



Medical Services Division
Physical Exam Parent Notification
(use school letterhead)

Date:

Dear Parent/Guardian:

The California Department of Health Care Services (DHCS) and the Los Angeles Unified School District (LAUSD) recommends children to have a physical examination within 18 months prior to or not later than three (3) months after entering first grade. The examination includes a health history, physical examination with vision and hearing screening, necessary immunizations, tuberculosis screening and possibly a test for anemia, a urine test and blood lead screening.

Many physicians and group health plans offer these services. If you are covered by a private health plan you should have the examination done there. The Los Angeles Unified School District can provide this service to the families of those students who are eligible and unable to obtain this examination from their physician or clinic. Please consult with the school nurse to see if your family qualifies.

For the exam at one of the District's School-Based Health Centers or Wellness Centers, you must be present with your child. The results of the examination, including any necessary referral assistance, will be discussed with you. Please indicate your choice below with a check mark and return the form to the school nurse.

- ☐ 1. My child will have the physical examination done by a private doctor or health plan. I will provide the school with a copy of the findings.
- ☐ 2. I wish to have my child referred to one of the District's School-Based Health Centers or Wellness Centers in order to receive a health examination for school entry.
- ☐ 3. I do not wish my child examined for school entry.

Name of Child _____ Room # _____

Name of Adult _____ Relation to Student _____

Sincerely,

Principal