



LOS ANGELES UNIFIED SCHOOL DISTRICT
District Nursing Services
Sosse Bedrossian, Director
Donna Horowitz, Administrative Coordinator
Clare Reid, Coordinator, Special Programs
121 N. Beaudry Avenue Los Angeles, CA 90012
(213) 202-7580



American
Heart
Association®

AUTHORIZED
TRAINING
C E N T E R

2025-2026 1st Semester

AMERICAN HEART ASSOCIATION

HEARTSAVER FIRST AID

Skills Practice and Testing

This course presents the 2020 American Heart Association Guidelines for CPR for Adult/Child/Infant, First Aid and Emergency Cardiovascular Care

DATE	DAY	TIME	LOCATION	ROOM
August 28, 2025	Thursday	11:00 am – 12:00 pm	121 N. Beaudry Ave Los Angeles, CA 90012	Training Room
September 11, 2025	Thursday	11:00 am – 12:00 pm	121 N. Beaudry Ave Los Angeles, CA 90012	Training Room
September 25, 2025	Thursday	11:00 am – 12:00 pm	121 N. Beaudry Ave Los Angeles, CA 90012	Training Room
October 16, 2025	Thursday	11:00 am – 12:00 pm	121 N. Beaudry Ave Los Angeles, CA 90012	Training Room
October 30, 2025	Thursday	11:00 am – 12:00 pm	121 N. Beaudry Ave Los Angeles, CA 90012	Training Room
November 06, 2025	Thursday	11:00 am – 12:00 pm	121 N. Beaudry Ave Los Angeles, CA 90012	Training Room
November 20, 2025	Thursday	11:00 am – 12:00 pm	121 N. Beaudry Ave Los Angeles, CA 90012	Training Room
December 11, 2025	Thursday	11:00 am – 12:00 pm	121 N. Beaudry Ave Los Angeles, CA 90012	Training Room

The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

PLEASE READ CAREFULLY

Prior to taking this portion of the course:

- **Complete** the on-line module on American Heart Association (AHA) website
- Go to eLearning.heart.org: On the **Home** page → click on the drop-down menu on **Find A Course**
- Choose **Heartsaver** → Click **Go** → Choose **Heartsaver First Aid Online**
- Click **Add to Cart**. Check order (**Prod. #20-1402; \$18.50 fee payable to AHA**)
- Click **Add to Cart** → **Checkout**
- Fill in the required information. Call 1-888-242-8883 for questions/assistance.
- Click → **My Courses** and start the course. Enter and exit the course as often as necessary

After completing the course:

- **Register** for a Heartsaver First Aid Skills Practice and Testing Session on MyPLN **within 60 days** of completion
- **Print** Certificate of Completion
- **Present** certificate to the skills practice & testing session, which is classroom-based, held at District Nursing Services

ATTIRE: Wear comfortable clothes

COST: **\$25.00** Payment by cash or check made to LAUSD

WHO: LAUSD **School Nurses, LVNs, and Health Office Clerks**

HOW TO ENROLL: Log onto lausd.org/MyPLN. Sign in with LAUSD SSO

On the home page click **Search** → on **Global Search**, type **First Aid**

Select 2025-26 Heartsaver First Aid Skills Practice and Testing

Select the training date you would like to enroll in by clicking **View Details** → Click **Request** button

This will take you to your **Transcript**, indicating you are registered

You will receive an automated email from MyPLN stating that you are enrolled