


FAMILY ACADEMY COURSE CATALOGUE

For Students, Parents and Caregivers

MARCH 2026


FROM AWARENESS TO ACTION: SSC & ELAC PARENT WORKSHOP

This webinar helps parents move from learning about School Site Council (SSC) and English Learner Advisory Committee (ELAC) to making informed decisions. This virtual workshop will guide you through responsibilities and strategies to participate effectively. Whether you are a committee member or not, leave with knowledge and practical steps to influence decisions at your child's school.

Date and Time	Location	Join here
Tuesday, March 10, 2026 9:00 – 10:30am	Zoom: https://bit.ly/familyacademywebinar ID: 886 6726 7600	


CITY OF LOS ANGELES IN FOCUS: LEADERS, RESOURCES & INITIATIVES FOR YOU

Hosted by Family Academy, this informative webinar features LA City officials who will give you an inside look at how City government works and how it supports you and your family. Meet the leaders serving your community, learn about essential services, programs, and resources — and find out exactly where to access them. We'll also highlight exciting city initiatives designed to benefit residents and strengthen neighborhoods. Whether you're new to the city or a longtime resident, this is your opportunity to connect, learn, and get involved!

Date and Time	Location	Join here
Thursday, March 12, 2026 9:00 – 10:30am	Zoom: https://bit.ly/familyacademywebinar ID: 886 6726 7600	

GROWING ALGEBRAIC MINDS: FROM PATTERNS TO PROBLEM SOLVING

This webinar helps families partner with teachers to support their child's growth in math from preschool through 5th grade. Participants will explore how experiences with patterns, relationships, and problem-solving build the foundation for algebraic thinking at every stage of learning. Parents will leave with practical, hands-on strategies to reinforce math at home and help make learning meaningful, confidence-building, and engaging—empowering them to play an active role in their child's academic success.

Date and Time	Location	Join here
Tuesday, March 17, 2026 9:00 – 10:30am	Zoom: https://bit.ly/familyacademywebinar ID: 886 6726 7600	




FAMILY ACADEMY COURSE CATALOGUE

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LEGISLATIVE ADVOCACY: HOW PARENTS CAN ENGAGE WITH THEIR ELECTED REPRESENTATIVES

Join us for an informational briefing where you will learn how to make your voice heard on important legislative issues impacting public education and students. This presentation will give you an understanding of Los Angeles Unified's advocacy priorities for 2026, and will provide you with tools and tips to engage with your local, state, or federal elected representatives on issues that matter to you.

Date and Time	Location	Join here
Wednesday, March 18, 2026 9:00 – 10:30am	Zoom: https://bit.ly/familyacademywebinar ID: 886 6726 7600	

DISCOVER THE POWER OF NUTRITION: FUELING OUR STUDENTS FOR SUCCESS

Join our District Food Services team for an inspiring session on how good nutrition powers strong minds and healthy bodies! Discover how our school meals are designed to energize learning, support growth, and introduce students to the joy of balanced eating. You'll get a behind-the-scenes look at our menus, meet the experts who make it all happen, and take home easy tips for helping your child build healthy habits at home. Together, let's fuel success—one delicious bite at a time!

Date and Time	Location	Join here
Wednesday, March 25, 2026 9:00 – 10:30am	Zoom: https://bit.ly/familyacademywebinar ID: 886 6726 7600	



FAMILY ACADEMY COURSE CATALOGUE

For Students, Parents and Caregivers



WE ARE ONE KNOW YOUR RIGHTS WORKSHOPS



DATES & TIMES:

Weekly Friday* workshops begin
August 22, 2025.

Morning 1st & 3rd Fridays from 9:00 – 10:30AM

Evening 2nd & 4th Fridays from 5:00 – 6:30PM

*No sessions on holidays or during LAUSD recess periods.



ZOOM INFORMATION:

Zoom URL: bit.ly/WeAreOneLAUSD

Zoom ID: 895 5755 5227



LANGUAGE SUPPORT:

Simultaneous Spanish interpretation
will be offered.

Families and schools across L.A. are invited to come together for this powerful weekly workshop designed to inform, support, and empower our communities.

Developed with the help of trusted nonprofit experts, these sessions cover key topics like legal rights as immigrants, education, housing, health, and more. While not offering legal advice, the workshops provide vital tools, resources, and connections to help families stay prepared and resilient.

Principals are encouraged to share this opportunity with families and help build a stronger school community by hosting on-campus watch parties. These gatherings not only offer a space to learn but also create moments for connection, mutual support, and community-building. Let's grow stronger—together.

Disclaimer: LAUSD does not offer legal advice. The workshops are for informational purposes only and the content is subject to revisions and updates depending on any changes in policies, procedures, and law. For legal counsel, please consult with licensed attorneys.

To get a Red Card, please contact your school site and use the following QR code to download a copy in your language of preference.



WE ARE ONE: "KNOW YOUR RIGHTS" VIRTUAL WORKSHOP

Join here



Zoom URL: <https://bit.ly/WeAreOneLAUSD>

Zoom ID: 895 5755 5227

Date	Time
Friday, March 6, 2026	9:00 – 10:30am
Friday, March 13, 2026	5:00 – 6:30pm
Friday, March 20, 2026	9:00 – 10:30am

