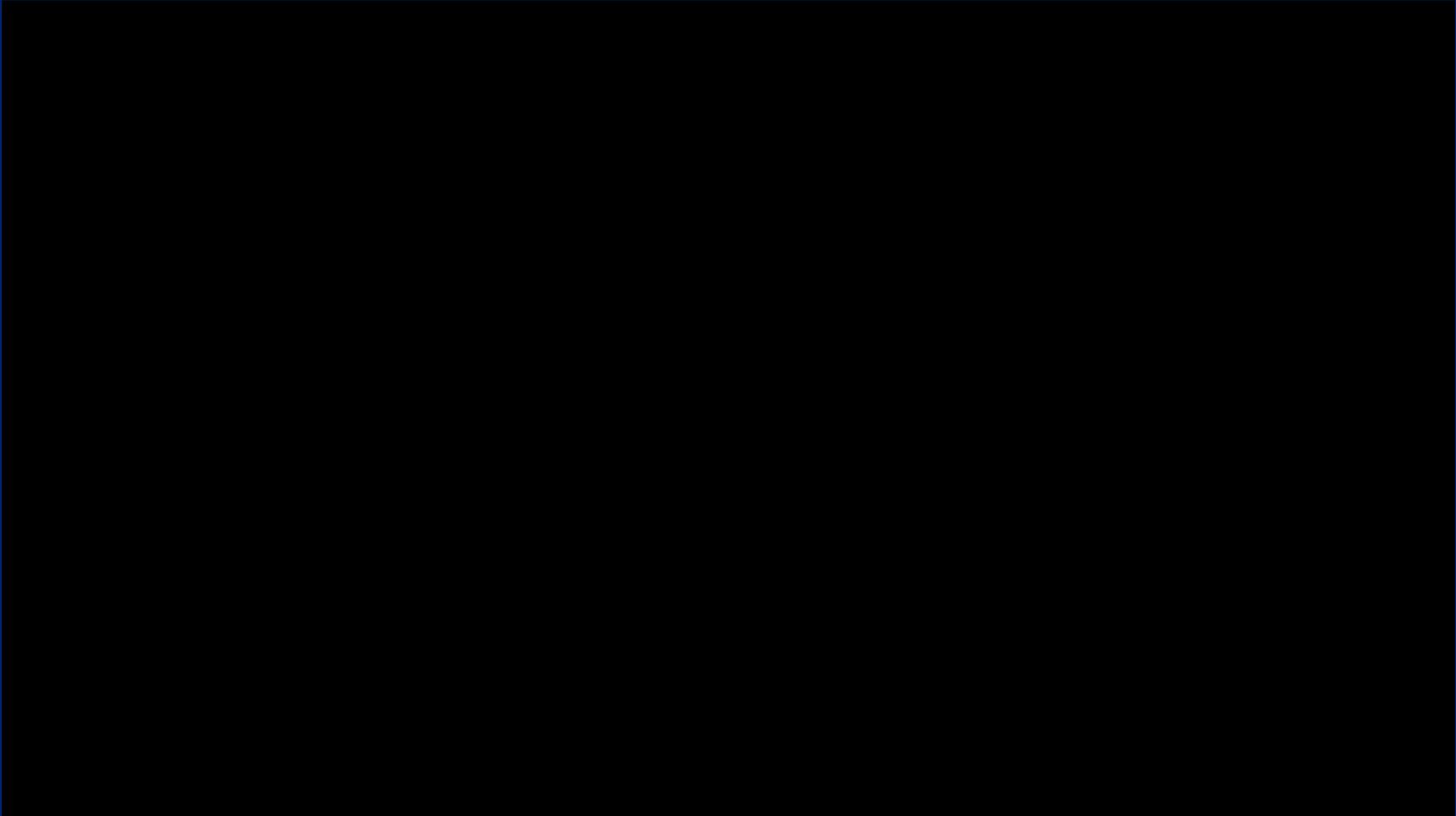
View the course catalogue for Region and Virtual Academy course offerings in **June 2024**:

<https://www.lausd.org/familyacademy>



Welcome

Bienvenidos





Course Catalogue of Monthly Parent and Family Webinars

Catálogo de cursos de
Seminarios web mensuales para padres y familias

**BUILDING STRONGER BONDS: SOCIAL-EMOTIONAL
LEARNING AND RESTORATIVE PRACTICES FOR FAMILIES**

**FORTALECIENDO VÍNCULOS:
APRENDIZAJE SOCIOEMOCIONAL Y PRÁCTICAS
RESTAURATIVAS PARA EL BIENESTAR FAMILIAR**

February 25, 2025
25 de febrero, 2025

Office of Student, Family and
Community Engagement





Office of Student, Family and
Community Engagement



Greetings! ¡Saludos!



Antonio Plascencia, Jr.
Engagement Officer

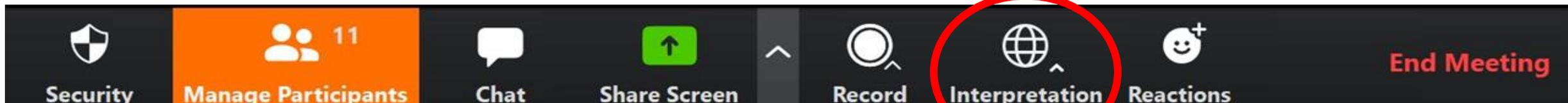
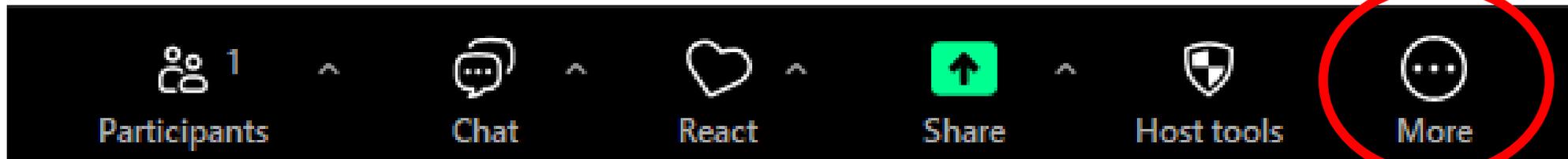


Interpretation Services: laptop or computer

- Click on the globe icon (or “More”) at the bottom of the screen.
- Select the language of preference for you.
- You will engage and listen to the presentation in the language you select.

Servicios de interpretación: computadora portátil o de escritorio

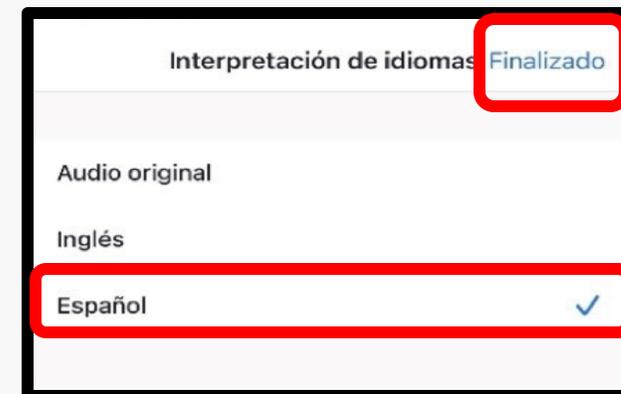
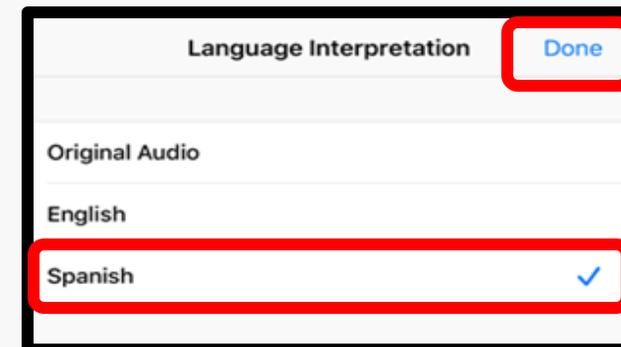
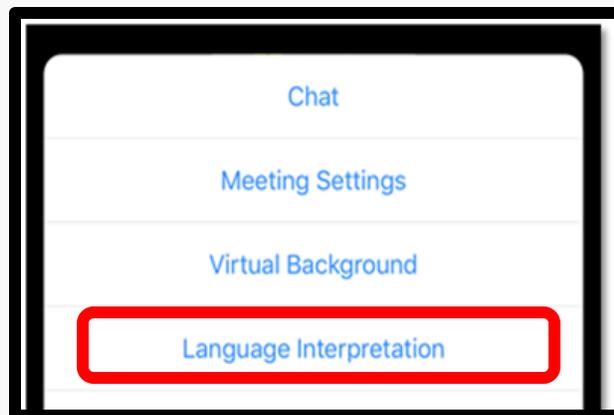
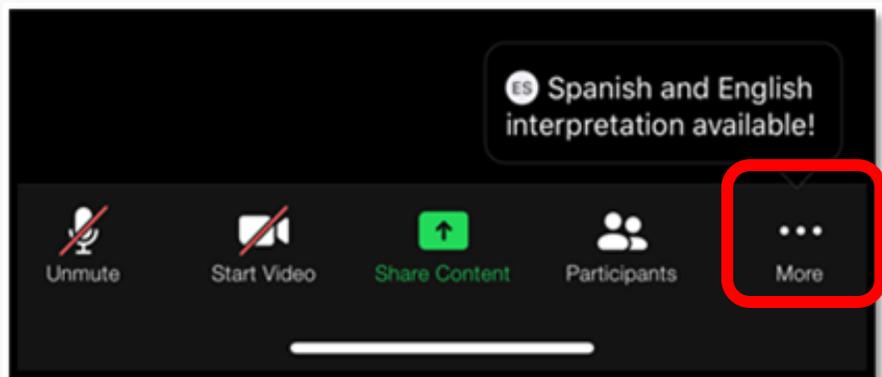
- Haga clic en el símbolo del mundo (o “Más”) en la parte de abajo de su pantalla.
- Seleccione el idioma que le gustaría escuchar.
- Participará y escuchará la presentación en el idioma que seleccione.





Interpretation services: mobile device

Servicios de interpretación: dispositivo móvil





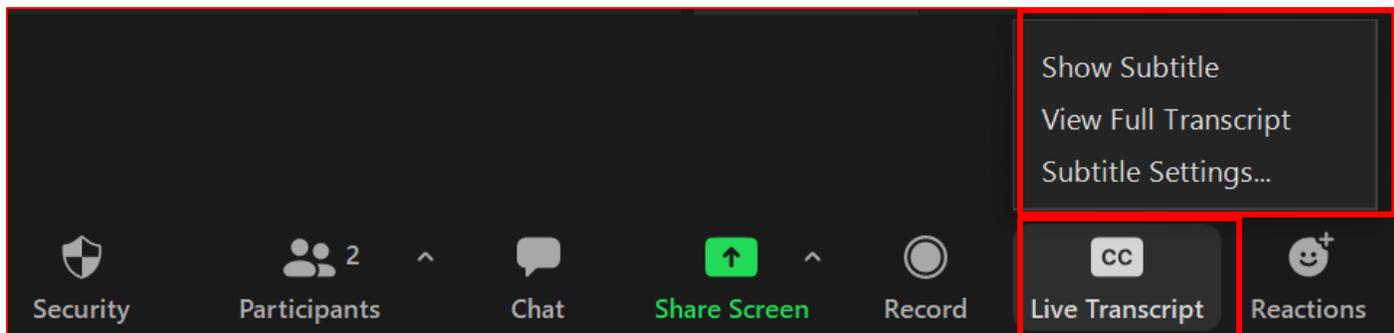
Closed Captioning (CC): laptop or computer

Subtítulos: computadora portátil o de escritorio

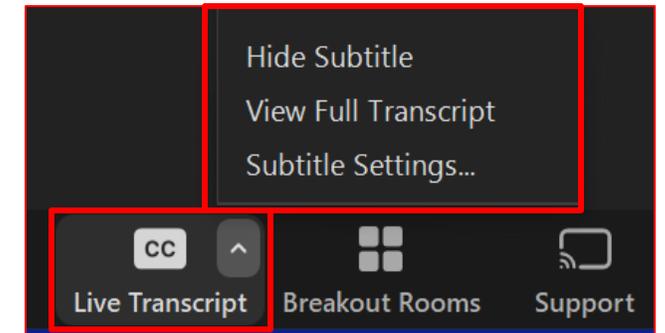
- 1) To enable Closed Captioning:
 - a) Click on **Live Transcript** below CC icon
 - b) Select **Show Subtitle** or **View Full Transcript**
- 2) To disable Closed Captioning: click CC icon and select **Hide Subtitle**

- 1) Para activar los subtítulos:
 - a) Haga clic en **Live Transcript** debajo del ícono CC
 - b) Seleccione **Show Subtitle** (mostrar subtítulo) o **View Full Transcript** (transcripción completa)
- 2) Para desactivar los subtítulos: haga clic en el ícono CC y seleccione **Hide Subtitle** (ocultar subtítulo)

1



2



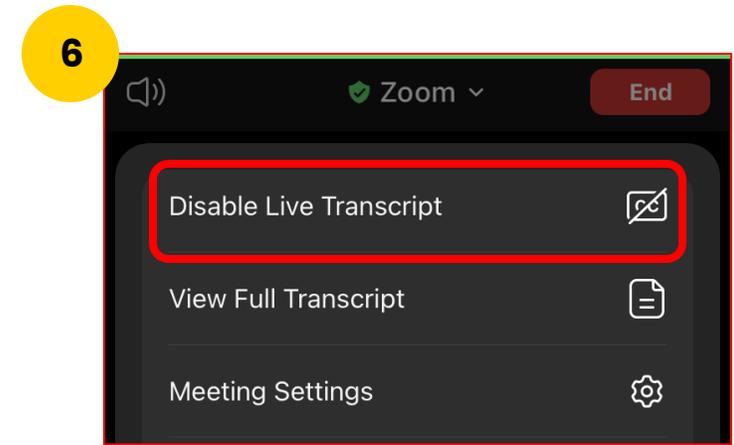
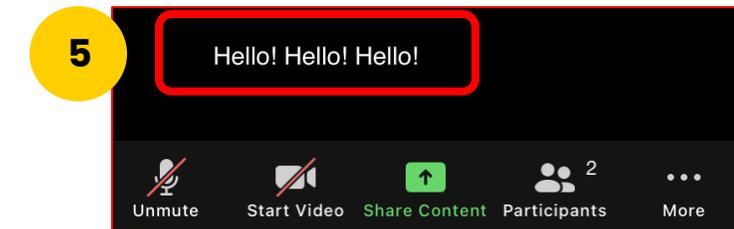
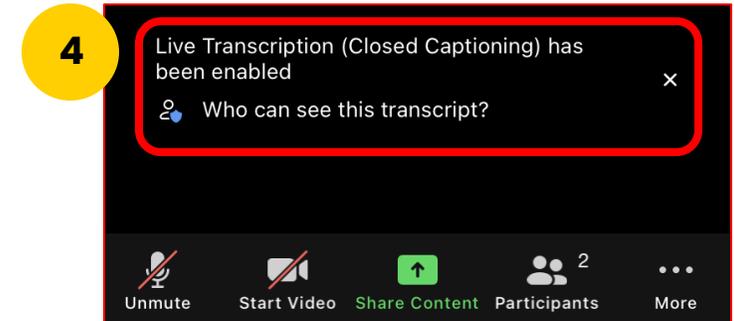
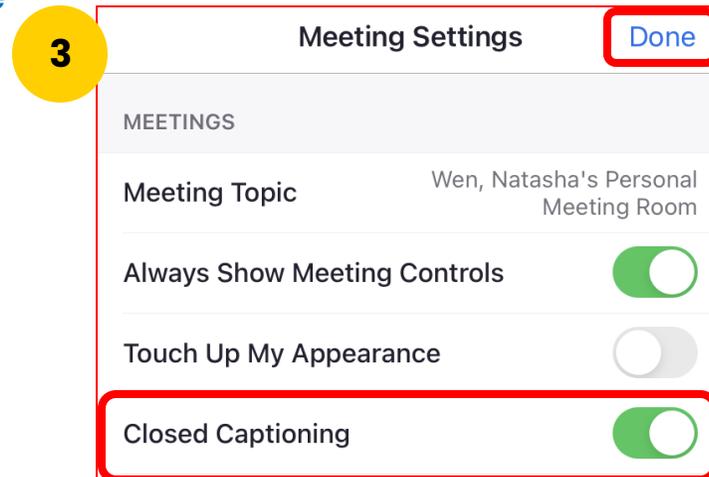
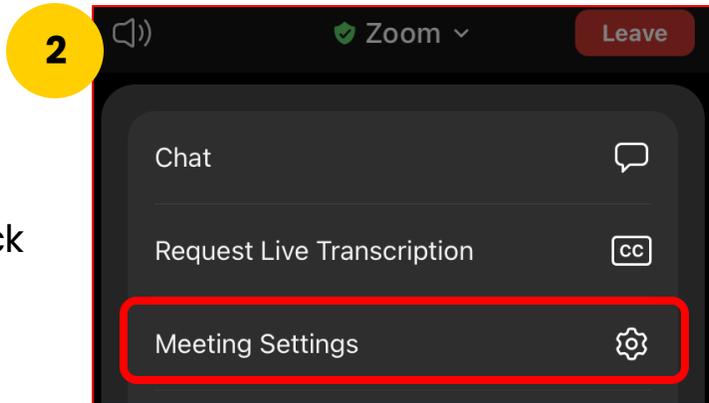
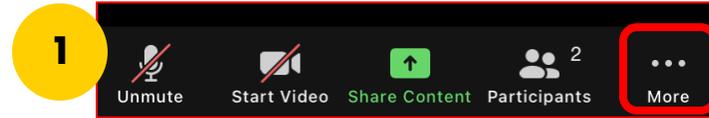


Closed Captioning (CC): mobile device

Subtítulos (CC): dispositivo móvil

- 1) Click on the 3 dots
- 2) Click on **Meeting Settings**
- 3) Activate **Closed Captioning**, then click **Done**
- 4) This text will show on your screen
- 5) Captioning is only available in English
- 6) If you don't want CC, go back to Settings and click **Disable Live Transcript**

- 1) Haga clic en los 3 puntos
- 2) Haga clic en **Meeting Settings** (Configuración de la reunión)
- 3) Active **Closed Captioning** (subtítulos), haga clic en **Done** (Listo)
- 4) Este texto aparecerá en tu pantalla.
- 5) Los subtítulos solo están disponibles en inglés
- 6) Si no desea los subtítulos, vuelva a Settings (Configuración) y haga clic en **Disable Live Transcript**



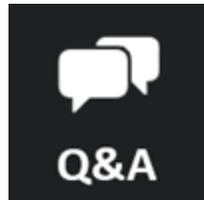


Engaging on this Webinar

Participando en este seminario web

This is a Zoom webinar. Participant microphones are automatically muted and video is off.

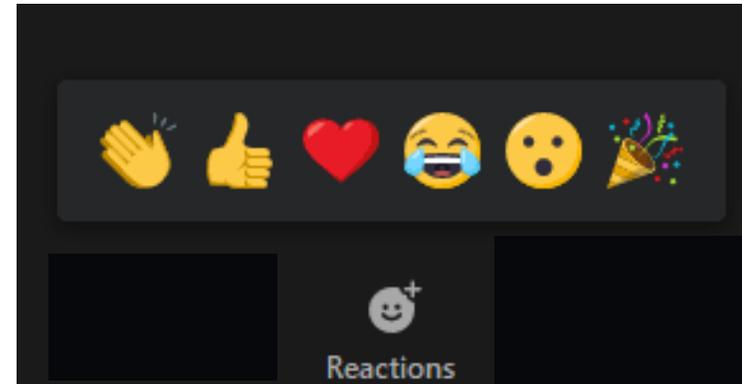
Este es un seminario web o webinario por medio de Zoom. Automáticamente están desactivados los micrófonos de los participantes, al igual que su video.



Ask questions
Haga preguntas



Interact with presenters and share your ideas
Interactúe con los presentadores y comparta sus ideas.



Use the emojis to express your reactions
Utilice los emojis para expresar sus reacciones

Office of Student, Family and
Community Engagement



Webinar Staff

Personal del Seminario Web



Natasha Wen
Parent Educator Coach



Dr. Heidi Mahmud
Admin. Coordinator

Inclusion Activity

Actividad de Inclusión

Share using Emojis: My child or children is a....

Preschool-aged or child who is not yet in school.



Elementary or Kindergarten student.



Middle or High School scholar.



Currently, no children in school, but I'm here to learn!



Comparta usando Emojis: Mi hijo o hija es un/una...

Niño/a en edad preescolar que aún no asisten a la escuela.

Estudiante de educación primaria o de kínder.

Estudiante de secundaria o preparatoria.

Actualmente, no tengo hijos en la escuela, ¡pero estoy aquí para aprender!



Presenters

Presentadores



Dr. Justin Lauer

Director of Middle
School Instruction
Division of Instruction



Karla Lopez

Social Emotional Learning
Adviser
Division of Instruction



Irma Jimenez

Social Emotional Learning
Adviser
Division of Instruction



Shavonna Walker

Director of Educational
Partnerships
RethinkEd

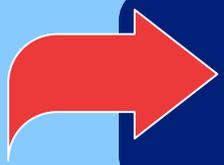
Agenda



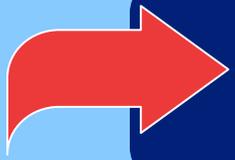
| Time | Agenda Item |
|----------|----------------------------------------------------------------------------------------------------------------------------------|
| 15 mins. | Welcome & Objectives / Bienvenida y Objetivos |
| 30 mins. | SEL Foundations & the Developing Child / Fundaciones SEL y el Niño en Desarrollo |
| 60 mins. | SEL Restorative Practices Plan for Families & Caregivers / Plan de prácticas restaurativas SEL para familias y cuidadores |
| 15 mins. | Closing / Clausura |

Objectives / **Objetivos**

Participants will... **Los participantes ...**



discuss how the transitions affect children's development.



discuta cómo las transiciones afectan el desarrollo de los niños.



learn about the SEL resources available to support students during this changes.



Conozca los recursos SEL disponibles para apoyar a los estudiantes durante estos cambios.

What is SEL?

?Qué es SEL?



SEL is **the process** through which all young people and adults **acquire and apply** the knowledge, skills, and attitudes to:

- Develop healthy identities
- Manage emotions
- Achieve personal and collective goals
- Feel and show empathy for others
- Establish and maintain supportive relationships
- Make responsible and caring decisions

El aprendizaje SEL es *el proceso* a través del cual todos los jóvenes y adultos adquieren y aplican los conocimientos, habilidades y actitudes para:

- Desarrollar identidades saludables
- Manejo de las emociones
- Lograr objetivos personales y colectivos
- Sentir y mostrar empatía hacia los demás
- Establecer y mantener relaciones apoyar
- Tomar decisiones responsables y solidarias



Your Child's Development

El Desarrollo De Su Hijo

As educators and families, we are partners in your child's development, both academically and socially emotionally.

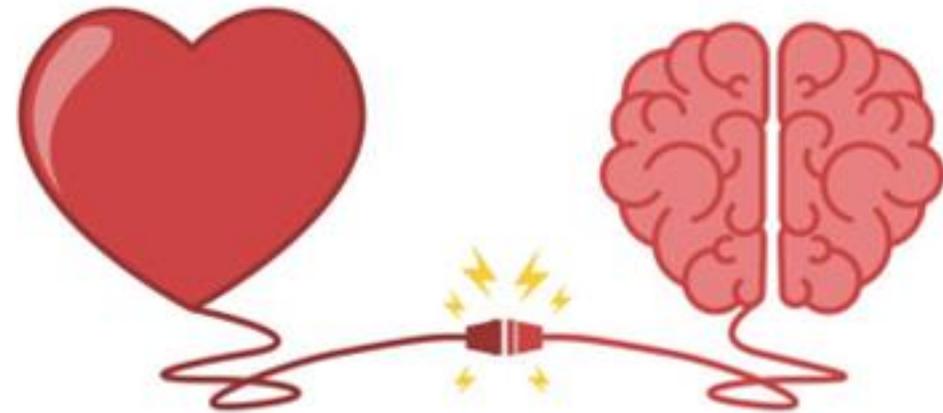
Como educadores y familias, somos socios en el desarrollo de su hijo, tanto académica como social y emocionalmente.

Academics

Académicos

Social-Emotional

Socioemocional



Pillar 2: Joy and Wellness

Pilar 2: Alegría y Bienestar

Division of
Instruction



Academic Excellence

High Quality
Instruction

Enriching
Experiences

Eliminating
Opportunity Gaps

College and
Career Readiness



Joy and Wellness

Welcoming Learning
Environments

Whole-Child
Well-Being

Strong Social-
Emotional Skills

Outstanding
Attendance

Engagement and Collaboration

Strong
Relationships

Accessible
Information

Leading for
Impacts

Honoring
Perspectives

Operational Effectiveness

Data-Driven
Decision-Making

Modernizing
Infrastructure

Sustainable
Budgeting

District of Choice

Investing in Staff

Diverse
Workforce

Professional
Learning

Staff Wellness

High Performance
Standards

Strong Social-Emotional Skills

PILLAR 2
Joy and
Wellness

2C – Strong Social-Emotional Skills: Cultivate and model strong social-emotional skills

WHY THIS MATTERS

Social-emotional skills will enable students to learn and positively contribute to their community

Fuertes habilidades socioemocionales: Pilar 2 Alegria y Bienestar

2C - Fuertes habilidades socioemocionales:
Cultivar y modelar fuertes habilidades socioemocionales.

POR QUÉ ES IMPORTANTE

Las habilidades socioemocionales permitirán a los estudiantes aprender y contribuir positivamente a su comunidad.

Social-Emotional/Wellness:

Through the **integration of evidence based SEL instruction**, elementary, middle and high school **teachers and support staff will provide students access to SEL lessons, activities, and strategies.**

By 2026, 50% of teachers of grades 2, 5/6, 8, 10 and 12 **will support students in the creation and uploading of artifacts using the SEL portfolio** in order to deepen our understanding of student development in the SEL competencies and provide recommendations for multi-tiered systems of support.

As a result, by 2026, 40% of **students will attain a “Meets”** as measured by a district wide rubric score average **in the Social Emotional Learning competencies.**

Socioemocional/Bienestar:

A través de la **integración de instrucción SEL basada en evidencia, los maestros y el personal de apoyo de las escuelas primarias, intermedias y secundarias brindarán a los estudiantes acceso a lecciones, actividades y estrategias de SEL.**

Para 2026, el 50% de los maestros de los grados 2, 5/6, 8, 10 y 12 **apoyarán a los estudiantes en la creación y carga de artefactos utilizando el portafolio SEL** para profundizar nuestra comprensión del desarrollo estudiantil en las competencias SEL y brindar recomendaciones para sistemas de apoyo de múltiples niveles.

Como resultado, para 2026, el 40% de los **estudiantes alcanzarán un “Cumple”** según lo medido por un puntaje promedio de rúbrica de todo el distrito **en las competencias de Aprendizaje Socioemocional.**



Social Emotional Learning (SEL) Competencies

Competencias de Aprendizaje Socioemocional (SEL)



Self Awareness

The ability to recognize one's strengths and limitations with a well-grounded sense of confidence and purpose.



Autoconciencia

La habilidad para reconocer las habilidades y limitaciones de uno mismo con confianza y un propósito bien definido.



Self-Efficacy

The belief in one's own ability to succeed in achieving an outcome or reaching a goal.



Autoeficacia

Creer en la capacidad de uno mismo para lograr una meta o alcanzar un objetivo.



Growth Mindset

The belief that one's abilities can grow with effort.



Mentalidad de Crecimiento

Creer en la capacidad de mejorar las habilidades de uno mismo mediante el esfuerzo.



Social Emotional Learning (SEL) Competencies

Competencias de Aprendizaje Socioemocional (SEL)



Self-Management

The ability to regulate emotions, thoughts, and behaviors effectively in different situations.



Autocontrol

La habilidad para regular emociones, pensamientos y conductas efectivamente en situaciones distintas.



Responsible Decision-making

The ability to make caring and constructive choices about personal behavior and social interactions across diverse situations.



Toma de Decisiones Responsable

La habilidad para tomar decisiones efectiva y cuidadosamente en el área de conducta personal e interacciones sociales en distintas situaciones.



Social Awareness

The ability to empathize, understand social and ethical norms, and positively contribute to one's communities.

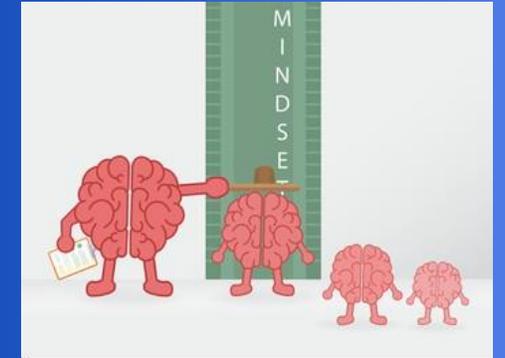


Concientización Social

La habilidad para empatizar, entender normas sociales y éticas y contribuir de manera positiva la comunidad.

Developing Brain

El Cerebro en Desarrollo



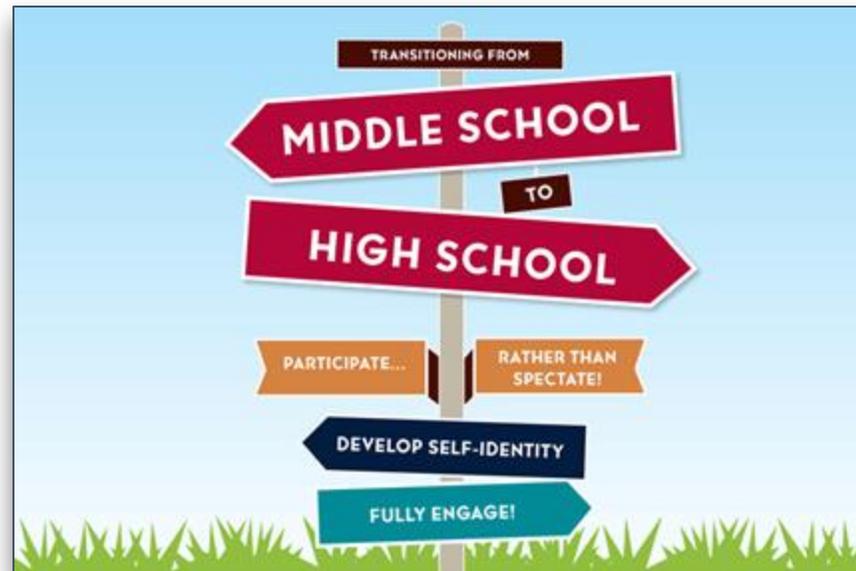
What Are The Changes You See?

¿Cuáles Son Los Cambios Que Veen?



Children change so much during big life transitions life when they go from elementary to middle school. What changes are new to you?

Los niños cambian mucho durante las grandes transiciones de la vida cuando pasan de la escuela primaria a la secundaria. ¿Qué cambios son nuevos para usted?



Did you know that big and important changes happen in the brain during adolescence? Here are a few facts to know about the teen brain:

- The teen brain is ready to learn and adapt.
- Teen brains may respond differently to stress.
- Adolescence is an important time for brain development.

¿Sabías que durante la adolescencia se producen grandes e importantes cambios en el cerebro? Aquí tienes algunos datos que debes conocer sobre el cerebro adolescente:

- El cerebro adolescente está preparado para aprender y adaptarse.
- El cerebro adolescente puede responder de forma diferente al estrés.
- La adolescencia es una época importante para el desarrollo del cerebro.

Why Understand Brain Development

Por Qué Entender el Desarrollo Cerebral



Understanding child development, helps parents provide:

- the right **balance of support and independence**;
- **navigate** emotional and social **changes**; and
- **strengthen** their **relationship** through open **communication**.

Comprender el desarrollo infantil ayuda a los padres a brindar:

- el **equilibrio** adecuado entre **apoyo** e **independencia**;
- **abordar cambios** emocionales y sociales; y
- **fortalecer** su **relación** a través de una **comunicación** abierta.



Teen Brains

Cerebros Adolescentes



What you need to know about teen brains:

1. They are still developing their prefrontal cortex (responsible decision-making, reasoning and self-control).
2. Their brains seek out new experiences and respond to social experiences.
3. Their brains are designed to learn new behaviors and influence by their environment.
4. Teen brains respond differently to stress but are resilient.
5. Teen brains needs 9-10 hours of sleep.

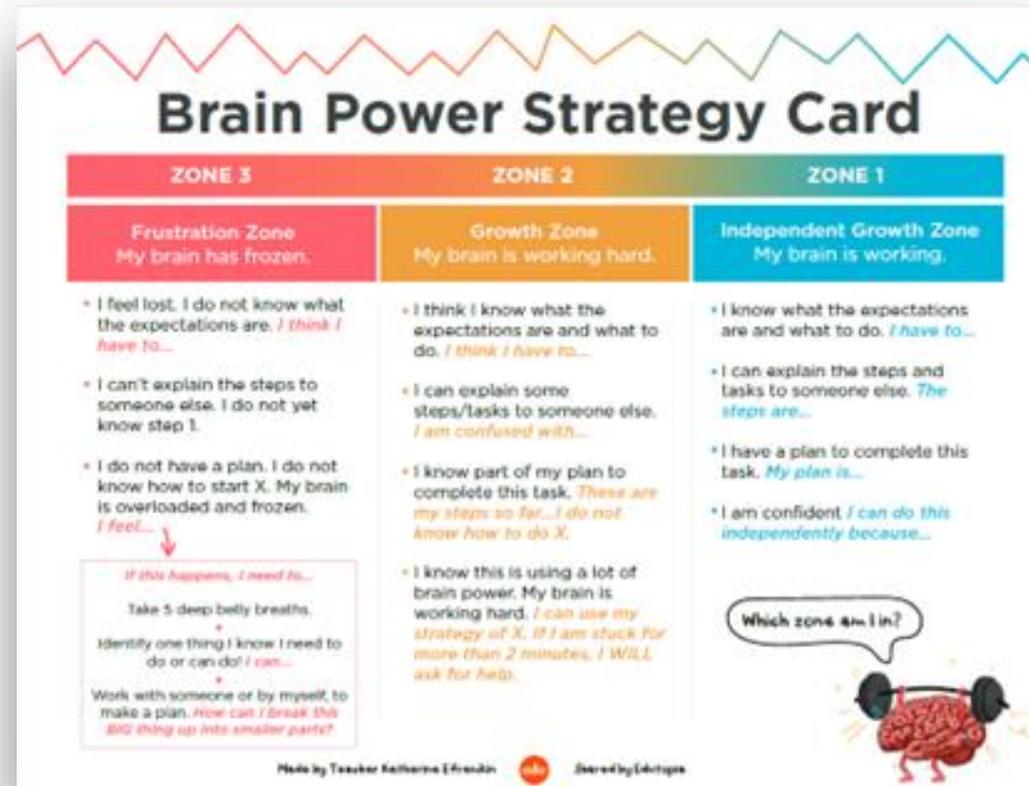
Lo que necesitas saber los cerebros de los adolescentes:

1. Están desarrollando su corteza prefrontal, que ayuda a tomar decisiones responsables, razonar y controlarse a sí mismos.
2. Sus cerebros buscan nuevas experiencias y responden a las experiencias sociales.
3. Sus cerebros están diseñados para aprender nuevos comportamientos y la influencia de su entorno.
4. Los cerebros de los adolescentes responden de manera diferente al estrés, pero son resilientes.
5. Los cerebros de los adolescentes necesitan dormir entre 9 y 10 horas.

Brain Power Strategy Card

Tarjeta de estrategia Brain Power

- Understand your child's learning process
- Support problem solving at home
- Build independence and confidence



Brain Power Strategy Card

| ZONE 3 | ZONE 2 | ZONE 1 |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Frustration Zone My brain has frozen. | Growth Zone My brain is working hard. | Independent Growth Zone My brain is working. |
| <ul style="list-style-type: none">• I feel lost. I do not know what the expectations are. <i>I think I have to...</i>• I can't explain the steps to someone else. I do not yet know step 1.• I do not have a plan. I do not know how to start X. My brain is overloaded and frozen. <i>I feel...</i> <p><i>If this happens, I need to...</i></p> <ul style="list-style-type: none">Take 5 deep belly breaths.Identify one thing I know I need to do or can do! <i>I can...</i>Work with someone or by myself, to make a plan. <i>How can I break this BIG thing up into smaller parts?</i> | <ul style="list-style-type: none">• I think I know what the expectations are and what to do. <i>I think I have to...</i>• I can explain some steps/tasks to someone else. <i>I am confused with...</i>• I know part of my plan to complete this task. <i>These are my steps so far... I do not know how to do X.</i>• I know this is using a lot of brain power. My brain is working hard. <i>I can use my strategy of X. If I am stuck for more than 2 minutes, I WILL ask for help.</i> | <ul style="list-style-type: none">• I know what the expectations are and what to do. <i>I have to...</i>• I can explain the steps and tasks to someone else. <i>The steps are...</i>• I have a plan to complete this task. <i>My plan is...</i>• I am confident. <i>I can do this independently because...</i> <p>Which zone am I in?</p>  |

Made by Teacher Katherine E. Frensch | Shared by Edutopia

- Comprender el proceso de aprendizaje de su hijo
- Apoyar la resolución de problemas en casa
- Fomentar la independencia y la confianza

Myths about the Brain

Mitos acerca del cerebro

Myth #1: You only use 10 percent of your brain.

Myth #2: Brain size affects intelligence.

Myth #3: The brain declines as you get older.

Myth #4: Your IQ stays the same throughout your life.

Myth #5: Your brain works better under pressure.



Mito n° 1: Sólo se utiliza el 10 por ciento del cerebro.

Mito n° 2: El tamaño del cerebro afecta a la inteligencia.

Mito n° 3: El cerebro disminuye con la edad.

Mito n° 4: El coeficiente intelectual permanece invariable a lo largo de la vida.

Mito n° 5: El cerebro funciona mejor bajo presión.

How To Support Your Child

Cómo Apoyar Tu hijo



1) **Listen and hear them.** Validate their feeling. Try to not judge.



2) **Set goals together.** Set goals and monitor progress. Identify barriers and how they will overcome them.



3) **Don't compare.** Acknowledge their strengths. Comparing doesn't motivate and help their relationships.

4) **Tell them it is okay to make mistakes.**

5) **Focus on the effort** they are applying and their perseverance.



1) Escúchalos y oiga. Valide sus sentimientos. Trate de no juzgarlos.

2) **Establezcan metas juntos.** Establezca metas y controle el progreso. Identifique las barreras y cómo las superarán.

3) **No los compare.** Compararlos no los motiva ni ayuda a sus relaciones. Ayúdalos a reconocer sus fortalezas.

4) **Dígalos que está bien cometer errores.**

5) Concéntrese en el esfuerzo que están aplicando y su perseverancia.



SEL Restorative Activity Plan

**Plan de Actividades
Restaurativas de
Aprendizaje
Socioemocional (SEL)**

RethinkEd LA Team

Equipo de RethinkEd LA



Dr. Ashlea Campbell



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Jennette Nguyen, M.Ed.



Daisy Jauregui



Robin Lindsley, M.Ed.



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Purpose, Outcome, and Process

Propósito, Resultado y Proceso

Purpose: Introduce the Social Emotional Learning Restorative Activity Plan.

Propósito: Introducción al Plan de Actividades Restaurativas de Aprendizaje Socioemocional (SEL)

Outcome: Understanding of the role of parents and families in the success of students' social emotional skill building.

Resultado: Comprensión del rol de los padres y las familias en el éxito del desarrollo de las habilidades socioemocionales de los estudiantes.

Process/Proceso:

What is the SEL Restorative Activity Plan for?
¿Para qué sirve el Plan de Actividades Restaurativas de SEL?



The Plan and Families' Participation
El Plan y la Participación de las Familias



Future Resources and Questions
Recursos Futuros y Preguntas



RethinkEd - A Comprehensive Wellness Solution
RethinkEd - Una solución integral de bienestar



Supporting the Whole Learning Community
Bienestar Para Toda La Comunidad

Awareness of Self and Others
Conciencia de uno mismo y de los demás

Social Awareness
Conciencia Social

Social Skills
Habilidades Sociales

**Together We Power
Potential**

At RethinkEd, we're on a mission to provide the support and create the communities that help individuals and the people they care about live healthier, happier, and more fulfilling lives each and every day.

**Juntos Desarrollamos el
Potencial**

En rethinked tenemos la misión de ofrecer apoyo y crear comunidades que ayuden a las personas y a sus seres queridos a llevar una vida más sana, feliz y plena.

Self Management
Autogestion

Self-Care
Autocuidado

Wellness and Equity
Bienestar y Equidad

What is the SEL Restorative Activity Plan?

¿Qué es el Plan de Actividades Restorativas de SEL?

What is the SEL Restorative Activity Plan?

¿Qué es el Plan de Actividades Restorativas de SEL?

Social Emotional Learning (SEL): the process of developing skills to understand and manage emotions, build positive relationships, and make responsible decisions.

Restorative Activity: practice that helps individuals reflect, repair relationships, and build a supportive community through communication, empathy, and accountability.

Plan: The SEL Restorative Activities will sometimes take the place of formal discipline and teach students the skill they were missing.

Aprendizaje Socioemocional (SEL): el proceso de desarrollar habilidades para comprender y manejar las emociones, construir relaciones positivas y tomar decisiones responsables.

Actividad Restorativa: práctica que ayuda a las personas a reflexionar, reparar relaciones y construir una comunidad de apoyo a través de la comunicación, la empatía y la responsabilidad.

Plan: Las Actividades Restorativas de SEL a veces reemplazarán la disciplina formal y enseñarán a los estudiantes la habilidad que les faltaba.

Order of Operations

Orden de las Operaciones

Student Challenge or Need is Identified
Se Identifica el Desafío o Necesidad del Estudiante

MiSiS Referral Code is Identified
Se Identifica el Código de Referencia de MiSiS

RethinkEd Lesson is Assigned
Se Asigna la Lección de RethinkEd

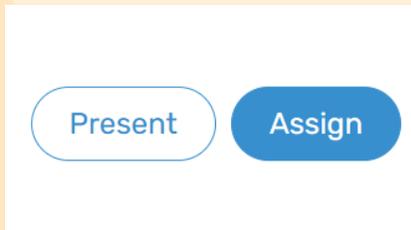
Parent Notification is Sent
Se Envía la Notificación a los Padres

Lesson is Completed at Home and Completion is Verified by Staff
La Lección se Completa en Casa y la Finalización es Verificada por el Personal

6th Grade Counseling MiSiS Referral Codes and RethinkEd SEL Lessons

| Code | Description | SEL Lesson | SEL Domain |
|------|------------------------------------------------------|-----------------------------|------------------|
| | Does not complete assignments/tasks | Focus at Home | Self-Management |
| | Grade average is going down | Time Solution | Self-Management |
| | In danger of failing/not meeting promotion standards | M.A.S.T. Goals | Self-Management |
| | Low scores | Build on Realities | Self-Management |
| | Recommend for intervention | S.M.A.S.T. Goals | Self-Management |
| | Working below standards/exhibits little effort | Focus at Home | Self-Management |
| | Excessive absences are affecting class work | My Student System | Social Awareness |
| | Tardies are affecting class work | My Student System | Social Awareness |
| | Truancies are affecting class work | Speaking Up for Your Needs | Self-Care |
| | Exhibits inconsiderate behavior | Collaborative Relationships | Social Skills |
| | Consistently violates classroom rules | Reflection on Actions | Social Skills |
| | Does not respect others/equipment/materials in class | Respect at Home | Social Skills |
| | Does not pay attention in class | ASK Quality Questions | ASIAQ |
| | Exhibits negative attitude | Depression at Home | Self-Care |
| | Needs to participate in class | Goals & Realities | Social Skills |
| | Health habits/personal care | Self-Care with Compassion | Self-Care |
| | Individual graduation plan | Speaking Up for Your Needs | Self-Care |
| | Trauma/violence exposure | All My Realities | Trauma |
| | Needs support and guidance | My Student System | Social Awareness |
| | Problems with peer relationships | Respectful Conflicts | Social Skills |
| | Sad/crying in class | Steps of Emotion | ASIAQ |
| | Seldom is prepared for class | S.M.A.S.T. Goals | Self-Management |
| | Wastes time in class | Maximize Success | Self-Management |
| | Reengagement | Social Awareness | ASIAQ |

RethinkEd LAUSD



RethinkEd LAUSD

RethinkEd Lesson for MiSiS Referral

Date: _____

Student Name: _____

Referring Staff Member: _____

MiSiS Referral: _____

RethinkEd Lesson Name: _____

Notes: _____

Parent or Guardian Instructions

- Discuss the referral with your student.
- Go to rethinked.com/login or search in Clever/Schoolology.
- Click on "Explore."
- Search RethinkEd Lesson Name listed above.
- Watch video and complete practice assignment.

Parent Signature of RethinkEd Lesson Completion: _____

Date: _____



Dear Families,

We are committed to fostering the well-being of every student in our school community. To support this goal, we are excited to introduce **the SEL Restorative Activity Plan**, designed to strengthen social-emotional learning (SEL) and provide additional support for students referred by their teachers.

Through this plan, our trained support staff will engage students in activities that promote self-awareness, emotional regulation, and positive relationship skills. These activities will address both counseling and behavioral needs, helping students build resilience and succeed both in and out of the classroom.

How You Can Participate at Home

As part of this initiative, families play an essential role in continuing social-emotional growth outside of school. If your student has been referred, you will receive a RethinkEd Lesson Parent Notification. This will include the specific lesson your student is encouraged to complete. Here's how you can support your child:

1. Discuss the referral with your child.
2. Have your child log in to RethinkEd through Clever or Schoology.
3. Click on "Explore" and search for the RethinkEd lesson name listed in the notification.
4. Watch the video and complete the practice assignment with your child.
5. Sign and date the notification form to confirm completion and return it to the school.

Your involvement not only helps your child but also strengthens the connection between school and home. In partnership with RethinkEd, together we can create a nurturing environment for their success.

Thank you for your support.

Please feel free to contact us at TeamLA@rethinked.com with any questions or concerns.

Sincerely,

Your RethinkEd and LAUSD SEL Teams

Letter to Families



Carta a las Familias

Estimadas familias:

Estamos comprometidos a fomentar el bienestar de cada estudiante en nuestra comunidad escolar. Para apoyar este objetivo, nos complace presentar el **Plan de Actividades Restaurativas de SEL**, diseñado para fortalecer el aprendizaje socioemocional (SEL) y brindar apoyo adicional a los estudiantes referidos por sus maestros.

A través de este plan, nuestro personal capacitado trabajará con los estudiantes en actividades que promueven la autoconciencia, la autorregulación emocional y habilidades positivas para las relaciones. Estas actividades atenderán tanto necesidades de consejería como de comportamiento, ayudando a los estudiantes a desarrollar resiliencia y a tener éxito dentro y fuera del aula.

Cómo Puede Participar Desde Casa

Como parte de esta iniciativa, las familias desempeñan un papel esencial para continuar el crecimiento socioemocional fuera de la escuela. Si su estudiante ha sido referido, usted recibirá una Notificación para Padres de Lección de RethinkEd. Esta incluirá la lección específica que se recomienda completar. Aquí le explicamos cómo puede apoyar a su hijo/a:

1. Converse con su hijo/a sobre la referencia recibida.
2. Haga que su hijo inicie sesión en RethinkEd a través de Clever o Schoology.
3. Haga clic en "Explorar" y busque el nombre de la lección de RethinkEd indicada en la notificación.
4. Vea el video y complete la tarea práctica junto con su hijo/a.
5. Firme y feche el formulario de notificación para confirmar la finalización y devuélvalo a la escuela.

Su participación no solo ayuda a su hijo/a, sino que también fortalece la conexión entre la escuela y el hogar. Juntos, podemos crear un ambiente de apoyo para su éxito.

Gracias por su apoyo. Por favor, no dude en contactarnos escribiendo a TeamLA@rethinked.com si tiene preguntas o inquietudes.

Atentamente,

Sus equipos SEL de RethinkEd y LAUSD



What will this look like? ¿Cómo se verá esto?

1

Regina is normally a highly engaged student, but lately she has not been herself. She no longer sits with her friends and seems sad all the time. A staff member discovers that she had a disagreement with her friends and decide to refer her to the Counseling Office. A staff member submits a referral for:

Problems with Peer Relationships



1

Regina normalmente es una estudiante muy participativa, pero últimamente no ha sido la misma. Ya no se sienta con sus amigas y parece estar triste todo el tiempo. Un miembro del personal descubre que tuvo un desacuerdo con sus amigas y decide referirla a la Oficina de Consejería. Un miembro del personal presenta una derivación por:

Problemas con Relaciones entre Compañeros

What will this look like?

¿Cómo se verá esto?

2

School Counselor utilizes our **6th Grade Counseling Referral Codes** to determine the appropriate SEL lesson to assign.

3

Regina is assigned our corresponding **"Resolving Conflicts"** lesson to complete at home.

RethinkEd LAUSD UNIFIED

RethinkEd Lesson for MiSiS Referral

Date: _____

Student Name: _____

Referring Staff Member: _____

MiSiS Referral: _____

RethinkEd Lesson Name: _____

Notes: _____

Parent or Guardian

1. Discuss the referral above
2. Go to rethinked.com/login or Clever/Schoology.
3. Click on "Explore."

[My Assignments](#)

4. Search RethinkEd Lesson for _____
5. Watch video and complete assignment.

Parent Signature of RethinkEd _____

Date: _____

RethinkEd LAUSD UNIFIED

Curso de RethinkEd para la Referencia de MiSiS

Fecha: _____

Nombre del Estudiante: _____

Empleado Referente: _____

Referencia de MiSiS: _____

Nombre del Curso RethinkEd: _____

Notas: _____

Instrucciones para Padres o Guardianes

1. Comente con su estudiante la referencia anterior.
2. Vaya a rethinked.com/login o busque en Clever/Schoology.
3. Haga clic en « Explore ».
4. Busca el nombre del curso de RethinkEd que esta arriba.
5. Vea el video y completa la tarea de práctica.

[My Assignments](#) [Explore](#)

Firma de Padres de Terminación del Curso de RethinkEd: _____

Fecha: _____

2

El consejero escolar utiliza nuestros **Códigos de Derivación de Consejería de 6to Grado** para determinar la lección de SEL adecuada que asignar.

3

A Regina se le asigna nuestra lección correspondiente de **"Resolución de Conflictos"** para completar en casa.

Students will complete RethinkEd activities in partnership with their parents or caregivers, fostering social-emotional learning at home and strengthening school-family relationships.

Los estudiantes completarán actividades de RethinkEd en colaboración con sus padres o cuidadores, fomentando el aprendizaje socioemocional en casa y fortaleciendo las relaciones entre la escuela y la familia.



RethinkEd

LAUSD UNIFIED



RethinkEd Lesson for MiSiS Referral

Date: _____

Student Name: _____

Referring Staff Member: _____

MiSiS Referral: _____

RethinkEd Lesson Name: _____

Notes: _____



Parent or Guardian Instructions

1. Discuss the referral above with your student.
2. Go to rethinked.com/login or search in Clever/Schoology.
3. Click on "Explore." 
4. Search RethinkEd Lesson Name listed above.
5. Watch video and complete practice assignment.



Parent Signature of RethinkEd Lesson Completion: _____

Date: _____



RethinkEd

LAUSD UNIFIED



Curso de RethinkEd para la Referencia de MiSiS

Fecha: _____

Nombre del Estudiante: _____

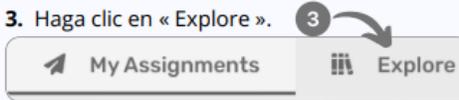
Empleado Referente: _____

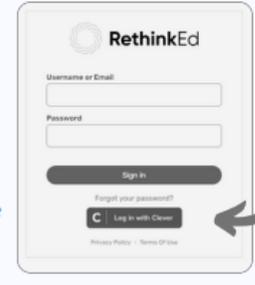
Referencia de MiSiS: _____

Nombre del Curso RethinkEd: _____

Notas: _____

Instrucciones para Padres o Guardianes

1. Comente con su estudiante la referencia anterior.
2. Vaya a rethinked.com/login o busque en Clever/Schoology.
3. Haga clic en « Explore ». 
4. Busca el nombre del curso de RethinkEd que esta arriba.
5. Vea el vídeo y completa la tarea de práctica.

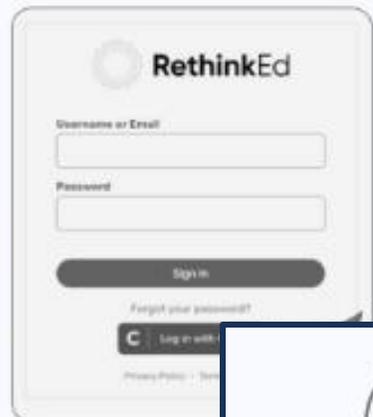
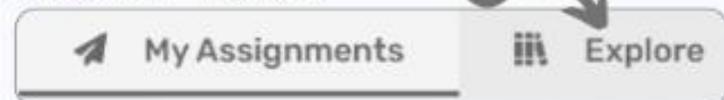


Firma de Padres de Terminación del Curso de RethinkEd: _____

Fecha: _____

Parent or Guardian Instructions

1. Discuss the referral above with your student.
2. Go to **rethinked.com/login** or search in Clever/Schoology.
3. Click on "Explore."
4. Search RethinkEd Lesson Name listed above.
5. Watch video and complete practice assignment.

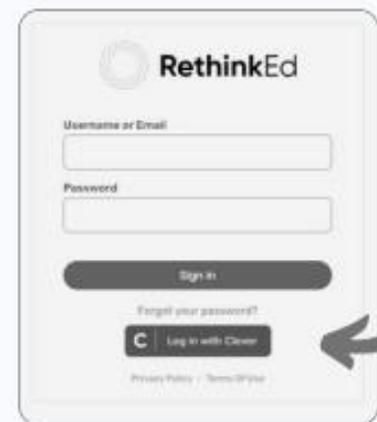
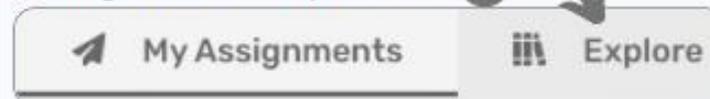


Parent Signature of RethinkEd Lesson Completion:

Date: _____

Instrucciones para Padres o Guardianes

1. Comente con su estudiante la referencia anterior.
2. Vaya a **rethinked.com/login** o busque en Clever/Schoology.
3. Haga clic en « Explore ».
4. Busca el nombre del curso de RethinkEd que esta arriba.
5. Vea el vídeo y completa la tarea de práctica.



Firma de Padres de Terminación del Curso de RethinkEd:

Fecha: _____

**Access
RethinkEd
now at home
with 4 easy
steps!**

**¡Únase a
RethinkEd
desde sus
casas en 4
sencillos
pasos!**

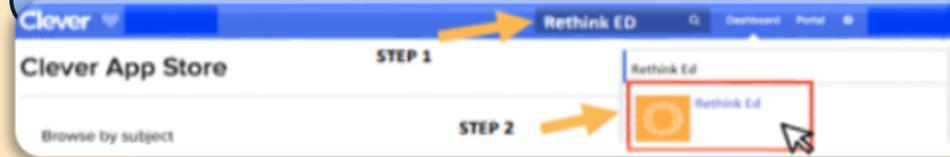
**Step
1**

- (1) Have your student log into their **Schoology** account and click the waffle in the top, right-hand corner.
 - (2) Then click on the **Clever Portal**
- (1) Pídanle a sus hijos que entren a su cuenta de **Schoology** y hagan clic en el waffle que se encuentra en la esquina superior derecha.
(2) Luego, haga clic en el **Portal Clever**



**Step
2**

Search "**Rethink Ed**" in the Clever Search bar
Busquen «**Rethink Ed**» en la barra de Búsqueda de Clever



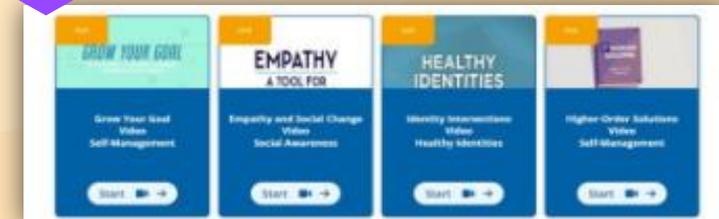
**Step
3**

Click on the RethinkEd icon.
Haga clic en el icono de RethinkEd



**Step
4**

You are now in the **RethinkEd
Student Center!**
Ahora se estarán en el **Centro de
Estudiantes RethinkEd!**



Student View

Vista del Estudiante



[My Assignments](#)

[Explore](#)

[Inbox](#)



To Do (5) Done (0)



Respect With Active Listening Video

Due on February 11, 2025

Not Started



Discussion Questions

Due on February 11, 2025

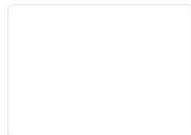
Not Started



Respect With Active Listening Student Resource

Due on February 11, 2025

Not Started



Freeze With Respect Activity

Due on February 11, 2025

Not Started



Summary Resumen

Student Challenge or Need is Identified
Se Identifica el Desafío o Necesidad del Estudiante

MiSiS Referral Code is Identified
Se Identifica el Código de Referencia de MiSiS

RethinkEd Lesson is Assigned
Se Asigna la Lección de RethinkEd

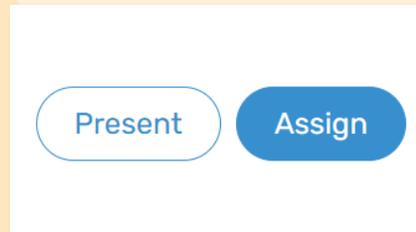
Parent Notification is Sent
Se Envía la Notificación a los Padres

Lesson is Completed at Home and Completion is Verified by Staff
La Lección se Completa en Casa y la Finalización es Verificada por el Personal

6th Grade Counseling MiSiS Referral Codes and RethinkEd SEL Lessons

| Code | Description | SEL Lesson | SEL Domain |
|------|------------------------------------------------------|-----------------------------|------------------|
| | Does not complete assignments/tasks | Focus at Home | Self-Management |
| | Grade average is going down | Time Solution | Self-Management |
| | In danger of failing/not meeting promotion standards | SMART Goals | Self-Management |
| | Low scores | Build on Realities | Self-Management |
| | Recommend for intervention | SMART Goals | Self-Management |
| | Working below standards/exhibits little effort | Focus at Home | Self-Management |
| | Excessive absences are affecting class work | My Student System | Social Awareness |
| | Tardies are affecting class work | My Student System | Social Awareness |
| | Truancies are affecting class work | Breaking My Own Bad Habits | Self-Care |
| | Exhibits inconsiderate behavior | Collaborative Relationships | Social Skills |
| | Consistently violates classroom rules | Reflection on Actions | Social Skills |
| | Does not respect others/equipment/materials in class | Respect at Home | Social Skills |
| | Does not pay attention in class | ASK Quality Questions | ASIA |
| | Exhibits negative attitude | Depression at Home | Self-Care |
| | Needs to participate in class | Goals & Realities | Social Skills |
| | Health habits/personal care | Self-Talk with Compassion | Self-Care |
| | Individual graduation plan | Breaking My Own Bad Habits | Self-Care |
| | Trauma/violence exposure | All My Realities | Trauma |
| | Needs support and guidance | My Student System | Social Awareness |
| | Problems with peer relationships | Respectful Conflict | Social Skills |
| | Sad/crying in class | Steps of Emotion | ASIA |
| | Seldom is prepared for class | SMART Goals | Self-Management |
| | Wastes time in class | Maximize Success | Self-Management |
| | Reengagement | Social Awareness | ASIA |

RethinkEd LAUSD



RethinkEd LAUSD

RethinkEd Lesson for MiSiS Referral

Date: _____

Student Name: _____

Referring Staff Member: _____

MiSiS Referral: _____

RethinkEd Lesson Name: _____

Notes: _____

Parent or Guardian Instructions

- Discuss the referral with your student.
- Go to rethinked.com/login or search in Clever/Schoolology.
- Click on "Explore."
- Search RethinkEd Lesson Name listed above.
- Watch video and complete practice assignment.

Parent Signature of RethinkEd Lesson Completion: _____

Date: _____



Student Lesson Examples

Ejemplos de lecciones para estudiantes

Thank You!
Gracias

Questions?
¿Preguntas?



Closing

Clausura

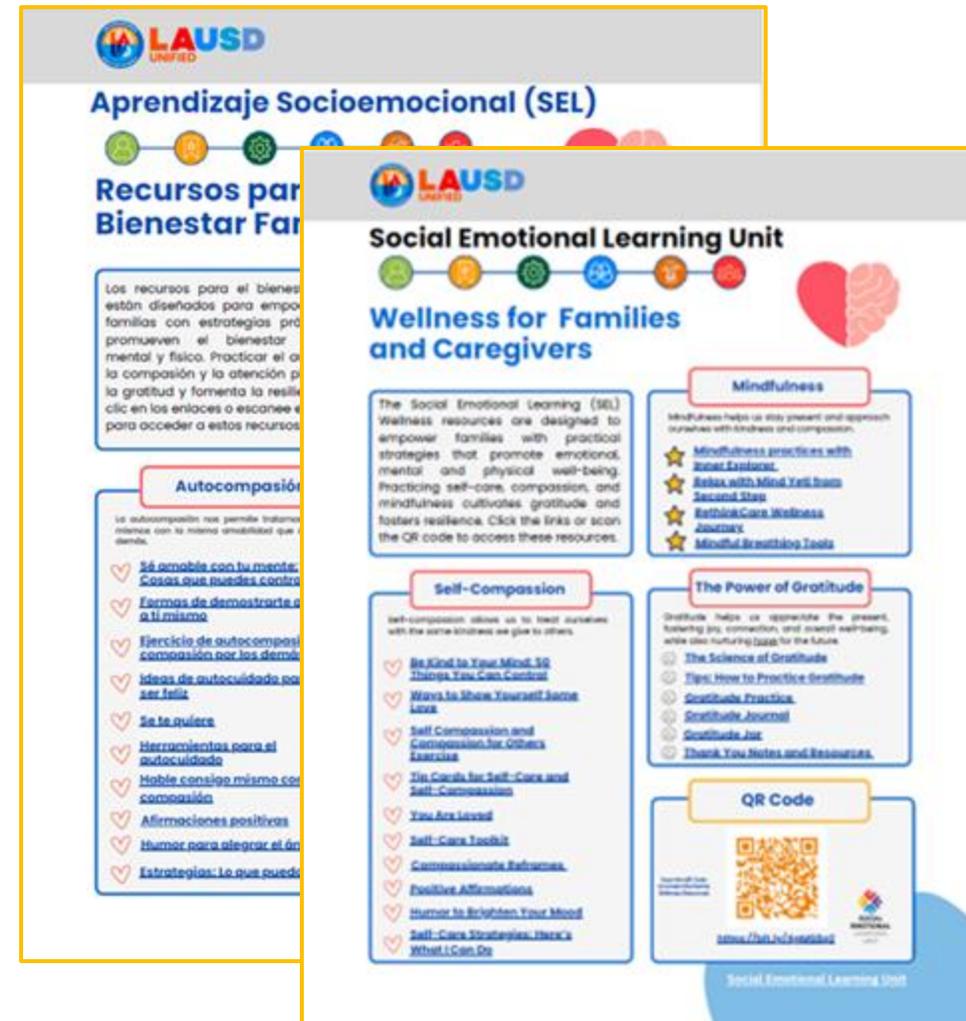
Family Wellness Resources

Recursos para el Bienestar Familiar



Scan the QR Code to access
SEL Family Resources

Escanee el Código QR para
acceder a los recursos
familiares de SEL



Aprendizaje Socioemocional (SEL)
Recursos para el Bienestar Familiar

Los recursos para el bienestar están diseñados para empoderar a las familias con estrategias prácticas que promueven el bienestar emocional y físico. Practicar la compasión y la atención plena fortalece la resiliencia. Haga clic en los enlaces o escanee el código QR para acceder a estos recursos.

Autocompasión

- Se amable con tu mente. Cosas que puedes controlar.
- Formas de demostrarte amor a ti mismo.
- Ejercicio de autocompasión y compasión por los demás.
- Meas de autocuidado para ser feliz.
- Se te quiere.
- Herramientas para el autocuidado.
- Móvil consigo mismo con compasión.
- Afirmaciones positivas.
- Humor para alegrar el día.
- Estrategias: lo que puedes hacer.

Social Emotional Learning Unit
Wellness for Families and Caregivers

The Social Emotional Learning (SEL) Wellness resources are designed to empower families with practical strategies that promote emotional, mental and physical well-being. Practicing self-care, compassion, and mindfulness cultivates gratitude and fosters resilience. Click the links or scan the QR code to access these resources.

Mindfulness

- Mindfulness helps us stay present and approach ourselves with kindness and compassion.
- Mindfulness practices with [Karee LaPointe](#).
- [Relax with Mind, Yell Team Second Step](#)
- [Self-Care Wellness Journey](#)
- [Mindful Breathing Tools](#)

Self-Compassion

- Self-compassion allows us to treat ourselves with the same kindness we give to others.
- [Be Kind to Your Mind: 50 Things You Can Control](#)
- [Ways to Show Yourself Some Love](#)
- [Self-Compassion and Compassion for Others Exercise](#)
- [The Cards for Self-Care and Self-Compassion](#)
- [You Are Loved](#)
- [Self-Care Toolkit](#)
- [Compassionate Reframes](#)
- [Positive Affirmations](#)
- [Humor to Brighten Your Mood](#)
- [Self-Care Strategies: Here's What I Can Do](#)

The Power of Gratitude

- Gratitude helps us appreciate the present, fostering joy, connection, and overall well-being while also nurturing hope for the future.
- [The Science of Gratitude](#)
- [Tips: How to Practice Gratitude](#)
- [Gratitude Practice](#)
- [Gratitude Journal](#)
- [Gratitude Jar](#)
- [Thank You Notes and Resources](#)

QR Code

[https://bit.ly/3m8v88d](#)

Social Emotional Learning Unit

SEL Family Resources

Recursos Familiares SEL



Scan the QR Code to access SEL Family Resources
Escanee el Código QR para acceder a los recursos familiares de SEL

A colorful graphic titled "SEL FAMILY" for the 2024-2025 school year. It features a smiling sun character and a blue banner with the text "SOCIAL EMOTIONAL LEARNING FOR FAMILIES AND CAREGIVERS". The graphic includes a QR code with the text "SCAN HERE" and "Scan QR Code to access the resources." Below the QR code is a list of resources: Self Awareness, Self Efficacy, Growth Mindset, Self-Management, Responsible Decision-Making, and Social Awareness. The graphic also includes a section titled "RESOURCES" with links to RethinkEd Family Monthly Workshops, Harmony Academy Family Toolkit, Second Step Family Resources, and Inner Explorer Family Resources. The bottom right corner of the graphic says "Social Emotional Learning Unit 2024-2025".

A graphic titled "What is Social Emotional Learning? Families and Caregivers". It features a lightbulb icon and a section titled "Definition" which states: "Social Emotional Learning (SEL) is a process of learning social and emotional skills, and it's just as important as academic skills, such as reading and math. The learning process is most effective when it begins early in a child's life and continues into adulthood." Below the definition is a list of benefits: Manage emotions and behaviors, Have empathy and show care and concern for others, Solve problems effectively, Make responsible decisions, and Maintain healthy relationships. There is also a section titled "Benefits" with a pencil icon, which states: "Research and experience show that Social Emotional Learning (SEL) promotes: Academic achievement and growth, Positive self-awareness and social relationships, Emotional regulation and effective communication, A supportive and inclusive school culture, Collaboration and teamwork skills, Emotionally safe environments and protective factors that buffer against mental health risks." At the bottom, it says: "For more details on SEL and its benefits, we encourage you to visit CASEL's website." The LAUSD UNIFIED logo is in the top right corner.

Questions? ¿Preguntas?





Social Emotional Learning Unit

Unidad de Aprendizaje Socioemocional

Director

Dr. Justin Lauer, Middle School Director
jxl9505@lausd.net



SOCIAL EMOTIONAL
LEARNING UNIT

Social Emotional Learning (SEL) Advisers

Asesores de Aprendizaje Socioemocional (SEL)

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Central Office

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Region South

Irma Jimenez
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Have a Great Day!

¡Que tengas un gran día!

Thank you for your support and for encouraging your children to participate in all social emotional learning opportunities.

Gracias por su apoyo y por motivar a sus hijos a participar en todas las oportunidades de aprendizaje socioemocional.

Thank
you



Review of learning

Repaso del aprendizaje

Learn about:

- Social Emotional Learning (SEL) Foundations and the Developing Child
- SEL Restorative Practices Plan for Families & Caregivers

Aprenda sobre:

- Fundaciones Aprendizaje e Socioemocional (SEL) y el Niño en Desarrollo
- Plan de prácticas restaurativas SEL para familias y cuidadores



How did we do?

¿Cómo nos fue?

Please take a few minutes to tell us how beneficial this workshop was for you.

Por favor tome unos minutos para contarnos qué tan beneficioso fue este taller para usted.

1. How Did We Do? / ¿Como lo hicimos? (Rating Scale)

1: Not Beneficial / No beneficioso, 5: Extremely Beneficial / Extremadamente beneficioso

| | | | | |
|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| 1 | 2 | 3 | 4 | 5 |
|  |  |  |  |  |

Call to Action



Llamada a la Acción

What is something you learned today that you would like to put into practice or share with others? Let us know in chat!



*¿Qué es algo que aprendió hoy que le gustaría poner en práctica o compartir con otros?
¡Díganos en el chat!*



Evaluation



Evaluación

Please take a few minutes to tell us how this webinar supported your learning.
Por favor tome unos minutos para informarnos cómo este seminario web apoyó su aprendizaje.

<https://bit.ly/FAW2025-02-25>

2025.02.25 Restorative
SEL

SESSION EVALUATION

1. Select the date of the session. *



English

Spanish



“KNOW YOUR RIGHTS” ESSENTIAL UPDATES, REAL-LIFE VIGNETTES, AND A FAMILY PREPAREDNESS PLAN

“CONOZCA SUS DERECHOS”: ACTUALIZACIONES ESENCIALES, ANÉCDOTAS DE LA VIDA REAL Y UN PLAN DE PREPARACIÓN FAMILIAR

REGION EAST REGIÓN ESTE

- Thu., Jan. 30, 2025
- Jue, 30 de enero, 2025
- 4:30–6:00pm

- International Studies Learning Center
- 5220 Tweedy Blvd, South Gate, CA 90280

REGION SOUTH REGIÓN SUR

- Sat., Feb. 22, 2025
- Sáb, 22 de feb, 2025
- 10:00–11:30am

- Diego Rivera Learning Academies
- 6100 S Central Ave, Los Angeles, CA 90001

Vinaka, Kōszōnōm, Kiitos, Maake, Asante, Shukria, Dhanyavadagalu, Manana, Dankon, 감사합니다, Dankscheen, Kam Sah Hammida, ار كيش, Maururu, Biyan, Matondo, Dank Je, Dankscheen, Chokrane, Diolch i Chi, Terima Kasih, Taiku, Tack, Blagodaram, Ngiyabonga, Dziękuje, Arigato, Grazie, Mochchakkeram, Juspaxar, Gracías, Gracies, Khap, Paldies, Tingki, Ua Tsang Rau Koj, Bedankt, Dakujem, धन्यवाद, cảm ơn bạn, Gratias Tibi, Obrigado, Dekuji, Nirringrazzjak, Hvala, Di Ou Mesi, Kia Ora, Kop Khun, Khap, Paldies, ありがとう, Suksama, Rahmat, Matur Nuwun, 谢, Welalin, Merci, Go Raibh Maith Agat, Eskerrik Ask, Misaoitra, Matur Nuwun, 谢, Xbala, Danke, Mercí, Salamat, ๒๐๒๐๒๐๒๐๒๐๒๐, Najis Tuke



Office of Student, Family and
Community Engagement

LAUSD
UNIFIED



Student & Family Wellness Resource Line

Línea de Recursos de Bienestar Familiar y Estudiantil

consultations *consultas* | **support** *apoyo* | **referrals** *remisiones a servicios*

For support with / Para recibir apoyo en:

- ✓ Mental Health
Salud Mental
- ✓ Health Insurance
Seguro Médico
- ✓ Enrollment
Inscripción
- ✓ Immunizations
Vacunas
- ✓ Food & Housing
Comida y Vivienda
- ✓ and more!
y más



 (213) 241-3840

 8:00 AM - 4:30 PM

 askshhs.lausd.net



Parent & Caregiver Virtual Support Group

A group for:

- Parents/caregivers of LGBTQ+ students
- LGBTQ+ parents/caregivers

Topics include:

- Supporting your child’s mental health
- Navigating challenges in school
- Understanding available supports and community resources

7:00 PM
2nd Wednesdays

tinyurl.com/LAUSDcaregivers



2024: Sept. 11th, Oct. 9th, Nov. 13th, Dec. 11th
2025: Jan. 8th, Feb. 12th, Mar. 12th, Apr. 9th, May 14th

Email humanrelations@lausd.net for more information



Grupo de Apoyo Virtual para Padres y Cuidadores

Un grupo para:

- Padres/cuidadores de estudiantes LGBTQ+
- Padres/cuidadores LGBTQ+

Los temas incluyen:

- Apoyando la salud mental de su hijo
- Cómo afrontar los desafíos en la escuela
- Comprender los apoyos disponibles y los recursos comunitarios

7:00 PM
2º miércoles

tinyurl.com/LAUSDcaregivers



2024: 11 de septiembre, 9 de octubre, 13 de noviembre, 11 de diciembre
2025: 8 de enero, 12 de febrero, 12 de marzo, 9 de abril, 14 de mayo

Envíe un correo electrónico a humanrelations@lausd.net para obtener más información



Creating a Culture of Care and Hope

Taking Care of Yourself and Your Children in Times of Change, Stress & Crisis

Families, please join us to learn practical exercises to reduce stress, enhance well-being, access wellness resources, and navigate stress with your child. We will also discuss strategies to build trust, support well-being, and manage stress.

Dates: Thursday, March 6 and 13

Time: 5:30 pm-7:00 pm

Registration: <https://mobilize.us/s/TzDBOc>

ZOOM WEBINAR

Register



Creando una Cultura de Cuidado y Esperanza

Cuidando de Sí Mismo y de Sus Hijos en Tiempos de Cambio, Estrés y Crisis

Familias, los invitamos a aprender ejercicios prácticos para reducir el estrés, mejorar el bienestar, acceder a recursos de salud y manejar el estrés junto a sus hijos. También discutiremos estrategias para fortalecer la confianza, apoyar el bienestar y afrontar situaciones de estrés.

Fechas: Jueves 6 y 13 de marzo

Horario: 5:30 p.m. - 7:00 p.m.

Registro: <https://mobilize.us/s/xcg2Tr>

SEMINARIO WEB POR ZOOM

Regístrese





EDUCATIONAL
TRANSFORMATION
OFFICE

LAUSD
UNIFIED



ETO STEAM FEST

SCIENCE · TECHNOLOGY · ENGINEERING · ARTS · MATH

CELEBRATE STEAM LEARNING
AT PRIORITY SCHOOLS!



SATURDAY, MARCH 8, 2025
9:00 a.m.-12:00 p.m.



Contreras Learning Complex
322 Lucas Ave
Los Angeles, CA 90017



For more information, please visit:
bit.ly/ETO-STEAM-FEST



EDUCATIONAL
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OFFICE

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FERIA DE STEAM

CIENCIA · TECNOLOGIA · INGIENERIA · ARTES · MATEMATICAS

¡CELEBREMOS EL APRENDIZAJE DE
STEAM EN LAS ESCUELAS DE
PRIORIDAD!



SABADO, 8 DE MARZO, 2025
9:00 a.m.-12:00 p.m.



Contreras Learning Complex
322 Lucas Ave
Los Angeles, CA 90017



Para más información, favor de visitar:
bit.ly/ETO-STEAM-FEST



FAMILY AND COMMUNITY RECOVERY GUIDE

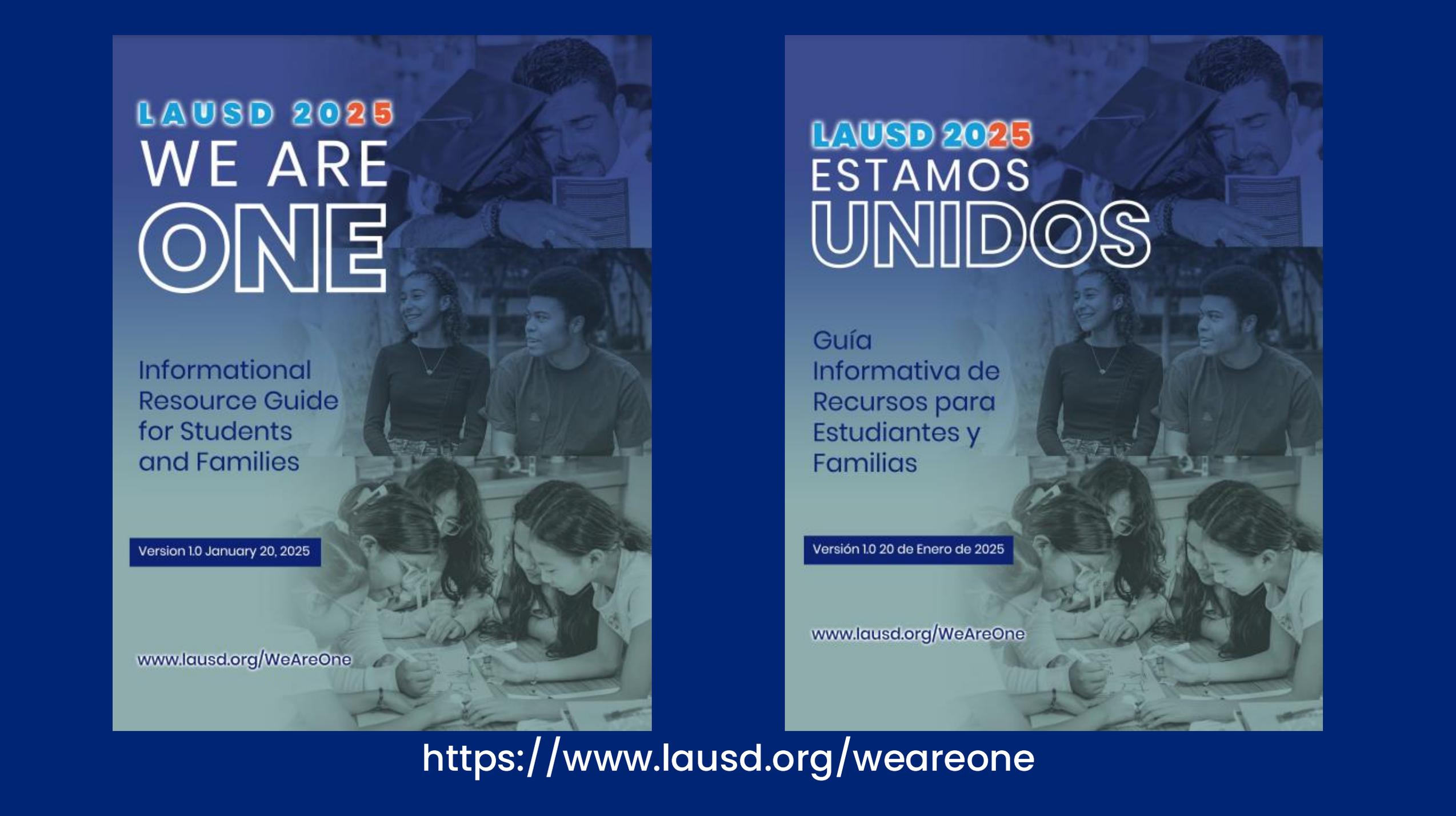
Providing Critical Resources for Families in Need



GUÍA DE RECUPERACIÓN PARA FAMILIAS Y COMUNIDAD

Ofreciendo Apoyo y Recursos Esenciales
a Nuestras Familias

lausd.org/schoolupdates

The background of the entire image is a collage of three photographs. The top photo shows a male teacher with a beard, wearing a graduation cap and gown, looking down at a book. The middle photo shows two female students sitting at a desk, smiling and looking towards the right. The bottom photo shows a group of four female students sitting around a table, looking at papers and talking. The text is overlaid on this collage.

LAUSD 2025

WE ARE ONE

Informational
Resource Guide
for Students
and Families

Version 1.0 January 20, 2025

www.lausd.org/WeAreOne

LAUSD 2025

ESTAMOS UNIDOS

Guía
Informativa de
Recursos para
Estudiantes y
Familias

Versión 1.0 20 de Enero de 2025

www.lausd.org/WeAreOne

<https://www.lausd.org/weareone>

Did you miss a Family Academy Webinar? ¿No pudo asistir a un webinar de la Academia para la Familia?

Home > Families > PCSS > LAUSDFamilyAcademy

EQUITY COURSE PATHWAYS - Family Academy

COURSE CATALOGUE - Family Academy

The Family Academy is designed to leverage families' assets to be empowered as they support their child from the early primary years to college and career success. This effort will complement family knowledge by connecting them to actionable learning focused on their child's development, as well as opportunities to accelerate their own careers and quality of livelihood.

 View the course catalogue for Family Academy central course offerings in **June 2024**: English | Spanish

 View the course catalogue for Region and Virtual Academy course offerings in **June 2024**:

<https://www.lausd.org/familyacademy>



FAMILY ACADEMY

LA UNIFIED

