



Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST INCLUDES: "All Items Are 100% Whole Grain Rich"
Fruit/Vegetables Available Daily
Choice of 1% Milk or Non-Fat Chocolate Milk Offered Daily

5
NO SCHOOL

6
French Toast
Syrup
Fruit & Milk

7
Benefit Bar
Ch. Stick
Fruit & Milk

1
HOLIDAY

2
NO SCHOOL

12
Pancakes
Syrup
Fruit & Milk

13
Mini Bagel Strawberry
Fruit & Milk

14
Chocolate/Banana
Muffins
Yogurt
Fruit & Milk

8
Assorted Cereal
Fruit & Milk

9
Mini Waffles
Syrup
Fruit & Milk

15
Scramble Eggs with
Bacon
Flour Tortilla
Fruit & Milk

16
Assorted Cereal
Cheese Stick
Fruit & Milk



20
Mini Cinnis
Fruit & Milk

21
Oatmeal
Ch. Stick
Fruit & Milk

22
Sausage On a Stick
Fruit & Milk

23
Assorted Cereal
Cheese Stick
Fruit & Milk

26
French Toast
Syrup
Fruit & Milk

27
Benefit Bar
Ch. Stick
Fruit & Milk

28
Scramble Eggs with
Bacon
Flour Tortilla
Fruit & Milk

29
Mini Waffles
Syrup
Fruit & Milk

30
Chocolate/Banana Muffins
Yogurt
Fruit & Milk

This institution is an equal opportunity provider.

INGREDIENTS AND MENU ITEMS ARE SUBJECT TO CHANGE OR SUBSTITUTION WITHOUT NOTICE.

MEALS ARE FREE TO ALL STUDENTS