

GOVERNING BOARD

ELIZABETH CARDENAS
ROBERTO GARCIA
ERNESTO PINEDO
BEATRIZ RODRIGUEZ
MARGO LAMOREAUX



ADMINISTRATION

KEILA RODRIGUEZ
SUPERINTENDENT
CYNTHIA Z. BELTRAN
ASST. SUPERINTENDENT OF
ADMIN. SERVICES
TRACY CANALEZ
PRINCIPAL/PROJECTS DIRECTOR

☀️ You're Invited! Join the Meadows Union School Wellness Committee ☀️

Help shape a healthier future for our students and school community!

Every day, students spend a large part of their lives at school. At **Meadows Union School District**, we believe schools play a vital role in helping students develop **healthy habits that last a lifetime**. That's why we invite parents, guardians, staff, and community members to be part of our **School Wellness Committee**.

🧠👤 What is the School Wellness Committee?

The School Wellness Committee is an advisory group dedicated to supporting the **health and well-being of students and staff**. Members work together to:

- Promote healthy eating and physical activity
- Support a positive and healthy school environment
- Review and strengthen wellness policies and programs
- Encourage family and community involvement
- Help plan wellness activities for students and staff

📅 First Meeting

- 📍 **Location:** Community Room
- 🕒 **Time:** 3:30 p.m. – 4:30 p.m.
- 📅 **Month:** October 16th 2025

(Meetings are held **four times during the school year**.)

👤 Who Can Join?

We welcome:

- Parents and guardians
 - School staff
 - Community members
- No special experience is required — just an interest in supporting student wellness!

📞 Interested or Have Questions?

Please contact: **Alejandrina Romero**
Child Nutrition Manager
Meadows Union School District

- ✉️ **Email:** aromero@musdk8.net
- 📱 **Cell:** 790-235-3344

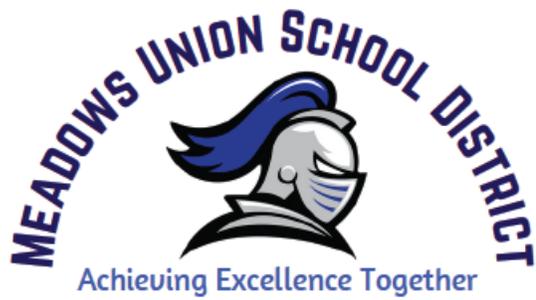
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