

**Benchmark Advance**  
**Grade 1 Phonics Skills and Spelling Words**

Unit	Week	Phonics	Spiral Review	Spelling Words
1	1	Short <b>a</b>	N/A	had, has, pack, ran, see, she, back, cap, sack, pans
	2	Short <b>i</b> ; Plural Nouns	Short <b>a</b>	big, him, hit, kick, kids, lid, little, you, fit, lips
	3	Short <b>o</b> ; Double Final Consonants	Short <b>i</b>	box, doll, hot, jump, lock, mop, one, rock, tops, cots
2	1	Short <b>e</b>	Short <b>o</b>	ten, jet, fed, neck, let, mess, look, are, beg, sell
	2	Short <b>u</b> ; Inflectional Ending -s	Short <b>e</b>	come, cup, duck, dull, here, nut, rug, cub, sun, cuff
	3	I-Blends	Short <b>u</b>	class, clock, flat, glad, plan, put, what, slip, black, plums
3	1	r-Blends: <b>br, cr, dr, fr, gr, pr, tr</b> ; Singular Possessives	I-Blends	brim, crab, trim, went, frog, drip, grass, prop, trip, now
	2	s-Blends: <b>sk, sl, sm, sn, sp, st, sw</b> ; Contractions with 's	r-Blends	skip, step, skin, smell, out, was, spin, sled, spot, slip
	3	Final Consonant Blends: <b>nd, nk, nt, mp, st</b> ; Inflectional Ending -ed	s-Blends	jump, and, pink, hand, nest, went, who, good, trunk, best
4	1	Consonant Digraphs <b>th, sh, ng</b> ; Inflectional Ending -ing	Final Consonant Blends <b>nd, nk, nt, mp, st</b>	bath, bring, our, shop, shut, these, thing, wish, this, rang
	2	Consonant Digraphs <b>ch, tch, wh</b> ; Closed Syllables	Consonant Digraphs <b>th, sh, ng</b>	chop, lunch, catch, check, once, when, whiff, much, match, hurt
	3	Three-Letter Blends <b>scr, spl, spr, squ, str</b> ; Plurals (-es)	Consonant Digraphs <b>ch, tch, wh</b>	split, strap, scrub, squid, stretch, scratch, because, when, sprint, squish
5	1	Long <b>a</b> (final -e)	Three-Letter Blends <b>scr, spl, spr, squ, str</b>	take, made, came, plate, brave, game, right, start, make, skate
	2	Long <b>o</b> (final -e)	Long <b>a</b> (final -e)	home, broke, rode, those, spoke, hole, how, under, close, bone
	3	Soft <b>c, g</b> ; Contractions with <b>not</b>	Long <b>o</b> (final -e)	gem, cent, race, page, dance, strange, face, far, try, stage
6	1	Long <b>i</b> (final -e); Vowel-Consonant-e Syllables	Soft <b>c, g</b>	mine, nice, line, ride, time, white, slice, bike, after, call
	2	Long <b>e</b> (final -e) and Long <b>u</b> (final -e); Inflectional Endings (-ed, -ing, dropping final -e)	Long <b>i</b> (final -e)	these, use, cute, Pete, Steve, huge, long, off, mule, cube
	3	Long <b>a</b> Vowel Teams ( <b>ai, ay</b> ); Inflectional Endings (-ed, -ing, double final consonant)	Long <b>e</b> (final -e) and Long <b>u</b> (final -e)	stay, paint, mail, way, rain, spray, trail, pay, year, live
7	1	Long <b>o</b> Vowel Teams and Single Letters	Long <b>a</b> Vowel Teams	soap, go, flows, show, found, your, cold, hoe, toe, toast
	2	Long <b>e</b> Vowel Teams and Single Letters; Prefixes <b>un-, re-</b>	Long <b>o</b> Vowel Teams	brief, each, field, fleas, people, seat, we, wheels, where, need
	3	Long <b>i</b> Vowel Teams and Single Letters; Open Syllables	Long <b>e</b> Vowel Teams	sky, tie, find, high, why, bright, pies, again, country, child
8	1	r-Controlled Vowel <b>/är/</b> ; Compound Words	Long <b>i</b> Vowel Teams	hard, start, park, farm, sharp, yard, dark, part, boy, four
	2	r-Controlled Vowel <b>/ôr/</b>	r-Controlled Vowel <b>/är/</b>	short, door, born, store, soar, fork, thorn, more, move, change
	3	r-Controlled Vowel <b>/ûr/</b> ; Vowel+r Syllables	r-Controlled Vowel <b>/ôr/</b>	turn, first, bird, clerk, nurse, serve, shirt, hurt, earth, every
9	1	Vowel Pattern <b>/ou/</b> ; Comparative Inflectional Endings <b>-er, -est</b>	r-Controlled Vowel <b>/ûr/</b>	loud, how, down, count, round, frown, sprout, brown, before, done
	2	Vowel Pattern <b>/oi/</b> ; Suffix <b>-ly</b>	Vowel Pattern <b>/ou/</b>	join, toy, coin, boy, spoil, joy, point, moist, walk, buy
	3	Vowel Pattern <b>/öo/, /öô/</b> ; Vowel Team Syllables	Vowel Pattern <b>/oi/</b>	soon, hook, good, bloom, smooth, wood, shook, tooth, does, another
10	1	Silent Letters	Vowel Pattern <b>/öo/, /öô/</b>	gnat, knight, knob, know, sign, wrap, wrist, wrong, better, learn
	2	Vowel Sound <b>/ô/</b> ; Suffixes	Silent Letters	caught, chalk, draw, father, fault, never, small, taught, yawn, launch
	3	Long <b>e</b> Spelled <b>-y, -ey</b> ; Consonant-le Syllables	Vowel Sound <b>/ô/</b>	lucky, valley, windy, hockey, easy, turkey, penny, chimney, blue, eight