

## LOS ANGELES UNIFIED SCHOOL DISTRICT District Nursing Services Branch Sosse Bedrossian, Director Donna Horowitz, Administrative Coordinator Clare Reid, Coordinator, Special Programs 121 N. Beaudry Avenue Los Angeles, CA 90012 (213) 202-7580



## 2025-2026 1st Semester AMERICAN HEART ASSOCIATION HEARTSAVER FIRST AID CPR AED Skills Practice and Testing

This course presents the 2020 American Heart Association Guidelines for CPR for Adult/Child/Infant, First Aid and Emergency Cardiovascular Care

| DATE               | DAY      | TIME               | LOCATION                                    | ROOM          |
|--------------------|----------|--------------------|---|---------------|
| August 26, 2025    | Tuesday  | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| September 04, 2025 | Thursday | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| September 09, 2025 | Tuesday  | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| September 15, 2025 | Monday   | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| September 18, 2025 | Thursday | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| September 30, 2025 | Tuesday  | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| October 07, 2025   | Tuesday  | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| October 09, 2025   | Thursday | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| October 14, 2025   | Tuesday  | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| October 21, 2025   | Tuesday  | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| October 27, 2025   | Monday   | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| November 04, 2025  | Tuesday  | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| November 10, 2025  | Monday   | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| November 18, 2025  | Tuesday  | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| December 02, 2025  | Tuesday  | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| December 04, 2025  | Thursday | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |
| December 09, 2025  | Tuesday  | 7:45 am – 11:00 am | 121 N. Beaudry Ave<br>Los Angeles, CA 90012 | Training Room |

The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA

## PLEASE READ CAREFULLY

Prior to taking this portion of the course:

- Complete the on-line module on American Heart Association (AHA) website
- Go to <u>eLearning.heart.org</u>: On the Home page → click on the drop-down menu on Find A Course
- Choose **Heartsaver** → Click **Go** → Choose **Heartsaver Total- Heartsaver First Aid CPR AED Online**
- Click Add To Cart. Check order (Prod. #20-1440, \$23.00 fee payable to AHA)
- Click Add To Cart → Checkout
- Fill in the required information. Call 1-888-242-8883 for questions/assistance.
- Click→ My Courses and start the course. Enter and exit the course as often as necessary
- Complete ALL the Optional Portions (Child and Infant CPR, Relief of Choking)

## After completing the course:

- Register for a Heartsaver First Aid CPR AED Skills Practice and Testing Session on MyPLN within 60 days of completion
- Print Certificate of Completion
- **Presen**t certificate to the skills practice & testing session, which is classroom-based, held at District Nursing Services

**ATTIRE**: Wear comfortable clothes

**COST**: \$10.00 Payment by cash or check made to LAUSD

WHO: Open to All LAUSD Employees (This class meets the requirement for teacher

credentialing in CPR)

**HOW TO ENROLL:** Log onto lausd.org/MyPLN. Sign in with LAUSD SSO

On the home page click **Search** on **Global Search**, type

Heartsaver

Select 2025-26 Heartsaver First Aid CPR AED Skills Practice

and Testing

Select the training date you would like to enroll in by clicking **View**Details→ Click Request button

This will take you to your **Transcript**, indicating you are registered

You will receive an automated email from MyPLN stating that you

are enrolled