

Los Angeles Unified School District  
Medical Services Division  
District Nursing Services Branch

Guidelines for School Nurse

Training for Epinephrine Auto-Injector

**Prior to Training**

Site Administrator to designate personnel to be trained  
Determine where auto-injector will be stored or if student will self carry  
Complete Individual Emergency Care Plan and Confidential Health Information  
For a Student with Severe Allergies (Form 33.05 3/05)

**Training**

Discuss Individual Emergency Care Plan

- Review student's specific allergy and ways to avoid
- Review warning symptoms of reactions

Show DVD

Demonstrate administration using auto-injection trainer

Have each person practice with trainer

Provide copy of *Individual Emergency Care Plan* and *Confidential Health Information for a Student with Severe Allergies*

Training needs to be conducted each school year

- Also review before special activities such as trips
- Training also done if student has order to self-administer

When administered, instruct trained personnel to:

- Document on medication log or electronic log
- Complete Injury/Accident Investigation Report
- Notify School Nurse to record on health record.

**Keys Points**

**Call 911**

Give at start of any reaction occurring after exposure to known allergen.  
Must be transported to hospital even if symptoms have resolved  
as medication only lasts 15-20 minutes.  
Trained personnel should always stay with child once it is known student has been  
exposed to a known allergen.  
Trained personnel need to know where medication is stored and have access to keys at  
all times.  
Be sure information is available to all substitutes.  
Transport used unit by replacing in storage tube needle end first.  
EpiPen: majority of drug stays in unit after activation  
will hear click when unit is activated.  
TwinJet: follow instruction on side of unit to administer second dose.